

INTER HOUSE ACTIVITY REPORT (Middle and Senior Secondary Classes)

PARTICULARS	DETAILS
NAME OF THE ACTIVITY	HEALTH HARMONY FITNESS FINESSE
OBJECTIVE	To encourage students to think critically and creatively about real-world healthcare challenges by designing innovative, sustainable, and market-ready health solutions that align with Sustainable Development Goal 3 (Good Health and Well-being) . The activity aims to develop entrepreneurial thinking, problem-solving skills, and effective communication through a Shark Tank-style presentation format.
VENUE	BIOLOGY LAB
DATE	11.4.2025
CLASSES INVOLVED	VI - VIII
JUDGED BY	Ms SONA RAWAT

DETAILS OF THE PARTICIPANTS:

HOUSE	NAME OF THE PARTICIPANT/s	CLASS	TEACHER MENTOR/s
SHIVAJI	<ul style="list-style-type: none"> RISHITA GARG ANNAYA TYAGI NAVIKA SINGH 	8 D, 7 A, 6 E	Ms. NEHA GUPTA
RAMAN	<ul style="list-style-type: none"> AMRITANSH MISHRA SASHRIK GOEL DIVYANSH SINGH 	8 B, 7 A, 6 A	Ms VIBHA JAIN
TAGORE	<ul style="list-style-type: none"> AARIKA AGARWAL BHOOMIKA BAGGA HARNOOR KAUR 	8 C, 7 C, 6 A	Ms, INDULA MISHRA
ASHOKA	<ul style="list-style-type: none"> AARADHYA SINGH MANSHVI PATHAK SHRAVYA GUPTA 	8 B, 7 B, 6 A	Mr. UMESH VERMA

SYNOPSIS OF THE ACTIVITY CONDUCTED:

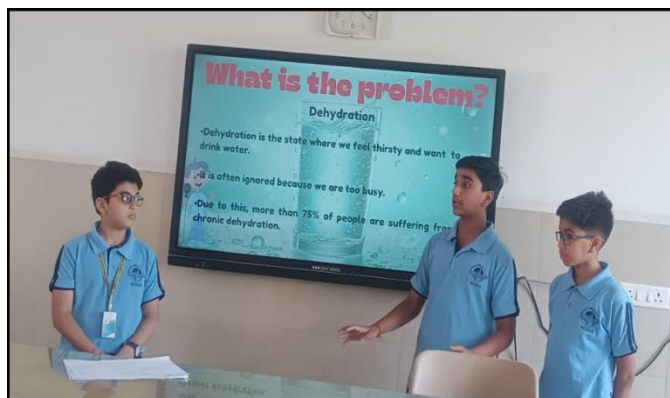
The Health Innovation Activity was conducted in the Biology Lab in the form of a Shark Tank-style oral and PowerPoint presentation. The objective was to promote creative thinking and problem-solving among students by encouraging them to design innovative healthcare products aligned with **Sustainable Development Goal 3 (Good Health and Well-being)**. Teams of three (one student from each class VI to VIII) presented their ideas focusing on real-world health issues, proposing solutions along with development processes, budget plans, and market potential. Presentations were bilingual, limited to 3 minutes, and judged based on creativity, innovation, SDG alignment, presentation skills, and confidence. All participants presented their ideas very enthusiastically. Judge Ms Sona Rawat appreciated the Doctor in Pocket, Calorie intake & Expenditure and Jelly fish Sting as well as team Hydration for their innovative idea and presentation with budget.

RESULT:

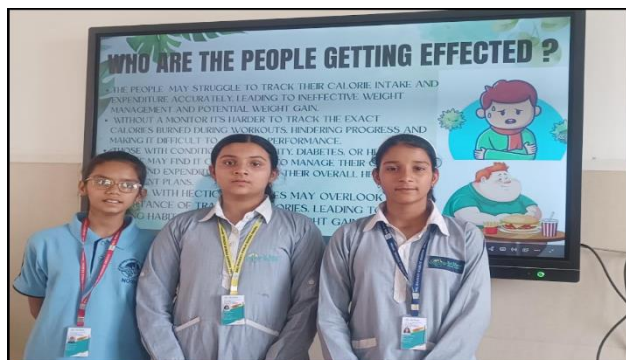
POSITION	NAME OF THE PARTICIPANT/s	HOUSE
1.	1. RISHITA GARG 2. ANNAYA TYAGI 3. NAVIKA SINGH	SHIVAJI
2.	1. AMRITANSH MISHRA 2. SASHRIK GOEL 3. DIVYANSH SINGH	RAMAN
3.	1. AARIKA AGARWAL 2. BHOOMIKA BAGGA 3. HARNOOR KAUR	TAGORE
4.	1. AARADHYA SINGH 2. MANSHVI PATHAK 3. SHRAVYA GUPTA	ASHOKA



ACTIVITY WITH JUDGE IN PROGRESS



TEAM HYDRATION PRESENTING



CALORIE INTAKE & EXPENDITURE



THE POCKET DOCTOR DISCUSSION

Name of the Convenor : Ms. VIDHI OBEROI