



REPORT ON AWAKENED AMBASSADORS PROGRAMME

CONDUCTED BY SPEAKERS

RAMAKRISHNA MISSION, NEW DELHI
Ms. ANU, Ms. MANJIRA, Ms. NANDINI,
Mr. KARTHIK, Mr. ARJUN, Ms. PIYA,
Ms. NABANITA

PLATFORM TOPIC

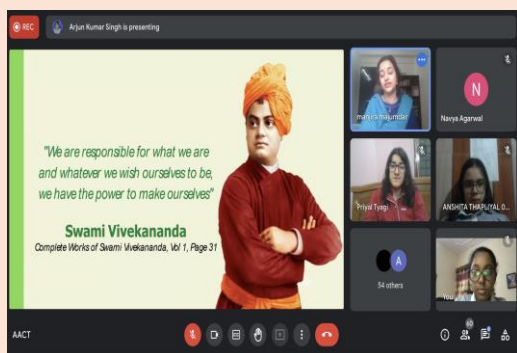
GOOGLE MEET
SELF-BELIEF

DATE

12-01-2022

ATTENDED BY

Aditi Sinha (X A), Apeksha Jalota (X A), Anshita Thapliyal (X B), Saanvi Bindal (X B), Navreh Kaul (X D), Anagha Chakraborty (XI D), Ritika Hermosa Kalia (XI D) and Simran Singh (XI D).



This was the first session of the program and the purpose of this session was to have an interaction and to find the true potential of oneself.

LEARNING OBJECTIVES

The session began with an introduction of the AACT team. The Secretary of Ramakrishna Mission SWAMI SHANTATMANANDA introduced himself and welcomed the august gathering. He shared the ideologies and teachings of Swami Vivekananda. The webinar started with a small recap of the 6 universal possibilities that we had learnt during our times of ACP classes:-

- Being Heroic
- Expanding on self
- Seeking Truth
- Seeking Perfection
- Developing Shraddha
- Living in Harmony

Later, we inferred the meaning of self-belief in a short presentation given by Mrs. Manjira Majumdar. We learned about the 3D Action Model-Discover, Dive and Do. Then we were further elucidated through a game where we all were divided into 5 groups, named as 'Breakouts'.



The 'Breakout':-



A story was presented to us. In that story four peers were shown who had decided what they would choose as their profession but the pandemic and ongoing social and financial stigmas and expectations have made them lose their hope for pursuing their passion. A ray of hope in the form of another friend helps them realise that if they will work hard and be positive they can achieve anything.

Conclusion:-

Whatever the situation is, one must understand that how we face the situation is similar to what we do in the glass half-full situation and what you reap what you sow. so self-belief is important as it leads an individual to its self-awareness and a better decision making. We need to fight the odds by remaining positive and working hard.

Submitted By:

- Anagha Chakraborty (XI D)
- Simran Singh (XI D)
- Aditi Sinha (X A)

