

REPORT ON AWAKENED AMBASSADORS FOR COMMUNITY TRANSFORMATION SESSION

CONDUCTED BY- Ramakrishna Mission, New Delhi

SPEAKERS- Ms. Piya Chakravorty, Mr. Sharath Pujary, Mr. Amit

PLATFORM- Google Meet

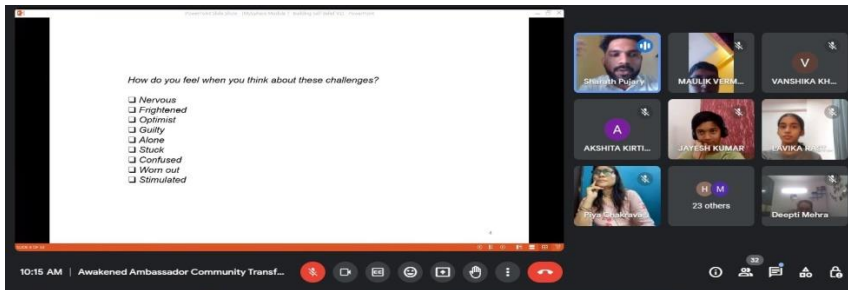
TOPIC- Self-Believe

DATE- 23rd September, 2023

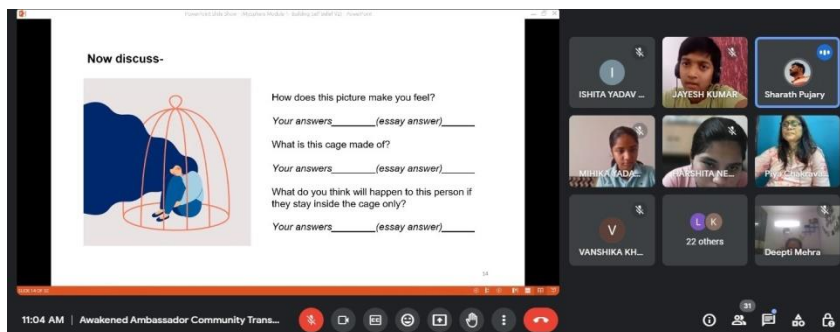
The first session of the program was conducted with the purpose to have an interaction and to find the true potential of oneself. The session was attended by Ms. Deepti Mehra and Ms. Deepti Tiwari along with 30 students from classes VIII-X.

LEARNING OBJECTIVES

The session began with an introduction of the AACT team. Ms. Piya Chakravorty welcomed the students and talked about ‘**Atmashraddha**’. The session started with a recapitulation of the ‘**six universal possibilities.**’

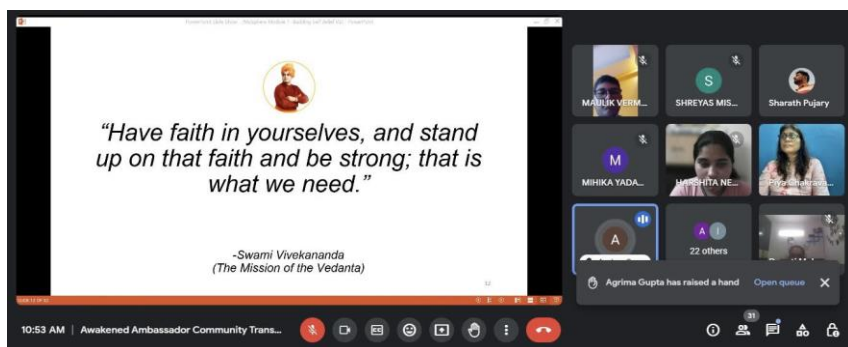


The first module was discussed which was all about ‘**Building Self-Belief**’. The students were proactive in the discussion and shared the challenges they faced in the school, coaching and playground. The students tried to infer the meaning of self-belief.



While running through the module the students were imparted with an important lesson that-‘life is not always smooth. If we can control our emotions we will be able to overcome a lot of problems in

life.' **Self-belief is important as it leads an individual to the path of self-awareness.** The session further highlighted on the real meaning of skill, this is something within our self and not something we have acquired from outside.



The session wrapped up on a positive note and the AACT team desired the students to maintain a weekly planner about their activities. The team informed the students that the second session will be conducted post Diwali break.



Submitted By:

Ms. Deepti Tiwari (TGT English)
Ms. Deepti Mehra (TGT Social Science)