

## BAL SABHA ACTIVITY (2021-22)

TOPIC: SPORTS WEEK

DATE: 22.08.2022 & 29.08.2022

CLASS: IV-V

THEME: INDIGENIOUS GAMES

TIME: YOGA / PLAYPEN PERIOD

## **RULES**

Traditional sports are a part of our culture and identity. By keeping them alive, it encourages teamwork and social interaction among learners. It helps our students to learn basic life skills.

- Participation of all students is mandatory.
- Students will be shown various videos related to traditional games of India like tug of
  war, langdi tang, frog race, kho-kho, kabaddi, lemon race, skipping, sack race, hopscotch,
  Gilli danda, etc.
- Students will play some of these games in their Physical Education Period.
- All records to be maintained on the nominal roll and handed over to the respective D-section teacher. The D-section teacher will further upload the best 3 pictures in the drive folder shared via mail.







Convenor: Ms. Rani, Ms. Humera

Ms. Vinaya Pujari

HM(Primary)

## **Distribution:**

Activity Coordinators:
D-Section Teachers:
Students' Notice Board: