

BAL SABHA ACTIVITY (2023-24)

CLASS ACTIVITY

“HUM FIT TO INDIA FIT”

CLASSES: I-III

“The five S’s of sports training are: stamina, speed, strength, skill, and spirit; but the greatest of these is spirit.” – Ken Doherty

DATE: 21/08/2023-25/03/2023

DEPARTMENT: Primary

THEME: Sports Week

Class I and II- *Langdi Tang*

Class III- *Game of marbles*

TIME: Sports period



Rules and Regulations:

- ✚ Participation of all students is compulsory.
- ✚ The activity is scheduled to take place during the sports period.
- ✚ Class 1 and 2 will learn to play game of Langi tang. No material required.
- ✚ Class 3 will learn to play game of marbles.
Material required: 4-5 marbles.
- ✚ Students are expected to attentively listen to the rules as they are explained and diligently follow them to actively participate in the sports activity.
- ✚ Class teacher will hand over a nominal to the sports teacher to maintain record of the participation of the students.
- ✚ All the records are to be maintained on the nominal roll and handed over to the respective D – section teacher.

Convenor:

Ms. Dhanya P

Ms Rani N

HM (Primary)

Distribution:

- Activity Coordinators
- D- sections Teachers
- Students’ notice board