

BAL SABHA ACTIVITY (2023-24)

INTER HOUSE ACTIVITY

"INDIGENOUS GAMES"

CLASSES: IV-V

"The five S's of sports training are: stamina, speed, strength, skill, and spirit; but the greatest of these is spirit." – Ken Doherty

DATE: 28/11/23-4/12/23 (TRIALS)
5/12/23-8/12/23 (PRELIMINARY ROUND)
11/12/23 (FINAL ROUND)

DEPARTMENT: Primary

THEME: Sports

Class IV- *Langdi Tang*

Class V- *Pithu Garam*

TIME: Sports period



Rules and Regulations:

- ✚ Participation of all students is compulsory.
- ✚ The activity is scheduled to take place during the sports period.
- ✚ **Class IV** will learn to play game of Langi tang. No material required.
- ✚ From each section 2 boys and 2 girls from their respective houses will be selected. In total 16 students from each section.
- ✚ Teams from different houses will compete against each other. The aim is to eliminate players from the opposing team. The team eliminating the most players wins the game.
- ✚ Time Limit- 5 Minutes
- ✚ **Class V** will learn to play game of marbles.
- ✚ **Material required:** 7 flat stones.
- ✚ Students are expected to attentively listen to the rules as they are explained and diligently follow them to actively participate in the sports activity.
- ✚ From each section 2 boys and 2 girls from their respective houses will be selected. In total 16 students from each section.
- ✚ Teams from different houses will compete against each other. The team that will be able to put the most number of stones will win.
- ✚ Time Limit- 5-7 Minutes
- ✚ Class teacher will hand over a nominal to the sports teacher to maintain record of the participation of the student's house-wise.

- ✚ The final round will take place on 11/12/23.
- ✚ Judges decision will be final and binding.
- ✚ All the records are to be maintained on the nominal roll and handed over to the respective D –section teacher.

Convenor:

Ms. Ankita B

Ms Rani N

Mr. Vardhan

HM (Primary)

Distribution:

- Activity Coordinators
- D- sections Teachers
- Students' notice board