



**Bal Bharati**  
**PUBLIC SCHOOL**  
Sector-21, Noida, G.B. Nagar

Circular No.49/2022-23

Date : 04 Aug, 2022

Dear Mother,

We at Bal Bharati Public School, Noida provide students with knowledge, skills, capacities, values and the enthusiasm to mould a healthy lifestyle into adulthood. It has been our constant endeavour to help young girls cope with the change they go through at puberty in a confident manner, accepting the right hygiene practices.

Under the aegis of 'Health & Wellness Club' of the school, an Adolescent Education Programme 'Health & Hygiene' co-sponsored by Procter & Gamble, is being organized for the girls and mothers of Classes V to VII on 06 August, 2022.

Venue : School Auditorium

Timings : Class V - 10.00 a.m to 11.00 a.m  
Classes VI & VII - 11.30 a.m to 12.30 p.m

The programme will have two sessions for mothers and daughters and will essentially deal with all aspects of hygiene, health and emotional problems related to growing up of girls.

**"OUR TRUE WEALTH IS NOT PIECES OF GOLD AND SILVER  
BUT A HEALTHY MIND IN EQUALLY HEALTHY BODY".**

We look forward to your support in conducting the programme.

Asha Prabhakar  
(Principal)

स्वच्छ भारत

एक कदम स्वच्छता की ओर

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