

<u>REPORT</u> <u>BAL SABHA ACTIVITY (2023-24)</u> MASTERCHEFS OF BAL BHARATI

Date: 05.04.23 Class: III Theme: COOKING WITHOUT FIRE – HEALTHY JUICY SALADS

"Cooking is a lot more than just food, it's bonding time!"

Healthy food, in these unprecedented times is the need of the hour. A nutritious, healthy and scrumptious meal is what makes everyone gleeful. Keeping that in mind, "cooking without fire and using only cut veggies and fruits" activity was organized for the students of class III on 5th April, 2023.

With fresh veggies, fruits, red tomatoes and green olives, cucumbers, grapes and kiwi etc students came up with different ideas of making yummy – healthy and delicious salad.





The students participated in the activity with great zeal and enthusiasm. They got an opportunity not only to enhance their artistic skills but to exhibit their talent and ingenuity in an unchartered territory (cooking).

They presented their Salad very aesthetically and creatively. The young master chefs definitely explored the world in terms of various cuisines.



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(Headmistress Primary)