



Bal Bharati
PUBLIC SCHOOL
Sector-21, Noida, G.B. Nagar

BAL SABHA ACTIVITY (2024-25)
(Observing World Health Day)
Healthy Basket
CLASSES: I & II

“Investing in your health today will lead to a brighter and healthier future tomorrow.”

DATE: 10.04.24

DEPARTMENT: Primary

THEME: World Health Day

MATERIAL REQUIRED: one origami sheet each of (red,green,yellow and orange),fevistick and crayons

MEDIUM: English

TIME: Bal Sabha Periods



Rules and Regulations:

- ✚ Participation of all the students is compulsory.
- ✚ Teacher will give a cutout each of a banana, a cucumber, an apple and an orange.
- ✚ Students will paste small cutouts of colourful origami sheets on the above mentioned cutouts.
- ✚ Teacher will also draw an outline of a basket and a water bottle in the sketch file- the students will place the cutouts aesthetically and paste the same. The students will also draw water in the form of sleeping lines in the given outline of the water bottle.
- ✚ While the activity is being conducted, teachers can discuss the importance of a balanced diet and the nutritional value of various ingredients
- ✚ The activity will help to inculcate healthy eating habits and awareness regarding the choice of food among the students, will enhance motor skills and colour recognition.
- ✚ Participation to be marked on the nominal roll and handed over to the respective D – section teacher.
- ✚ Best three pictures from each class to be shared with the convenors.

Convenor:

Ms. Meena Aggarwal

HM (Primary)

Distribution:

- Activity Coordinators
- D- sections Teachers
- Students' notice board