



8TH INTERNATIONAL DAY OF YOGA 2022



- Reference to ION/09/2022-23 dated 21 May 2022, all Staff members are requested to join the Common Yog Protocol in School grounds on 31st May, 22, which will focus on practising Yog for physical and mental wellbeing.”

Reporting time for All Staff Members on Tuesday 31.05.2022 will be 6.45 a.m

Assembly in School Grounds : 7.00 a.m
 Dress Code Male Staff : White Kurta Pyjama
 Female Staff : White Salwar Suit

The details of the duties to be performed are mentioned below:

S.NO	TASK	INCHARGE
01	Sprucing up of School Grounds	A.O
02.	Placement of Raised Platform, Sound System, Mikes	A.O & P.Pallavi
03.	Placement of Yoga Mats	D. Bist, Ramesh. C, Ashutosh
04.	Marking Places for Performers to create YOG DIWAS Formation	D. Bist
05.	Common Yoga Protocol Demonstration	Rani Negi
06.	Drum Beat	D. Bist
07.	Soft Forest Music & Running Commentary describing Steps, Benefits and Contradictions of Yog Asana being Performed.	P.Pallavi
08.	Banner and Poster	Faiz Husain
09.	Photography and Videography along with Editing, Captioning of images	Niladri D, Yuvraj P Kamna Joshi
10.	Report Writing Press Release	Manisha Arora, Rajni G Rumpa B

स्वयं को बदलो तो यह जग बदलेगा योग से सुखमय हर दिन निकलेगा
 योग है स्वास्थ्य के लिए लाभकारी योग रोगमुक्त जीवन के लिए गुणकारी

Asha Prabhakar

Asha Prabhakar
(Principal)

स्वच्छ भारत

एक कदम स्वच्छता की ओर

Distribution
VPL, HMs, A.O
Staff (via e-mail)
File / Website

FOR FURTHER INFO, VISIT OUR FB PAGE www.facebook.com/bbpsnd

www.twitter.com/BBPSNoida

www.instagram.com/balbharatiND

www.linkedin.com/in/asha-prabhakar-614a0153



<https://bbpsnoida.balbharati.org>

www.facebook.com/bbpsnd

www.twitter.com/BBPSNoida

www.instagram.com/balbharatiND

www.linkedin.com/in/asha-prabhakar-614a0153