

**CONSULTATIVE MEETING AND CAPACITY BUILDING ON BALVATIKA & JADUI PITARA**  
**A REPORT**

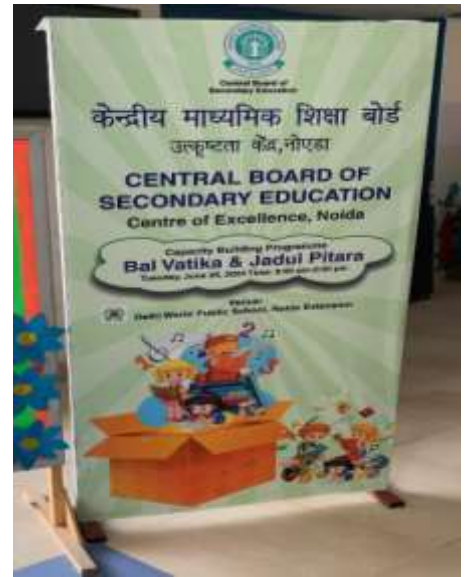
Venue : Delhi World Public School, G B Nagar  
Noida Extension, Plot No HS-57,  
Knowledge Park - V, Greater Noida West,  
Gautam Budh Nagar, 201306

Date : 25th June 2024 (Tuesday)

Time : 09:00 AM to 02:00 PM

Mode : Offline Mode (Face to face)

On 25 June 2024, a Consultative Meeting and Capacity Building on Balvatika & Jadui Pitara was held at Delhi World Public School, G B Nagar with the focus on enhancing early childhood education by integrating play and innovative learning methods. The day began with the Lighting of the auspicious lamp by all the dignitaries present during the meeting. The session saw the presence of distinguished guests including Dr. Rajesh Sethi, Head COE, Noida, and Ms Shikha Singh, City Coordinator, CBSE who were welcomed and felicitated by Principal Mrs Jyoti Arora. Other eminent guests and resource persons, Ms. Indu Yadav, Principal, Lotus Valley International School, Noida and District Training Coordinator, Ms Deepti Sharma, Pragyan Public School, Jewar and Deputy District Training Coordinator, Ms Yashika Bhardwaj, Educational Consultant, CBSE Teacher Trainer, Academic Advisor and Counsellor and Ms. Smita Mishra, Principal, Karl Huber School along with other Principals of Noida and Greater Noida schools were also felicitated by the School Principal, DWPS, Greater Noida.



The session began with lively and mesmerizing performances by the school children and a special enactment by the Foundational Stage teachers and students of Delhi World Public School which emphasized the importance and use of Jadui Pitara at the Foundational Stage, also highlighting the significance of play in early childhood education.

The Principal, Mrs Jyoti Arora, in her welcome address, highlighted the importance of Play in Early Childhood Education and the alignment of Balvatika with the National Curriculum Framework (NCF) 2023. The concept aims to make schools an **adventure park** and children, **think tanks**, where intelligence is nurtured through varied situations encouraging innovation and thinking.

She also discussed about the implementation of Jadui Pitara, emphasizing that play is a natural instinct for children and the biggest source of research.

Mr Rajesh Sethi, Head, COE, Noida took over the session and talked about the **Educational Initiatives** taken up by the Government to strengthen Foundational Stage education at all schools. He stressed upon the three major initiatives introduced by the government:

- Balvatika: Focused on early childhood care and education.
- Vidya Pravesh: Aimed at smooth transitioning of children into formal schooling.
- Jadui Pitara: Contains 52 contents plus a Pen drive, and various educational tools such as musical instruments (damru, dafla, flute), story cards, glove puppets, and more, promoting art, toy, and sports integration.



The abovementioned initiatives are specially designed to bring about substantial change in the learning teaching pedagogies at the Foundational Stage and providing all the teachers with complete resource and materials required to include play based, experiential learning at the Foundational Stage.

An online session conducted by COE, Noida demonstrated the contents of Jadui Pitara which is now available in three forms namely Jadui Pitara, physical box, available in 22 languages, including Hindi Sound Domino, Alphabet Charts, and a Folding Bag; Digital Jadui Pitara, Accessible on the Diksha portal and app, also available in 11 languages and E-Jadui Pitara, an extension of Jadui Pitara in digital format, aiding in remote learning that is easily accessible on android and ios versions having three AI Bots, Katha Sakhi, Teacher Tara and Parent Tara.

The session was further taken over by Ms Yashika Bhardwaj, Educational Consultant, CBSE Teacher Trainer, Academic Advisor and Counsellor who gave immense knowledge and insights into the system of early education.

She highlighted that the Foundational stage classrooms should be more student centric rather than teacher centric, stressing upon the fact that teachers must extract information from their students instead of providing them with facts about any topic/content being taken up. This technique helps students to think and apply the already existing information and helps them

get involved in the classroom discussions better. The importance of making learning and teaching effective by extracting knowledge and engaging students was stressed upon.

She spoke about the Innovative Teaching Tools and Methods that the teachers should use in their classes to make learning more effective and engaging.

The VARK Model was discussed, emphasizing how children learn and remember through different modes: Visual, Auditory, Reading/Writing, and Kinesthetic.

She also demonstrated techniques to introduce numbers and alphabets to children, including gradual quantification and interactive board activities. The curriculum introduces numbers through quantification, using real-life examples such as strawberries, and incrementally increasing the count. Writing alphabets on the board and interactive questioning methods were recommended. She also suggested the teachers to utilize platforms like Menti.com for fun filled and engaging interactive sessions.

She stressed upon the Teacher's Role and Guidelines, acknowledging them as 'Inspirators' for their pivotal role in a child's life. She praised the efforts of teachers and called them as 'Corona Angels' for their crucial role during the pandemic, ensuring that learning continued unabated.

Ms Yashika provided insightful guidelines for teachers to be followed during the PTMs (Parent-Teacher Meetings) that included providing positive feedback first and avoiding negative feedback in the child's presence. Also she emphasized upon the power of PRAISE in a child's life and urged all the teachers to acknowledge the slightest effort made by the child as well.

Ms Yashika elaborated the meaning of the English Classic Rhymes that are completely redundant and meaningless to be taught in today's times. She urged the teachers to innovate and create rhymes, stories and songs which are aligned with the curriculum and relevant with the current times.

Ms. Smita Mishra, Principal, Karl Huber School took over the session further highlighting Panchkoshika Vikas of the children through age and developmentally appropriate activities. She briefed the participants that a total of 68 competencies have been outlined in the NCF FS, promoting holistic development that must be perused by all teachers teaching at the Foundational Stage. She also highlighted the five steps of learning as outlined in NCF, FS – the Panchaadi model to develop the learning plans. She spoke about and elaborated the CBSE Circulars released from time to time on Balvatika and Jadui Pitara, i.e. Circular No 08, 12 and 19.



## **Conclusion**

Overall it was an enriching and insightful session that successfully underscored the importance of play with special emphasis on Balvatika and Jadui Pitara in early childhood education and introduced innovative tools and methods to enhance learning at the Foundational Stage. It highlighted government initiatives, effective teaching strategies, and the critical role of teachers in fostering a positive learning environment. The session concluded with an emphasis on the holistic development of children, aligning with the principles of the National Curriculum Framework 2023.

## **Attended By :**

Ms Sarika Passi, HM (Pre Primary)