

REPORT ON “WORLD NO TOBACCO DAY” AT
BAL BHARATI PUBLIC SCHOOL NOIDA (31st MAY, 2025)

‘SAY NO TO SMOKING AND YES TO LIFE.’

“Tobacco – free is worry – free. Save your lungs, save your life. Healthier future starts with quitting.”

World No Tobacco Day 2025 (May 31) theme: "Unmasking the Appeal: Exposing Industry Tactics on Tobacco and Nicotine Products". Let's expose tobacco industry tactics that lure youth with flavors, attractive designs and glamorous marketing - to make their harmful products appealing, especially to young people. By raising awareness, students can become advocates for a tobacco-free future, educating peers, supporting anti-tobacco initiatives and fostering a community committed to health and well-being.



Activity 1- Workshop by Students of Class X and XI

Date: Friday, 23 May 2025

Venue: Bal Bharati Public school, Noida

Highlight:

To mark World No Tobacco Day, students from Classes X and XI conducted a meaningful and engaging workshop on 23 May, 2025 to spread awareness about the harmful effects of tobacco consumption in all its forms.

The event began with a thought-provoking skit performed by students, highlighting the physical, mental and social consequences of tobacco use. Through powerful dialogues and impactful storytelling, the skit emphasized the importance of making healthy life choices and resisting peer pressure.

This was followed by a flute recital playing the motivational song, हमको मन की शक्ति देना....which provided a soothing interlude and symbolized the need of strengthening one's mind to be away from such evil practices. Only then comes peace and well-being by leading a tobacco-free life.

A PowerPoint presentation was then delivered, offering scientific facts, real-life case studies, and global statistics on tobacco usage and its dangers. The presentation also included preventive strategies and the role of youth in curbing this menace.

The workshop concluded with an interactive question-and-answer session.



Presentation during the workshop conducted by students.



Non teaching staff attending with full sincerity.

Activity 2 - Rap composition on "Say No to Smoking & Yes to Life"

Date: Friday, 23rd May 2025

Time: 12.15 - 1 p.m

Venue: Respective Class IX and X Classrooms

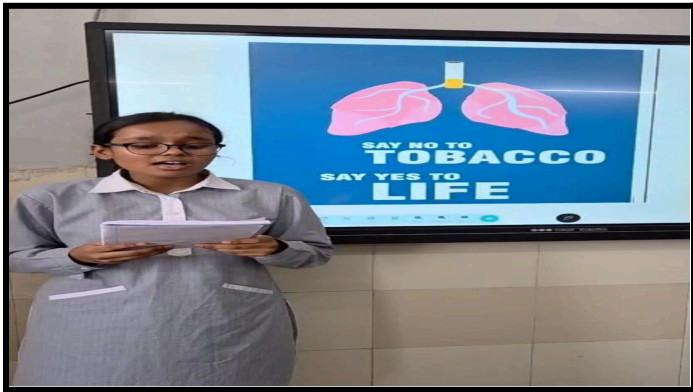
Highlight:

Students of class IX and X enthusiastically composed and performed short raps and jingles to spread awareness about the dangers of smoking and to highlight the benefits of a healthy lifestyle.

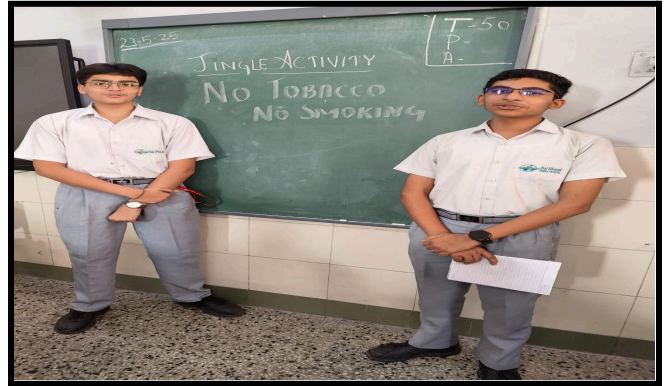
This initiative served as a wonderful platform for students to showcase their creativity, develop persuasive communication skills, inspire their peers through the power of music and rhyme.

Class Teachers actively captured photos and recorded videos of the performances in their respective sections for documentation.

The session was truly impactful and memorable, leaving everyone inspired to say NO to smoking and YES to life



Rendition of a self composed jingle by a class IX student .



Class X Students Presenting Self Composed Rap

Report Submitted by

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