



DO'S AND DON'TS FOR STUDENTS PROCEEDING TO BAL BHARATI PUBLIC SCHOOL, SOLAN HP

Dear Parents,

Date: 29 Aug, 2022

Your ward will be travelling to the BAL BHARATI PUBLIC SCHOOL, SOLAN for an Experiential Learning Camp. Kindly note the following instructions enroute and to be followed by your child at Solan Unit:-

Timings

Departure

Reporting to School : 4:45 a.m.
Departure from School : 5:30 a.m.

Return

Arrival at School: 06.30 p.m. (approx.)

1. Parents should drop and pick up their wards at the specified time.
2. Students should know that they are going for adventure activities, where they have to perform and participate.
3. Proper discipline should be maintained throughout the trip.
4. No littering around in the bus and at Bal Bharati Public School, Solan is permitted.
5. No Valuables & Electronic Gadgets such as mobile phones, cameras, i-Pods, i-Pads etc. are allowed to be carried by your child.
6. Students will be given brunch enroute and should carry light snacks to be eaten enroute thereafter.
7. No plastic pouches/bottles/containers are permitted through an Act of the Himachal Govt. Therefore, No student should be in possession of any type of plastic items.
8. **Children should not throw wrappers or any other waste outside the bus en-route or in the campus. Please educate your child on the above environmental compliance.**
9. Students should travel light since they have to carry their own baggage to their respective rooms. The distance is a hilly track of about 200 meters.
10. All cases of disobedience of instructions / indiscipline shall be reported to the Principal of respective schools by the Administrator, BBPS, Solan.

BBPS, Solan, Contact Numbers

(For Parents to call their wards strictly between 6:00 p.m. to 8:00 p.m. only)

- For Odd batch numbers : 09459327539
- For Even batch numbers : 09459327538

DO'S		DON'T'S	
1	Do follow rules & regulations of BBPS, Solan & perform all activities with care and involvement.	1	Don't move about alone.
2	Always stay in the common area.	2	Don't go out of the Activity Centre.
3	Maintain time schedules.	3	Don't go anywhere unaccompanied by the teacher & trainers, while at BBPS, Solan.
4	Eat proper meals.	4	Don't carry mobiles or any other electronic gadgets.
5	Sleep on time. Remember 9:30 PM is time for lights out.	5	Don't ever waste electricity, water or food more so, while at BBPS, Solan.
6	Report to the teachers/trainers if you are not feeling well.	6	Don't play with any kind of ball inside the living accommodation at BBPS, Solan.
7	Maintain dress code. Wear full trousers / track suits and T-Shirts with half / full sleeves.	7	Don't carry junk food.
8	Any special need in terms of food, medicine etc. is to be informed to the teacher-in-charge before the start of the trip.	8	Don't move out of the living accommodation at BBPS, Solan unless accompanied by teachers or trainers

Asha Prabhakar
(Principal)



Bal Bharati
PUBLIC SCHOOL
Sector-21, Noida, G.B. Nagar

LIST FOR BAG PACKING FOR STUDENTS

1. Loose comfortable clothing (T-shirts and loose trousers / track pants) -3 Pairs
(Note: No Sleeveless / Tight fitting dresses / Tops / T-Shirts are to be worn)
2. Water bottle-1
3. Bed sheets-2
4. Pillow cover-1
5. Toilet kit-1 (Bathroom slippers, Towel, Brush, Toothpaste, Bathing soap, Shampoo, a few paper napkins/wet wipes, sanitizer etc.)
6. Torch with cells- 1
7. Sun hat-1
8. Pullover only during winter months (October-March, 2023)
9. Woollen sweaters/ Windcheater - 1
10. Personal medication, if any. (The knowledge of dosage of this medication should be informed to the teacher-in-charge travelling with the child.)
11. Deign, Avomin etc. to combat nausea
12. Disposable paper bags (like the ones available in aircrafts) to be used in case of motion sickness.
13. Umbrella-1
14. Notepad and Pen
15. Breakfast for departure day. (Preferably in disposable pouch)
16. Wearing of Masks is compulsory. Minimum 08 disposable masks (@2 per day) and a small bottle of sanitiser are to be carried by the child.

Note: Sports Shoes are to be worn by all for the trip.

For Primary students.

- A. They should carry strips of paper soaps, two hand towels (1 for onward and 1 for return journey)
- B. They should know how to tie laces of sports shoes
- C. They should carry bottles with straps and not disposable ones.
- D. They should pack their clothes day-wise and preferably label them.


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