

SUMMER HOLIDAYS HOMEWORK 2022-23

THEME: SDG II- Zero Hunger

2 ZERO HUNGER



ZERO HUNGER CHALLENGE



ALL FOOD SYSTEMS ARE SUSTAINABLE: FROM PRODUCTION TO CONSUMPTION



AN END TO RURAL POVERTY: DOUBLE SMALL-SCALE PRODUCER INCOMES & PRODUCTIVITY



ADAPT ALL FOOD SYSTEMS TO ELIMINATE LOSS OR WASTE OF FOOD



ACCESS ADEQUATE FOOD AND HEALTHY DIETS, FOR ALL PEOPLE, ALL YEAR ROUND



AN END TO MALNUTRITION IN ALL ITS FORMS

— TRANSFORMING OUR FOOD SYSTEMS TO TRANSFORM OUR WORLD —

Please Note: The class teachers shall remain available on 30 May 2022 between 9 to 11 am in order to take up any queries or doubts related to the Summer Holiday Homework.

Zero Hunger

Dear Parents,

Warm Greetings !

The Summer Vacations are round the corner. Keeping our learning curve on, is a challenge that we have learnt to overcome in the previous year. With high spirits and enthusiasm, we aim to keep ourselves positive and happy. Amidst the ongoing challenges, this year we have planned some unique activities for our children to learn while playing. We have planned to teach our little learners the value of food and sharing. This topic is chosen with the motive of encouraging the students to eat their food completely and take only the portions that they intend to finish.

Each student is expected to undertake all the activities assigned in the holiday homework.

The assigned work is to be done as per the instructions given at the end of each HHW activity.

This project is an amalgamation of simple yet thoughtfully planned activities which promote critical and creative thinking skills amongst young learners. It is an integrated project with scholastic and co-scholastic activities, targeting competency-based learning.

PLEASE NOTE: The Round 1 assessment will include grading from the Holiday Homework for scholastic and co scholastic activities.

Children are requested to complete the activities and submit to their subject teachers by the given dates:

English and SST	5 July 2022
Hindi and Lib	7 July 2022
ICT	11 July 2022
Maths	13 July 2022
Science and Art	15 July 2022

***All the activities and the use of internet for doing the activities to be done strictly under the supervision of parents.**

***Practise sheets of Maths, English and Science will be uploaded on teams channel. Work to be done in notebook and brought as per the above schedule.**

TOPIC : Remove Hunger

ACTIVITY & INSTRUCTIONS :

I- Students have to create a list of countries having food shortage from around the world and locate them on a World Political Map and paste it in their SST notebook.

II- Choose a lesser- known country among them and research about the reasons of the food shortage in that country. Write a small paragraph stating the name of the country, food requirement, food availability, reason for food shortage, ways by which they can overcome the food shortage. Paste pictures of the people suffering from hunger in the country chosen by you. Do this work in English notebook.



LEARNING OUTCOME:

Students will be able to identify the countries suffering from hunger and will be able to empathise with them. They will also learn the value of food.

COMPETENCY BUILT:

This activity will enhance their mapping, presentation and researching skills.

SCIENCE AND ART- FOOD AND NUTRITION

ACTIVITY AND INSTRUCTIONS:

Zero hunger is one of the 17 sustainable goal established by United Nations in 2015. With the aim end hunger , achieve food security ,improved nutrition and promote sustainable agriculture.

Students have to prepare a GOOD WILL BASKET in which they will keep all the different kind of food which includes all the nutrients making it a complete balanced diet. And give it to someone who needs it e.g.children living near to their house who are malnourished. And click the photograph while doing this activity.

Please Note :Students have to write on A 4 sheet of Food items they have added in the basket with their nutritional value and find out the diseases caused due to the deficiency of these nutrients.

Don't forget to be creative and have fun while you explore and learn. Happy Exploring !

LEARNING OUTCOMES:

The learners will be able to acknowledge and appreciate importance of healthy food in our life and will be become sensitive towards the hunger problem in our country.

COMPETENCY BUILT:

The activity will enable the learners to:

- Think and find out some ways how to stop food wastage.



Topic: बीज बचाओ



INSTRUCTIONS:

बीज नगण्य सा बोरी में बंद घर के एक कोने में पड़ा रहता है। जब उसे खेत में बो देते हैं। तो कुछ ही समय में ही वह एक विशाल वृक्ष के रूप में विकसित हो जाता है। बीजों नहीं होंगे तो न हो खाने के लिए कोई भोजन होगा ना ही पहनने के लिए कपड़े।

भारतवर्ष कृषि प्रधान देश है, जिसकी अर्थव्यवस्था में कृषि रीढ़ की हड्डी के समान है। हमारे देश में किसानों की आजीविका का प्रमुख साधन कृषि है। बीज का महत्व हमेशा से ही कृषि में रहा है। बीज खेती की नींव और मूलमंत्र है पर इन्हीं बीजों का अगर ठीक ढंग प्रयोग और संरक्षण न किया जाए तो देश में भुखमरी की समस्या उत्पन्न हो सकती है। <https://storyweaver.org.in/stories/43332-beej-bachao>

दिए गए लिंक के माध्यम से 'बीज बचाओ' नामक कहानी को ठीक से पढ़िए और आपके घर में पाए जाए वाले विभिन्न अनाजों के बीज इकट्ठा कर एक शीट पर लगाकर अपना बीज बैंक बनाइए और इंटरनेट की सहायता से पता कीजिए कि बीज बैंक किस प्रकार किसानों के लिए फायदेमंद है, उसकी आवश्यकता क्यों है और हमारे देश में कितने बीज बैंक हैं?

LEARNING OUTCOME:

- ❖ विद्यार्थी इस कहानी के माध्यम से जीवन में बीजों का मूल्य समझेंगे और इस खोज आधारित परियोजना द्वारा अनाज उगाने में लगने वाले परिश्रम और किसानों के योगदान से परिचित होंगे।

- ❖ परियोजना उनकी गहन सोच का विस्तृत करने में मददगार होगी।

COMPETENCY BUILT: बच्चे जीवन में भोजन की आवश्यकता और उसकी बर्बादी के प्रति गहन सोच विकसित करेंगे।

TOPIC: Food Tangram

ACTIVITY AND INSTRUCTIONS:

A tangram is a puzzle which has seven flat shapes (one square, one parallelogram and five triangles) which is put together to form different shapes. Students can configure a set of the edible tiling pieces to form the final shape, before consuming the processed food or snack.

Ready to eat some geometry? Here's a quick way to turn lunchtime into Maths Play!

Activity: The child is going to make a food Tangram puzzle that he/she can eat. A tangram is a puzzle traditionally made from edible food from cutting it into different shapes and pieces that can be arranged in different ways to make different designs, patterns and geometric shapes.

- Student will click the picture for the food tangram made and will write a report on food tangram made by them on a A4 size ruled sheet.
- Be creative and explore various shapes while performing the activity.

Following link can help you for reference:

https://youtu.be/6A_E-vFV4Ew

LEARNING OUTCOMES:

1. Students will learn the use of shapes and their placements in daily objects.
2. Students will be able to enhance their creativity and critical thinking skills.

COMPETENCY BUILT :

Acquire a skill to create shapes through edible food while having their meals.



ICT-POSTER IN MS. WORD

The goals of the Zero Hunger initiative is to end hunger and make sure that enough nutritious foods are available to people by 2030. Other aspects of the goal include ending all forms of malnutrition and promoting sustainable agriculture.

Activity: Create a poster in Ms.Word for creating awareness on Zero Hunger.It should contains details like various aspects of Zero Hunger

- 1.End Malnutrition
- 2.Prevent Natural / Man Made disasters
- 3.Protect variety of crops and Farm Animals
- 4.Support Small Farmers

Instructions: Use various features of Ms.Word like background colour and border, inserting images, drop cap, shapes and bullets.

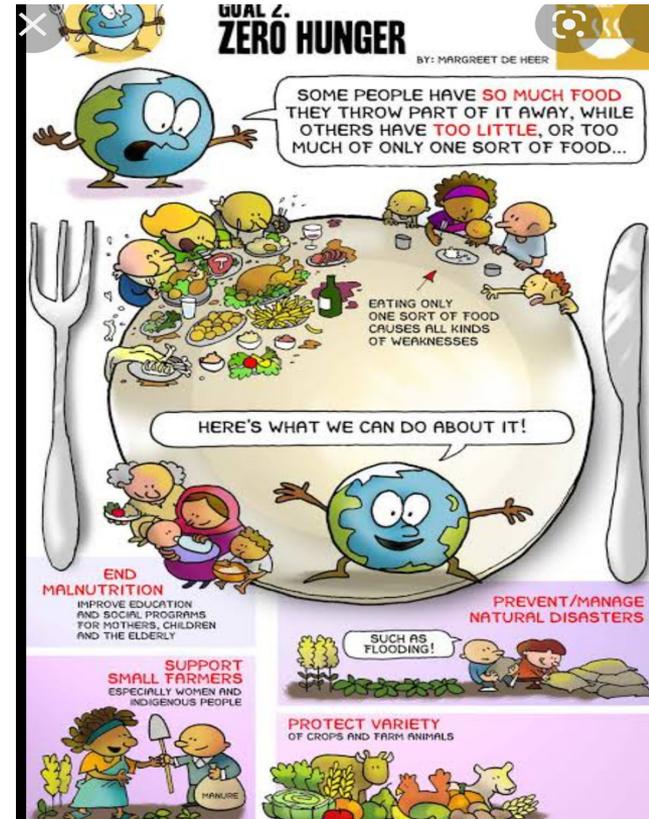
The .jpeg format of poster to be submitted in the HHW channel of Teams.

LEARNING OUTCOME:

Students will be able to use various features of MS.Word and apply them in practical work.

COMPETENCY BUILT:

This activity will enhance formatting and creative skills of students.





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HAPPY SUMMER HOLIDAYS



**WISHING EVERYONE A SAFE AND HEALTHY VACATION TIME!
STAY HEALTHY, EXERCISE AND TAKE CARE!**