

## REPORT BAL SABHA ACTIVITY (2024-25) INDIGENOUS GAMES

Date of the activity: Sports Periods during 11.11.24 to 15.11.24

Venue: Sports Ground

In-charges: Ms. Ruchika Khanna, Mr. Shiv

As part of the Children's Day celebrations for the academic year 2024-25, an engaging Kho-Kho activity was organized during sports periods for Classes III-V during their regular sports periods.

## **Purpose:**

The Kho-Kho activity was organized with the aim of fostering teamwork, improving coordination, and encouraging friendly competition among students. It also provided an opportunity for students to develop their communication skills, physical fitness, and respect for others' personal space. The event, held as part of the Children's Day celebrations, was designed to promote sportsmanship and collaborative learning in a fun and engaging way.

## Highlights of the activity:

The game required constant verbal and non-verbal communication between team members. Chasers had to coordinate with their teammates to strategize and tag runners, while runners communicated their movements to avoid being tagged. This enhanced the students' ability to work together and communicate effectively in high-energy situations.

The activity focused on building teamwork, as students had to rely on each other's strengths to succeed. By switching roles between chasers and runners, they learned how to adapt quickly and work in sync, which helped strengthen their collaborative skills.





Throughout the activity, students were encouraged to display good sportsmanship. While competition was encouraged, players were reminded to respect each other's space and avoid physical contact, ensuring a safe and positive environment for everyone involved.



The Kho-Kho game was not only a fun and exciting physical activity but also a great way to celebrate Children's Day. Students actively participated, showing enthusiasm and energy while learning important life skills such as patience, strategic thinking, and respect.

The Kho-Kho activity was a resounding success, with all students from Classes III-V actively participating and benefiting from the experience. It helped in developing essential life skills such as communication, teamwork, and sportsmanship, all while having fun. The event also proved to be a meaningful addition to the Children's Day celebrations, bringing students together in a spirit of cooperation and friendly competition.

Report submitted by: Ms. Ruchika Khanna Mr. Shiv Supervision: Mrs. Vinaya Pujari (Headmistress Primary)