



PRE PRIMARY DEPARTMENT

BAL SABHA ACTIVITY (SESSION: 2023-24)

"TINGLING TASTE BUDS"
GROUP ACTIVITY



DATE: 05.07.2023 **CLASS**: PS & PP

VENUE: Respective Classrooms

LEARNING OBJECTIVES: The child will be able to:

- recognize different tastes like sweet, sour, salty and bitter.
- develop new vocabulary words and culinary skills.
- enhance the understanding of different textures, smells.
- work in groups

RULES AND REGULATIONS: -

- 1. It will be a group activity.
- 2. The facilitators will divide the learners into groups & will ask the parents to send the following items group wisesweet corn (boiled), bell peppers (different colours, chopped), lemons, honey, salt, coriander leaves, curry leaves, cucumber (chopped), bell pepper.
- 3. The facilitators will talk about the four different tastes like salty, sour, sweet, bitter.
- 4. The facilitators will also talk about the recipe of making the healthy snack "corn chat".
- 5. The facilitators will then divide the class into groups of learners carrying salty, sour, bitter & sweet products.
- 6. The facilitators will ask the learners to mix the food items in a big bowl (which the facilitators will arrange with a mixing spoon).
- 7. Lastly, the learners will share taste their hard-work in the form of relishing the "corn chat" along with their friends.

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Bal Sabha Coordinators - Ms. Kuldeep S & Ms. Manju M.

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