



Bal Bharati
PUBLIC SCHOOL
Sector-21, Noida, G.B. Nagar

BAL SABHA ACTIVITY (2024-25)
CLASS ACTIVITY
'INDIGENOUS GAMES'
CLASSES III to V

"Games test not just strength, but the heart and harmony of teamwork."

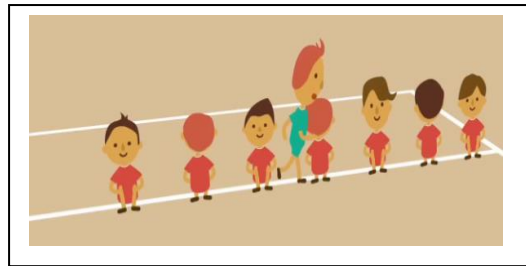
DATE: 13.11.24

DEPARTMENT: PRIMARY

THEME: CHILDREN'S DAY

MEDIUM: English

TIME: Sports Period during 11.11.24 to 15.11.24



Rules and Regulations:

- ✚ Participation of all students is compulsory.
- ✚ Class III to V students will participate in the 'kho-kho' game.
- ✚ The game will have two teams. Each team will consist of **8 players**.
- ✚ Each team will take turns being "chasers" and "runners."
- ✚ The chasers aim to tag the runners before they reach the safe zones.
- ✚ A chaser can only chase the runner in the direction they are facing.
- ✚ Chasers can "give a kho" (tag a teammate) to switch places with a sitting teammate by tapping them on the back.
- ✚ The team that tags the most runners within the time limit will be declared the winner.
- ✚ All players should maintain friendly behaviour, avoid physical contact, and respect each other's space.
- ✚ The activity will encourage teamwork, coordination, and friendly competition, making them apt for Children's Day celebrations.
- ✚ Participation to be marked on the nominal roll by Sports teachers and handed over to the respective D – section teacher.

Convenor:

Mr. Shiv & Ms. Ruchika Khanna

HM (Primary)

Distribution:

- Activity Coordinators
- D- sections Teachers
- Students' notice board