

REPORT
BAL SABHA ACTIVITY (2024-25)
SENSORY BOX

Date of the activity: 27/11/24

Venue: Respective Classrooms

In-charges: Class teachers of class I and II

Purpose:

The purpose of this activity was to enhance students' sensory awareness and promote empathy towards differently abled individuals. By engaging in a blindfolded exercise, students learned to rely on their sense of touch to identify different textures and materials. The activity also aimed to encourage creativity in designing and presenting sensory boxes, while fostering a sense of teamwork and inclusivity.

Highlights of the activity:

- **Introduction to Sensory Exploration:** The activity began with an introduction to the challenges faced by differently abled individuals, particularly those with visual impairments. Students learned that people without sight rely on their other senses, especially touch, to understand their surroundings. To simulate this experience, students were blindfolded and asked to identify materials inside boxes based on texture. The materials included soft cotton, rough sandpaper, smooth stones, and bumpy fabric, encouraging students to use their tactile senses. This exercise made students more aware of the importance of touch in daily life, as they relied on their hands to differentiate between objects. It also helped them empathize with those who navigate the world without sight. Through this sensory exploration, students realized the significance of their other senses and how vital they are for understanding and interacting with the world.
- **Building Communication Skills:** Through this hands-on activity, students were encouraged to communicate their experiences and guesses effectively. They discussed the textures they felt, compared their ideas with peers, and shared insights on how different materials felt under their hands. This improved their verbal and non-verbal communication skills.
- **Creativity in Box Presentation:** Each student was tasked with creating a well-presented sensory box, which led to a variety of creative designs. Some students used brightly coloured paper to wrap the box, while others focused on making the hole for the hand insertion both functional and visually appealing. This activity promoted students' creativity in presenting ideas in innovative ways.
- **Promoting Empathy and Understanding:** The activity included a segment where the teacher led a discussion about empathy towards those who are differently abled. Students were encouraged to think about how people with disabilities navigate the world and how important it is to be understanding and compassionate.

Conclusion:

The Blindfolded Guessing Activity proved to be an engaging and educational experience for the students. It not only enhanced their sensory skills but also helped them develop a deeper understanding of the challenges faced by differently abled individuals. The event successfully blended creativity, critical thinking, and empathy, leaving students with a valuable lesson in both practical and social aspects. The activity fostered teamwork, communication, and a spirit of inclusivity, making it a memorable and impactful experience for all participants.



RESULT INTER SECTION SENSORY BOX CLASS I

S.No	Name of the Student	Class and Section	Position
1	Arshpreet Kaur	I – E	First
2	Nitya Sharma	I – E	Second
3	Hanasvi Khemnani	I – C	Third

CLASS II

S.No	Name of the Student	Class and Section	Position
1	Rishika Mehar	II – E	First
2	Aarohi Sangar	II – F	Second
3	Aavya Sharma	II – E	Third

Report submitted by:
Ms. Ankita Batra

Supervision: Mrs. Vinaya Pujari
(Headmistress Primary)