



HEALTH AND WELLNESS CLUB SWACHHTA PAKHWADA Sept, 2022)



Cleanliness is as important as ABC- "Always Be Clean".

With an aim of spreading awareness about Swachhta Mission, Under the aegis of CBSE and Health and Wellness Club of the School, Swachhta Pakhwada would be observed from 1st to 15th September, 2022.

All teachers may complete the online training module provided on DIKSHA in - English (https://diksha.gov.in/explore-course/course/do_313318876367847424117) and Hindi (https://diksha.gov.in/explore-course/course/do_31331883034029260815072) on WASH related precautions for School Reopening.

Further, in order to give impetus to the Swachhta drive and create mass awareness following activities will be undertaken:

S.NO	DAY/DATE	CLASS	ACTIVITY	ACTION	REMARKS
1	Swachhata Shapath Day 12.9.2022 (Monday)	I- XII 08.00 a.m	Swachhata Shapath (Pledge to be taken)	Respective Class Reps & Class Teachers	The link of the Google Drive for uploading : https://drive.google.com/drive/folders/1okjAxw5Dhw12-KVN9J7wxu3XtzODjGG-?usp=sharing
2.	Swachhata Awareness Day 9.9.2022 (Friday)	PS – V	Use of Mask & Social Distancing among children, parents and teachers and to encourage and inspire them for hygiene and sanitation in school as well as home. Weeding out old records and broken Furniture, unusable equipment.	Ms. Palak Goel Mr. A. Dixit	https://drive.google.com/drive/folders/1okjAxw5Dhw12-KVN9J7wxu3XtzODjGG-?usp=sharing
3.	Community Outreach day 17.9.2022 & 18.9.2022 (Saturday- Sunday)	PS – XII	<ul style="list-style-type: none"> Extensive Cleaning of Toilets, Class rooms, Fans, Stair cases, corridors, labs, lawns in the campus and surrounding areas. Propagate the theme of Swachhata Pakhwada, Covid appropriate behaviour and vaccination. 	Mr A. Dixit Ms V.Oberoi	Captioned Pictures and video of the task along with a brief report is to be sent on completion of task by 18/9/22 Upload captioned pic on link provided. https://drive.google.com/drive/folders/1okjAxw5Dhw12-KVN9J7wxu3XtzODjGG-?usp=sharing
4.	Green School Drive 16.9.2022 (Friday)	V – XII	<ul style="list-style-type: none"> Posters and pamphlets on themes such as fighting Corona through Covid Appropriate Behaviour and vaccination, water conservation, eliminating single use plastic 	Mr. Faiz	Captioned Pictures and video of the task along with a brief report is to be sent on completion of task by 18/9/22 https://drive.google.com/drive/folders/1okjAxw5Dhw12-KVN9J7wxu3XtzODjGG-?usp=sharing

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5.	Swachhata Participation Day 15.09.2022- (Thursday)	III- V PS - PP	<ul style="list-style-type: none"> Letter/ Essay writing competition - "COVID-19 responsive school" theme Say No To Plastic-Campaign 	Respective Language teachers Ms. Sheuli G	Captioned Pictures and video of the task along with a brief report is to be uploaded on completion of task by 18.9.22 https://drive.google.com/drive/folders/1okjAxw5Dhw12-KVN9J7wxu3XtzODjGG-?usp=sharing
6.	Hand Wash Day 13.09.2022 (Tuesday)	PS – V	<ul style="list-style-type: none"> Hand Wash Day. Proper Hand Washing Technique. Hands on activity 	Respective Class Reps and class teachers	Showcasing of video in classes https://www.youtube.com/watch?v=3PmVJQUCm4E Upload captioned pics on link provided by 18.09.22.
7.	Personal Hygiene Days 14.9.2022- (Wednesday)	PS – V	Learn proper way of cutting and keeping nails clean, daily bathing with clean water, wearing clean cloths, no spitting in open, wearing shoes/ slippers etc. (also - wearing mask correctly, no hand shaking, respiratory hygiene, not sharing personal items with others, avoiding crowd in COVID-19 times).	Ms Vidhi Ob Ms. J. John Ms. Mukul & Ms. Smriti	Captioned Pictures and video of the task along with a brief report is to be sent on completion of task by 18.9.22 on given link. Showcasing of video in classes – https://www.youtube.com/watch?v=jQ2e0KH5WrI https://www.youtube.com/watch?v=X00xrsGAP2w
8.	Swachhta Slogan Writing Competition 09.09.2022 (Friday)	XII	Digital Presentation Of slogan 5	Ms. Rumpa B	Captioned Pictures and video of the task along with a brief report is to be sent on completion of task https://drive.google.com/drive/folders/1okjAxw5Dhw12-KVN9J7wxu3XtzODjGG-?usp=sharing
9.	Swachhta Action Plan Days 13.09.2022 (Tuesday)	XII	<ul style="list-style-type: none"> Students to make suggestions as to what new activities can be included under Swachhata Pakhwada and forward such suggestions to DoSEL. MoE 	Ms. Mandeep	Captioned Pictures and video of the task along with a brief report is to be sent on completion of task. https://drive.google.com/drive/folders/1okjAxw5Dhw12-KVN9J7wxu3XtzODjGG-?usp=sharing

All concerned are requested to upload 2 captioned photographs and a small video of the activity (60 seconds) taken along with a small report (100 words) before 1:00 p.m for uploading on CBSE portal every day.

Let's ensure maximum and enthusiastic participation to make mission of Swachh Bharat, Green Bharat, Swasth Bharat successful.

Asha Prabhakar
(Principal)

स्वच्छ भारत

एक कदम स्वच्छता की ओर

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