

## BAL SABHA ACTIVITY (2023-24) INTRA CLASS ACTIVITY The Relay Race CLASSES: IV & V

"The five S's of sports training are: stamina, speed, strength, skill, and spirit; but the greatest of these is spirit." - Ken Doherty

DATE: 21.08.2023 – 29.08.2023 DEPARTMENT: Primary

**THEME: Observing Sports Week** 

**MEDIUM:** English/Hindi **TIME:** Bal Sabha Periods



## **Rules and Regulations:**

- **♣** Participation of all students is compulsory.
- ♣ The sports activity is scheduled during the games period.
- → The students will be divided into teams wherein each team will comprise of 4 participants (separate teams for boys and girls).
- ♣ There will be one winning team each for boys and girls.
- ♣ Students must listen to and abide by the rules of the game when explained, to have an active and fair participation in the activity.
- Class teachers to provide the nominal roll to the sports teacher to mark the record of students' participation in the activity.
- ♣ Name of students of the winning teams (boys and girls) from each section to be recorded and mentioned in the nominal roll for portfolio record.
- ♣ The nominals to be handed over to the respective D-section teacher.

**Convenor:** 

Ms. Vinaya Pujari **HM (Primary)** 

Mr. Vardhan, Ms. Garima Priya, Ms. Rani N.

## **Distribution:**

- Activity Coordinators
- D- sections Teachers
- Students' notice board