



Bal Bharati
PUBLIC SCHOOL
Sector-21, Noida, G.B. Nagar

CLASS - III (2023-24)
SUMMER HOLIDAY
HOMEWORK

TOPIC- SPORTS



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THEME- SPORTS

Dear Parents!
Warm Greetings!

Summer holidays are the time of the year when you get an opportunity to spend the maximum time with your child. Summer vacation is a welcome break; break from fixed schedules of the school. Freedom brings more responsibility, so keeping this in mind; we have planned most of the activities to keep the children engaged and also help them in channelizing their energies. Kindly help and guide your child in completing his/her work and also exploring his/her creative self.

Each student is expected to undertake all the activities assigned in the holiday homework.

PLEASE NOTE: Periodic Assessment will include grading from the Holiday Homework for scholastic and co scholastic activities. Children are requested to complete the activities and submit to their class teacher by the given dates:



Date of Submission

Sr No.	Subject	Date
1.	English	04.07.23
2.	Hindi	06.07.23
3.	Environmental Studies	10.07.23
4.	Mathematics	12.07.23
5.	ICT	14.07.23

All the activities and the use of internet for doing the activities to be done strictly under the supervision of parents.

Note- Subject wise worksheets will be uploaded on Teams. Students will do worksheets in their respective notebooks and submit according to the date of submission.



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ENGLISH

WALK IN THEIR SHOES

1- Inspired by your favourite sportsperson, imagine yourself to be a cricketer, tennis player, hockey player (Any player of your favourite sports), and record yourself speaking a short speech to motivate the fellow students of our country to think and dream big and make an effort to fulfill their dreams.

Be ready to share your success mantra with them. Upload the video on MS Teams under the head **English Holiday Homework!!**
Costume and props can be used accordingly.





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ENGLISH

Your diet is a bank account. Good food choices are good investments.” –
Bethenny Frankel



2- As in the chapter “**The Whispering Palms**” Mori and her family realized the value of Mother Earth & her gifts, they embraced the attitude of **GRATITUDE**. Following their footsteps students will create a Thank You Card for food grains, vegetables and fruits (all healthy food items) with a brief note of gratitude focusing on how these food items have made them healthy and strong. Size of the card should be 5 x 7 inches. Paste your card in your Notebook. Avoid using big decorative sequences. You may use different colours or colourful sheets to beautify your card.



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HINDI

1-नीचे दिए गए उदाहरणस्वरूप अवधारणा चित्र के आधार पर आप भी अपने किसी मनपसंद खिलाड़ी का चित्र चिपकाकर उसके विषय में जानकारी एकत्रित कर के अपनी उत्तरपुस्तिका में लिखें।

नाम
(सचिन तेंदुलकर)

खेल का नाम
(क्रिकेट)

मैचों की संख्या
टेस्ट -200



उपलब्धियाँ

(भारत रत्न, महाराष्ट्र भूषण)

विशेषताएँ

(बल्लेबाजी)

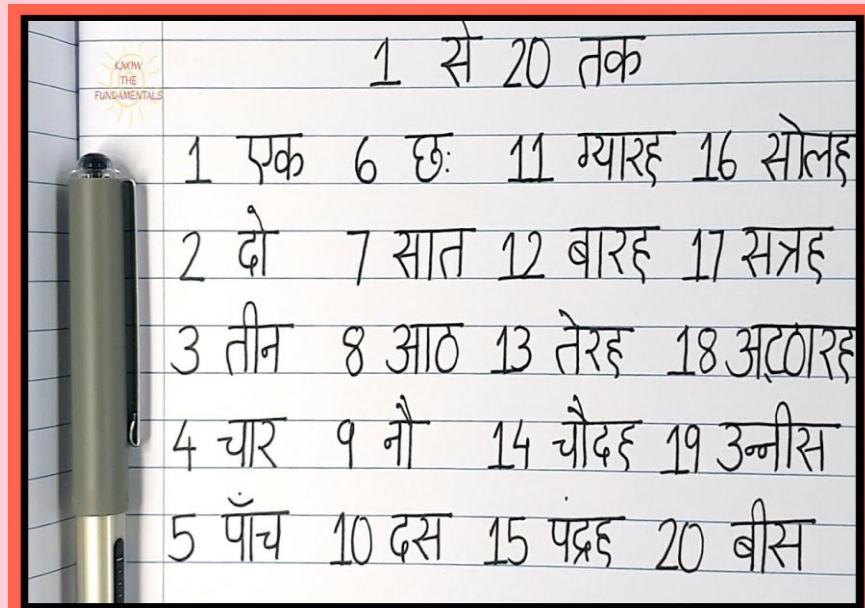




HINDI

2- अंकों व शब्दों में 1 से 20 तक गिनती अपनी हिंदी पुस्तिका में लिखिए-

3-किन्हीं 10 खेलों के नामों को वर्णमाला के क्रमानुसार अपनी हिंदी पुस्तिका में लिखिए-



ENVIRONMENTAL STUDIES

Sports and Health go hand in hand, so in this Summer Vacation, let's free ourselves from TV and Mobiles, reduce our screen time and get indulged in some outdoor exercises. For that design your own fitness plan for activities like Brisk Walking, Running, Yoga etc. Record a *week's data* in your EVS Notebook in the given format.

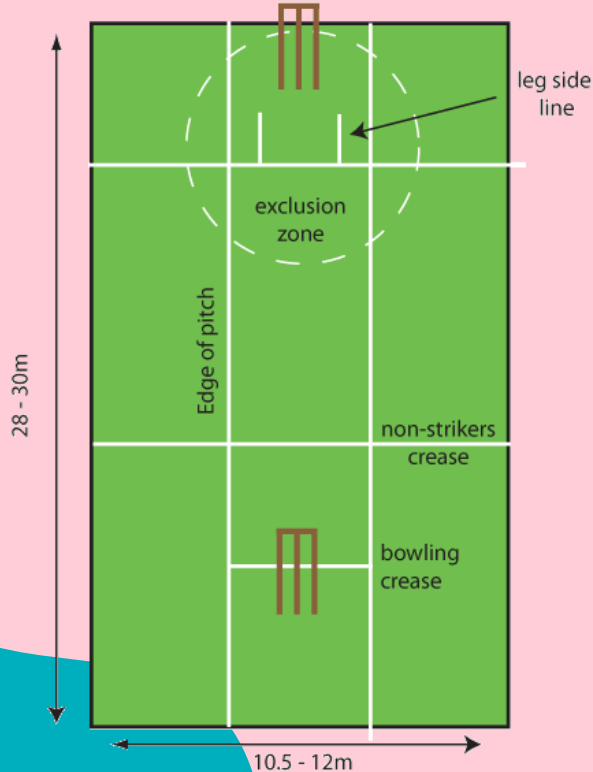
Days	Activity-1 (Brisk Walking) Mention duration	Activity-2 (Jumping Jacks) Mention repetitions	Activity-3 (Your own choice) Mention repetitions	Rest Day (Yes/No)	Water Intake Mention glasses	Healthy Eating (Fruits/ Juices/ Sprouts)
Day-1						
Day-2						
Day-3						
Day-4						
Day-5						
Day-6						
Day-7						





MATHEMATICS

KNOW YOUR SPORTS' GROUNDS



A **pitch** or a **sports ground** is an outdoor playing area for various sports. A sports ground is considered as the soul of the game and one cannot imagine a game without a ground. So, here we have some task related to various sports grounds.

Part A) Using 2d shapes, prepare a playground on a chart following the dimensions of 30 cm X 25cm according to your roll numbers as mentioned below:

Roll no. (1 – 10) – Cricket Pitch/Ground

Roll no. (11 – 20) – Volleyball Ground

Roll no. (21 – 30) – Football Ground

Roll no. (31 – 40) – Badminton court/Ground

Roll no. (41 – 50) – Hockey Ground

Note- Use colourful florescent sheets to give it a beautiful look..

MATHEMATICS

Part B) As we have visualized our sports ground and framed a miniature of it, now it's time to do more research on it. Collect the data of same sports field and Complete the following table in your Maths notebook



Sports (Name of your allotted sports)	Number of players in a team	Shape of the field	Length of the field	Width of the field

SIDELINE
TASK TO BE
DONE!!!

Write tables of
6, 7, 8 and 9 in
Maths notebook
and learn them.



TOPIC: SPORTS' FIGURES

MAKING PICTURES IN PAINT 3D

1. Create any five stick figures of sports using 2D lines and shapes.
2. Colour the figures with different colours using Brush tools.
3. Write the topic at the top of the page using 3D Text tool.
4. You may use different stickers and background colour to decorate the page.
5. Convert it into 3D image and save the file.
6. Upload your work on MS Teams under the head **ICT Holiday Homework**.





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HAPPY HOLIDAYS!!

