

**CLASS 5**  
**SYLLABUS -2021-22**  
**ENGLISH**

**TEXTBOOKS:**

1. My New Canvas (English at your Fingertips) -Course Book (Pearson)
2. Cornerstone – Grammar Book (Pearson)

MONTH	CONTENT	PROJECT/ACTIVITY/ EXPERIMENT	LEARNING OUTCOME/ SKILL DEVELOPMENT	INTEGRATED WITH SCHOLASTIC OR NON- SCHOLASTIC
APRIL	<b>COURSEBOOK:</b>  L-1 Alice and the Mouse L-2 Echoing Green Pearson App Support  <b>VOCABULARY:</b> New Words (20)	<b>GRAMMAR:</b> L-1 Using the dictionary L-5,6 &7- Nouns L-11 Pronouns <a href="#">Pronouns</a> <a href="#">Pronouns 2</a>  <b>Modules: EXTRAMARKS</b>  <b>SPEAKING SKILLS:</b> <b>Role- play as Alice or Mouse</b>  <b>WRITING SKILLS:</b> <a href="#">Informal Letter Writing</a>  <a href="#">(Integrated with ICT)</a>	<b>The lesson accentuates the power of words and their impact. Understanding that:</b>  <b>Students can use meaningful, grammatically correct sentences to describe and narrate incidents, and to frame questions and to write a letter.</b>  <b>Speaking:</b> Can frame questions and narrate incidents using grammatically correct sentences.  <b>Poem:</b> Can recite in correct intonation and can connect ideas that they have inferred, through reading and interaction.  <b>Grammar:</b> Can identify adjectives, pronouns and their kinds in sentences. Can use them to frame meaningful sentences.	<b>ACTIVITY: Role Enactment</b> (Students will enact the whole conversation between Alice and the mouse in a new way)  <b>ACTIVITY:</b> Create a poem of your own.  <b>ICT Integration:</b> <b>Letter Writing through Email</b>

MAY	<p><b>COURSEBOOK:</b> L-3 Turning the Tide L-4 A Christmas Wish</p> <p><b>Vocabulary:</b> New words</p>	<p><b>GRAMMAR:</b> L-8 Kinds of Adjectives L-9 Comparison of Adjectives L-10 Order of Adjectives <a href="#">ADJECTIVES 1</a> <a href="#">ADJECTIVES 2</a></p> <p>L-12 Adjectives or Pronouns</p> <p><b>SPEAKING SKILLS:</b> Advantages and disadvantages of using technology</p> <p><b>WRITING SKILLS:</b> Paragraph Writing on the topic Pollution <a href="#">PARAGRAPH WRITING</a></p>	<p><b>“Ride the tide and take the green side.”- is the essence of the lesson.</b></p> <p><b>Reading:</b> Students can relate to the incidents told in the story. They can read text with comprehension, locate details and sequence of events.</p> <p><b>Grammar:</b> Can identify pronouns and can replace them with nouns. Can identify their kinds.</p> <p><b>Writing:</b> Can write paragraphs in English from verbal, visual clues, with appropriate punctuation marks and linkers</p> <p><b>Poem:</b> Can understand the theme of the poem and recite in correct intonation. Can identify rhyme scheme, alliteration and other poetic devices.</p>	<p><b>ACTIVITY:</b> Read the book- The Lorax by Dr. Suess and write a review on it.</p> <p><b>Music Integration: Song on Change</b></p>
INTEGRATED SUMMER HOLIDAY HOMEWORK				

<p><b>JULY</b></p>	<p><b>Coursebook:</b> L-5 Damon and Pythias L-6 Children of India L-7 Game Addiction</p> <p><b>Vocabulary:</b> New words</p>	<p><b>GRAMMAR:</b> <b>L-2 Sentences</b> <b>L-3 Types of Sentences</b> <b>L-4 Subject and Predicate</b></p> <p>L-27 Capital Letters and <b>Punctuation:</b> <a href="#">Punctuation 1</a> <a href="#">Punctuation 2</a></p> <p><b>Homophones Pg-85</b></p> <p><b>SPEAKING SKILLS:</b> Imagine you are your friend living in a remote village. (Activity)</p> <p><b>WRITING SKILLS:</b> Story Completion</p>	<p>The value of giving, caring and friendship is taught in the lesson. Students can read, comprehend, and explain in grammatically correct sentences.</p> <p>“Education is the weapon that can change the world.” Children can relate to the moral and can narrate such incidents. Can read and comprehend the text, locate details and sequence of events.”</p> <p><b>Poem:</b> Can recite in correct intonation and can connect ideas that he/she has inferred, through reading and interaction.</p> <p><b>Grammar:</b> Can identify sentences and their parts and kinds. Can use them to frame meaningful sentences.</p> <p><b>Writing:</b> Can write and complete a story using grammatically correct sentences in English with appropriate punctuation marks and linkers.</p> <p><b>Speaking:</b> Can describe and narrate incidents using grammatically correct sentences in English with correct intonation.</p>	<p><b>Art Integration:</b> <b>Comic Strip on Gender Equality.</b></p> <p><b>ACTIVITY:</b> The king resort to peace when he saw the bond between the two friends. Write a speech on peace and speak in class.</p> <p><b>SPORTS INTEGRATION:</b> <b>Physical exercises will be taken by the teacher to teach the importance of physical movements/ games over video games.</b></p>
<p><b>AUGUST</b></p>	<p><b>Coursebook:</b> L-8 M.O.M in Orbit L-9 The Other Side of Scientists</p> <p><b>Vocabulary:</b> New words</p>	<p><b>GRAMMAR:</b> Articles, Use of is/are/am this/that; these/those; has/have</p> <p>L-13 Articles: <a href="#">ARTICLES</a> <a href="#">ARTICLES 2</a></p> <p>L-25 Conjunctions: <a href="#">CONJUNCTIONS1</a> <a href="#">CONJUNCTIONS 2</a></p> <p><b>SPEAKING SKILLS:</b></p>	<p>The Students will learn about scientists, new inventions and will be able to share new discoveries using correct intonation, pronunciation and grammatically sound sentences.</p> <p><b>Grammar:</b> Can identify articles, conjunctions and describe them. Can use them correctly in sentences.</p> <p><b>Writing:</b> Can write an essay using correct sentences, punctuation marks, conjunctions and articles.</p>	<p><b>ACTIVITY:</b> Debate: New inventions are a boon or a bane?</p>

		<b>Telephone Conversation</b>  <b>WRITING SKILLS:</b>  Essay Writing on Scientific Inventions	<b>Speaking:</b> Can describe the sequence of events using grammatically correct sentences in English with correct intonation.	
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SEPTEMBER	<b>Coursebook:</b> L-10 The Road Not Taken. (Poem)  L-11 The Cop and the Anthem  <b>Vocabulary:</b> New words	<b>GRAMMAR:</b> <b>Verbs</b> L-14 Simple Tenses Subject Verb Agreement L-26 Interjections  <b>WRITING SKILLS:</b> Message Writing  <b>SPEAKING SKILLS:</b> <b>Role Enactment</b>	Can read text with comprehension of both the lessons and can locate details and sequence of events.  <b>Poem:</b> Can recite in correct intonation and can connect ideas that he/she has inferred, through reading and interaction.  <b>Grammar:</b> Can identify and suggest correct simple verb-tense forms and adverbs in different sentences.  <b>Writing:</b> Can write and suggest an alternate ending to a story with appropriate punctuation marks and linkers.  <b>Speaking:</b> Can present ideas and thoughts using grammatically correct sentences in English with correct intonation.	<b>ACTIVITY:</b> Read and recite any other poem by Robert Frost  <b>Dance Integration:</b> With Facial Expression (Bhav) Dance form children will learn to express better and will express how they felt while reading poem and the lesson.
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<p><b>OCTOBER</b></p>	<p><b>Coursebook:</b> L-12 Adrift at Sea</p> <p><b>Vocabulary:</b> New words</p>	<p><b>GRAMMAR:</b></p> <p>L-21 Question Tags Question Words</p> <p>L-22 Adverb <a href="#">ADVERBS 1</a> <a href="#">ADVERBS 2</a></p> <p><b>WRITING SKILLS:</b></p> <p>Diary Writing</p> <p><b>SPEAKING SKILLS:</b> <b>Alternate Ending to the story</b></p>	<p>Students can read, comprehend, and understand the crux of the lesson that fruits of hard work are the sweetest. Students can read text with comprehension, locate details and sequence of events.</p> <p><b>Poem:</b> Can comprehend the meaning and recite in correct intonation. Can understand and point out different poetic devices like simile and metaphor.</p> <p><b>Grammar:</b> Can identify verbs and point to their tense form correctly. Can frame sentences using the correct tenses and subject-verb agreement.</p> <p><b>Writing:</b> Can write content for informal letters creatively using appropriate punctuation marks and linkers.</p> <p><b>Speaking:</b> Can describe and narrate incidents using grammatically correct sentences in English with correct intonation.</p>	<p><b>ACTIVITY:</b> Read and recite any other poem by Robert Frost</p> <p><b>DANCE INTEGRATION:</b> With Facial Expression (Bhav) Dance form children will learn to express better and will express how they felt while reading poem and the lesson.</p>
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<b>NOVEMBER</b> <b>R</b>	<b>Coursebook:</b> L-13 Wandering Singers (Poem)  <b>VOCAB:</b> New words	<b>GRAMMAR:</b> Tenses (Past/Present/ Future Continuous)  L-16 and 17 Tenses: <a href="#">DIKSHA PORTAL</a> <a href="#">TENSES 2</a>  <b>WRITING SKILLS:</b> <b>Report Writing</b>  <b>SPEAKING SKILLS:</b> <b>Comment on the character</b>	Students can feel the words of the writer by reading them correctly.  Can express their thoughts and emotions through grammatically correct sentences. Can locate details and sequence of events.  <b>Poem:</b> Can comprehend the meaning and recite in correct intonation. Can understand and point out different poetic devices like simile and metaphor.  <b>Grammar:</b> Can identify verbs and point to their tense form correctly. Can frame sentences using the correct tenses and subject-verb agreement.  <b>Writing:</b> Can write content for informal letters creatively using appropriate punctuation marks and linkers.  <b>Speaking:</b> Can describe any character using grammatically correct sentences in English with correct sequencing.	<b>ACTIVITY:</b> Imagine you are the tiger. Describe your feelings for Richard Parker.
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<b>DECEMBER</b>	<b>Coursebook:</b> L-14 Leonardo Da Vinci  <b>VOCAB:</b> New words	<b>GRAMMAR:</b> Tenses (Past/Present/Future Perfect) Tenses: <a href="#">DIKSHA PORTAL TENSES</a>  Pg- 130 One word substitution Pg- 106 Synonyms and Antonyms Pg-148 Words Often Confused  <b>WRITING SKILLS:</b> <b>Notice Writing</b> <a href="#">DIKSHA PORTAL</a>  <b>SPEAKING SKILLS:</b> <b>Speech on the being independent</b>	<b>Grammar:</b> Can identify verbs and point to their tense form correctly. Can frame sentences using the correct tenses and subject-verb agreement.  <b>Writing:</b> Can write content for Notice writing creatively using appropriate title, punctuation marks and linkers.  <b>Speaking:</b> Can describe any character using grammatically correct sentences in English with correct sequencing.	<b>ACTIVITY:</b> Charades Guess the story given by the teacher.
<b>INTEGRATED PROJECT FOR WINTER VACATIONS ON THEME</b>				

<b>JANUARY</b>	<b>Coursebook:</b> L-15 Joseph and the truth Stick  <b>VOCAB:</b> new words	<b>GRAMMAR:</b> L-24 Prepositions Idioms and Phrases  <b>WRITING SKILLS:</b> <b>Dialogue Writing</b> <a href="#">DIALOGUE WRITING</a>  <b>SPEAKING SKILLS:</b> <b>Description of a painting</b>	Students can use meaningful grammatically correct sentences to describe and narrate facts and for framing questions.  <b>Grammar:</b> Can identify verbs, adverbs, and their kinds correctly. Can suggest adverbs for different verbs, adjectives, and adverbs.  <b>Writing:</b> Can write content for informal letters creatively using appropriate punctuation marks and linkers.  <b>Speaking:</b> Can frame sentences to describe a painting in oral form. Can use meaningful adjectives and nouns to coherently describe the painting.	<b>ACTIVITY:</b> Role- Play on Road Safety
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<b>FEBRUARY</b>	<b>Coursebook:</b> <b>Revision</b>  <b>VOCAB:</b> New words	<b>GRAMMAR:</b> Contractions Proverbs  <b>WRITING SKILLS:</b> <b>Review Writing</b> <a href="#">REVIEW WRITING 1</a>	Students can read independently and comprehend in English. Can compose grammatically correct sentences to describe and narrate events of the story.  <b>Grammar:</b> Can identify prepositions and their kinds correctly.	<b>ACTIVITY:</b> Judge the book by its cover- New book covers of the story read through the year will be shown to the students and they will guess their names.
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		<a href="#">REVIEW WRITING 2</a> <a href="#">REVIEW WRITING 3</a> <a href="#">REVIEW WRITING 4</a>  <b>SPEAKING SKILLS:</b> <b>Describing his/her role model</b>	<b>Writing:</b> Can write reviews of different lessons and content creatively using appropriate punctuation marks and linkers.  <b>Speaking:</b> Can speak about the qualities of a person who inspire them the most. Can present their thoughts clearly in interactions and group discussions using meaningful sentences.	
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विषय - हिंदी  
विषय - हिंदी  
कक्षा - पाँचवीं

हिंदी पाठमाला -- नई आशाएँ (पी पी पब्लिकेशन्स)  
व्याकरण- नवीन शिक्षार्थी बाल हिंदी व्याकरण (पी पी पब्लिकेशन्स)

मास	पाठ्य पुस्तक – नई आशाएँ	व्याकरण / कौशल का मूल्यांकन	शिक्षण की सम्प्राप्तियाँ/ विकसित कौशल	शैक्षिक एवं सह शैक्षिक विषयों से एकीकृत रचनात्मक गतिविधियाँ/ /परियोजनाकार्य/ पी.इ.सी.
अप्रैल	<p>पाठ-1 भूल गया है क्यों इंसान(कविता )</p> <p><a href="https://dai.ly/x6881i5">https://dai.ly/x6881i5</a></p> <p>पाठ-2 दानी पेड़(कहानी)</p> <p><a href="https://youtu.be/xPhwVZAg3Zs">https://youtu.be/xPhwVZAg3Zs</a></p> <p>NCERT-E Pathshala</p> <p>Audio कहानी- बचपन (मदद)</p>	<p>व्याकरण- पाठ-1 भाषा और व्याकरण</p> <p>गिनती -१ से ५० तक के अंकों का लिखित तथा मौखिक अभ्यास कराया जाएगा ।</p> <p>पाठ-2 संज्ञा</p> <p><a href="https://diksha.gov.in/ncert/play/content/do_312717760748380160117911?contentType=Resource">https://diksha.gov.in/ncert/play/content/do_312717760748380160117911?contentType=Resource</a></p>	<p>आपसी भेदभाव को भूलकर इंसानियत याद रखना आवश्यक है,यह प्रमाणित सत्य है।” प्रस्तुत पाठ के द्वारा छात्र सरलता से इस प्रमाणित सत्य से अवगत होंगे।</p> <p>शुद्ध उच्चारण करेंगे, अपने भावों की अभिव्यक्ति में सक्षम बनेंगे।</p> <p>छात्र पढ़ी अथवा सुनी रचनाओं व कहानियों की विषय- वस्तु, घटनाओं, चित्रों और पात्रों, शीर्षक आदि के बारे में बातचीत कर सकेंगे वह अपनी स्वतंत्र टिप्पणी दे सकेंगे।</p>	<p><b>रचनात्मक गतिविधि-</b>पर्यावरण के प्रति संवेदनशीलता और पर्यावरण संरक्षण के प्रति जागृत करने वाला एक पोस्टर बनाओ और स्लोगन लिखो।</p> <p>अपठित गद्यांश</p> <p><a href="https://www.liveworksheets.com/qy961941or">https://www.liveworksheets.com/qy961941or</a></p> <p><b>रचनात्मक गतिविधि</b> आप अपने घर के आस-पास रहने वाले किसी किसी गरीब व असहाय व्यक्ति की सहायता कीजिए आपकी सहायता के पश्चात उसके मुख पर आए भावों व अपने अनुभव को कक्षा में बताइए।</p> <p><b>कला एकीकरण-</b> पाठ में आए पात्रों के कार्टून, लकड़ी की तीलियों, कागज़ , गत्ते आदि की सहायता से बनाइए व उनकी सहायता से कहानी को दर्शाइए।</p> <p><a href="https://youtu.be/Gp1fFIQp9C0">https://youtu.be/Gp1fFIQp9C0</a></p>

मई	<p>पाठ-3 बहुत बड़ा धनवान (संस्मरण)</p> <p><a href="https://youtu.be/WRHamUcs0EM">https://youtu.be/WRHamUcs0EM</a></p>	<p><b>व्याकरण- वर्ण विचार</b></p> <p><a href="https://youtu.be/EdNakckh4hc">https://youtu.be/EdNakckh4hc</a></p> <p><a href="https://diksha.gov.in/play/collection/do_31298103727122841617?contentId=do_3129754378422927361847">https://diksha.gov.in/play/collection/do_31298103727122841617?contentId=do_3129754378422927361847</a></p> <p>Live worksheet for practice</p> <p><a href="https://www.liveworksheets.com/ya72521ny">https://www.liveworksheets.com/ya72521ny</a></p> <p><b>‘वृक्षों की उपयोगिता’ विषय पर अनुच्छेद लिखिए।</b></p>	<p>भाषा की बारीकियों पर ध्यान देते हुए अपनी भाषा गढ़ते और उसका इस्तेमाल करते हैं।</p> <p>पढ़ी रचनाओं की विषय वस्तु, घटनाओं, चित्रों, पात्रों, शीर्षक आदि के बारे में बातचीत करते हैं/प्रश्न पूछते हैं, अपनी राय देते हैं, अपने तर्क देते हैं।</p> <p>अलग-अलग तरह की रचनाओं में आए नए शब्दों को संदर्भ में समझकर उनका लेखन में इस्तेमाल करते हैं।</p>	<p><b>रचनात्मक गतिविधि-</b> अरबी- फारसी भाषा के कुछ अन्य साहित्यकारों के बारे में इंटरनेट से जानकारी प्राप्त करो उनके चित्र अपनी एल्बम में लगाओ और रचनाओं के नाम लिखो।</p> <p>दिए गए लिंक की सहायता से कॉमिक बुक पढ़िए।</p> <p><b>फ़सलों के त्योहार(Dikha Portal)</b></p> <p><a href="https://diksha.gov.in/play/collection/do_31321952113100390411973?contentId=do_31321903674836582411856">https://diksha.gov.in/play/collection/do_31321952113100390411973?contentId=do_31321903674836582411856</a></p>
जुलाई	<p>पाठ-4 वल्लिका(लेख)</p> <p><a href="https://youtu.be/0-c52qLFiOw">https://youtu.be/0-c52qLFiOw</a></p>	<p><b>व्याकरण-</b> पर्यायवाची ,अपठित गद्यांश सर्वनाम--</p>	<p>बच्चे अपने अनुभव और कल्पना से संसार को सहज ढंग से व्यक्त कर पाएँगे, वाक्य निर्माण करेंगे, व्याकरणिक बिन्दुओं का शुद्ध प्रयोग करेंगे।</p>	<p><b>रचनात्मक गतिविधि-</b> सृजनात्मक लेखन पहाड़ों की सैर</p>

	(केरल की सैर)	<a href="https://diksha.gov.in/ncert/play/collection/do_31298103727122841617?contentType=Collection">https://diksha.gov.in/ncert/play/collection/do_31298103727122841617?contentType=Collection</a> अभ्यास हेतु पत्रिका <a href="https://www.liveworksheets.com/ph1114237qp">https://www.liveworksheets.com/ph1114237qp</a>  श्रवण कौशल <a href="https://forms.gle/e5afVC62hTv8eC4SA">https://forms.gle/e5afVC62hTv8eC4SA</a>	छात्र केरल की आभासी सैर का आनंद ले सकेंगे तथा वहाँ के त्योहारों के विषय में जानकारी प्राप्त कर पाएँगे।	<u>नृत्य एकीकृत गतिविधि - कथकलि भारत का शास्त्रीय नृत्य है। कथकलि नृत्य के प्रसिद्ध नर्तकों के नाम मालूम करो व उनके चित्र भी एकत्रित करके कॉपी में चिपकाओ।</u>
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अगस्त	<p>पाठ-5 लहरों का गीत (कविता)</p> <p>पाठ-6 सबसे सुंदर लड़की (कहानी)</p> <p>practice sheet</p> <p><a href="https://diksha.gov.in/play/collection/do_31310347511199334411050?contentId=do_31310356228794777611398">https://diksha.gov.in/play/collection/do_31310347511199334411050?contentId=do_31310356228794777611398</a></p> <p><a href="https://diksha.gov.in/play/collection/do_31310347511199334411050?contentId=do_313110022633750528157">https://diksha.gov.in/play/collection/do_31310347511199334411050?contentId=do_313110022633750528157</a></p>	<p><b>व्याकरण-</b> विलोम शब्द ,अनेक शब्दों के लिए एक शब्द</p> <p><b>वाक्य निर्माण हेतु</b> <a href="https://diksha.gov.in/ncert/play/collection/do_31278138886904217616521?contentType=TextBook">https://diksha.gov.in/ncert/play/collection/do_31278138886904217616521?contentType=TextBook</a></p> <p><b>क्रिया</b> अभ्यास हेतु पत्रिका <a href="https://www.liveworksheets.com/vj1355892az">https://www.liveworksheets.com/vj1355892az</a></p>	<p>बच्चे हाव-भाव सहित कविता-पाठ करेंगे। कहानी, कविता अथवा अन्य सामग्री को समझते हुए उसमें अपनी कहानी/बात जोड़ेंगे।</p> <p>अलग-अलग तरह की रचनाओं में आए नए शब्दों को संदर्भ में समझकर उनका अर्थ सुनिश्चित करेंगे।</p>	<p><b>रचनात्मक गतिविधि-</b> कविता के आगे की चार पंक्तियाँ अपनी कल्पना के आधार पर लिखिए।</p> <p>कविता वाचन -कदंब का पेड़((एन.सी. ई.आर.टी ) <a href="https://www.youtube.com/watch?v=6eUz-zNdiEk">https://www.youtube.com/watch?v=6eUz-zNdiEk</a></p> <p><b>रचनात्मक गतिविधि</b> -विभिन्न क्रिया शब्दों के फ्लेश कार्ड बनाइये ।</p>
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सितम्बर	<p><b>पाठ-7 मैं आम हूँ।(आत्मकथा)</b>  <a href="https://youtu.be/YpIV0Pf6V7U">https://youtu.be/YpIV0Pf6V7U</a></p> <p><b>पाठ-8 बालक चंद्रगुप्त(कहानी)</b></p>	<p><b>व्याकरण-</b> औपचारिक पत्र लेखन-गलती से कक्षा का शीशा टूट जाने पर क्षमा- याचना करते हुए प्रधानाचार्या को पत्र लिखो ।</p> <p><b>श्रवण कौशल</b></p>	<p>पढ़ी हुई सामग्री और निजी अनुभवों को जोड़ते हुए उनसे उभरी सवेदनाओं और विचारों की (मौखिक/लिखित) अभिव्यक्ति करते हैं।</p> <p>बच्चे दृढनिश्चयी, अनुशासित बनेंगे, नए-नए शब्दों का निर्माण करेंगे। बच्चे सद्भाव से रहेंगे, एक-दूसरे से सहयोग करेंगे, शुद्ध वाचन करेंगे॥</p>	<p><b>रचनात्मक गतिविधि-</b> आम के पत्तों से सुंदर-सा तोरण बनाओ।</p> <p><b>खेल एकीकृत गतिविधि-</b>          बच्चे समूह बनाओ खेल के माध्यम से समानार्थी शब्द याद करने में सक्षम बनेंगे।</p> <p><b>रचनात्मक गतिविधि -</b>  <u>बालक चंद्रगुप्त पाठ को पढ़कर नाट्य प्रस्तुति हेतु संवाद लिखिए व नाट्य मंचन कीजिए।</u></p> <p><b>कविता वाचन -उलझन (एन.सी. ई . आर.टी )</b>  <a href="https://www.youtube.com/watch?v=iMmmVO4ZxvQ">https://www.youtube.com/watch?v=iMmmVO4ZxvQ</a></p>
अक्टूबर	<p><b>पाठ-9 ओह और हाय (नाटक)</b></p> <p><b>पाठ-10 नंदिनी की डायरी से (डायरी)</b>  <a href="https://youtu.be/PxpawPbADWE">https://youtu.be/PxpawPbADWE</a></p>	<p><b>व्याकरण-</b> विशेषण ,क्रियाविशेषण worksheet for practice  <a href="https://www.liveworksheets.com/ee1184592ms">https://www.liveworksheets.com/ee1184592ms</a></p> <p><b>काल</b>  <a href="https://www.liveworksheets.com/kf1188772vj">https://www.liveworksheets.com/kf1188772vj</a></p>	<p>बच्चे मिलजुल कर रहेंगे, शुद्धवाचन करेंगे, अवलोकन क्षमता का विकास करेंगे, सद्गुणी बनेंगे, भाषा की बारीकियों पर ध्यान देते हुए अपनी भाषा गढ़ेंगे। उद्देश्य और संदर्भ के अनुसार शब्दों और विराम चिह्नों का प्रयोग करेंगे।</p> <p>छात्र अपने मन की बातों, विचारों, अनुभवों को लिखने में सक्षम होंगे। तथा डायरी लेखन के महत्व को पहचानेंगे।</p>	<p><b>कला एकीकृत गतिविधि-</b>  <b>पाठ-9 ओह और हाय (नाटक)</b>  <b>प्रस्तुत पाठ से संबंधित कॉमिक बुक बनाइए व उसे सुंदर चित्रों व रंगों से सजाइए।</b></p> <p><b>रचनात्मक गतिविधि-</b> बच्चों से कहा जाएगा कि वे अपने घर में टंगे कैलेंडर या डायरी में प्रतिदिन यह लिखें कि उन्होंने पूरे दिन में क्या खास काम किया, उन्हें आज क्या अच्छा लगा, उन्होंने बड़ों के काम में कैसे हाथ बँटाया आदि।</p>

नवम्बर	<b>पाठ-11 कनकलता बरुआ (प्रेरक प्रसंग)</b> <a href="https://youtu.be/II0TM2ZWIL0">https://youtu.be/II0TM2ZWIL0</a>	<b>व्याकरण-</b> कारक, अशुद्धि शोधन, वचन अनौपचारिक पत्र लेखन- स्वच्छता का महत्व बताते हुए अपनी छोटी बहन/छोटे भाई को पत्र लिखो।  <b>कविता वाचन - (एन.सी. ई. आर.टी.)</b> <a href="https://www.youtube.com/watch?v=VWT6Ovrdxjs">https://www.youtube.com/watch?v=VWT6Ovrdxjs</a>	बच्चे शुद्ध उच्चारण करेंगे, सुंदर भाषा का प्रयोग करेंगे, पाठ्य पुस्तक और उससे इतर सामग्री में आए संवेदनशील बिंदुओं पर लिखित अभिव्यक्ति करेंगे।  कथा के प्रमुख पात्र के चरित्र से प्रेरणा प्राप्त कर छात्र उसका प्रयोग अपने जीवन में कर सकेंगे।	<b>रचनात्मक गतिविधि</b> <b>डाक लाया डाकिया-</b> <a href="https://www.youtube.com/watch?v=ZIPjbJvpKn8&amp;list=PLUgLcpnv1Yiex3VtxUonvqHRFN78cuXyp&amp;index=6">https://www.youtube.com/watch?v=ZIPjbJvpKn8&amp;list=PLUgLcpnv1Yiex3VtxUonvqHRFN78cuXyp&amp;index=6</a>  <b>रचनात्मक गतिविधि</b> <b>स्वरचित नारा लेखन-</b> स्वतंत्रता आंदोलन के नेताओं द्वारा समय-समय पर दिए गए नारों को पढ़िए व देश प्रेम को दर्शाता हुआ एक स्वरचित नारा सुंदर अक्षरों में लिखिए।
दिसंबर	<b>पाठ-12 हिमालय (कविता)</b>	<b>व्याकरण-</b> विराम चिह्न, अनेकार्थी शब्द, लिंग, मुहावरे	बच्चे अपनी संस्कृति से प्रेम करेंगे, अर्थग्रहण कर सकेंगे, बच्चे जिज्ञासु बनेंगे, गतिविधियों का आनंद लेंगे	<b>संगीत के साथ एकीकृत गतिविधि</b> <b>कविता वाचन - सुर एवम् ताल के साथ</b>

	<a href="https://youtu.be/1UfQE Kdhf U">https://youtu.be/1UfQE Kdhf U</a>	<a href="https://youtu.be/il1julHS-sQ">https://youtu.be/il1julHS-sQ</a>	<p>। पाठ में निहित जीवन मूल्यों को अपनाएँगे। बच्चे पर्यावरण के प्रति जागरूक बनेंगे।</p> <p>बच्चे कहानी, कविता आदि को उपयुक्त उतार-चढ़ाव, गति, प्रवाह और सही पट के साथ सनाते हैं।</p> <p>विभिन्न उद्देश्यों के लिए लिखते हुए अपने लेखन में विरामचिह्नों, जैसे- पूर्ण विराम, अल्प विराम, प्रश्नवाचक चिह्न, उद्धरण चिह्न का सचेत इस्तेमाल करेंगे।</p>	<p><b>रचनात्मक गतिविधि-</b>  <b>अनौपचारिक पत्र लेखन-</b>  <b>अपना कोई रोचक सपना बताते हुए अपने मित्र को पत्र लिखिए।</b></p>
जनवरी	<p><b>पाठ-14 गुल्येलमो मारकोनी (जीवनी)</b></p> <p><a href="https://youtu.be/STpee FxXjes">https://youtu.be/STpee FxXjes</a></p>	<p><b>व्याकरण-</b> कहानी लेखन संवाद लेखन</p> <p><a href="https://diksha.gov.in/play/content/do_31304910059335680011256?contentType=PracticeResource">https://diksha.gov.in/play/content/do_31304910059335680011256?contentType=PracticeResource</a></p>	<p>बच्चे साक्षात्कार कर पाएँगे, देश से प्रेम करेंगे, रचनात्मक बनेंगे, हाव-भाव के साथ रचना पढ़ेंगे, भाषा की बारीकियों पर ध्यान देते हुए अपनी (मौखिक भाषा) गढ़ते हैं।</p>	<p><b>रचनात्मक गतिविधि-</b> अपने प्रिय वैज्ञानिक पर एक अनुच्छेद लिखिए तथा उनके द्वारा किए आविष्कारों के विषय में वर्णन कीजिए।</p>
	<p><b>पाठ-15 करामाती टोपी (हास्य कहानी)</b></p>	<p><b>अपठित गद्यांश</b></p>	<p>छात्र अनेक महपुरुषों के चरित्र के साथ चरित्र का अध्ययन कर व उससे प्रेरित हो स्व-चरित्र का निर्माण कर सकेंगे।</p>	<p><b>रचनात्मक गतिविधि</b>  <b>संवाद लेखन-</b></p>

			जीवन में हास्य के महत्व को समझेंगे व अपने सहपाठियों के साथ प्रसन्नता का वातावरण बनाने का प्रयास करेंगे	मान लीजिए, आपको किसी वैज्ञानिक से मिलने का अवसर प्राप्त हुआ है। अपनी और वैज्ञानिक के बीच हुई बातचीत को संवादों के माध्यम से बताइए।
फरवरी	पुनराभ्यास	पुनराभ्यास वार्षिक परीक्षा	बच्चे सृजनात्मक बनेंगे।	<b>रचनात्मकगतिविधि-</b> साक्षात्कार कहानी लेखन, अनुच्छेद लेखन
मार्च	पुनराभ्यास	पुनराभ्यास		

**अतिरिक्त पठन-हेतु सामग्री:**

- अकबर बीरबल की कहानियाँ
- तेनालीरामन की कहानियाँ
- पंचतंत्र की कहानियाँ

**नोट :** श्रवण कौशल परीक्षा हेतु छात्रों को स्मार्ट क्लास में अपलोड कहानियाँ दर्शाकर मूल्यांकन किया जाएगा।

विषय --संस्कृत

कक्षा-पाँचवीं (2021-22)



पाठ्य पुस्तक – दिव्यांजलि: संस्कृत पाठ्य पुस्तक – पी. पी. पब्लिकेशंस

कार्यपत्रिका – दिव्यांजलि: – पी. पी. पब्लिकेशंस

मास	दिव्यांजलि: संस्कृत पाठ्य पुस्तक	व्याकरण / कौशल का मूल्यांकन	शिक्षण सम्प्राप्तियाँ	शैक्षिक एवं सह-शैक्षिक विषयों से एकीकृत रचनात्मक गतिविधियाँ /परियोजना कार्य
अप्रैल	पाठ-1 संस्कृत वर्णमाला	स्वर – व्यंजन भाषा के रूप	नई भाषा का परिचय, वर्णमाला का ज्ञान ,वर्ण उच्चारण व लिखना	सभी छात्र अपने परिवार जनों के नाम लिखें तथा यह भी लिखें कि वे नाम स्वर से शुरू होते हैं या व्यंजन से ।  <b>संगीत एकीकरण गतिविधि -श्लोकोच्चारण – सरस्वती वंदना</b>  1)भूमे:गरीयसी माता,स्वर्गात उच्चतर:पिता।  जननी जन्मभूमिश्च स्वर्गात अपि गरीयसी।।  अर्थ – भूमि से श्रेष्ठ माता है, स्वर्ग से ऊंचे पिता हैं, माता और मातृभूमि स्वर्ग से भी श्रेष्ठ हैं।
मई	पाठ-2 अकारांत पुल्लिंग-शब्दाः	पुल्लिंग शब्दों का ज्ञान व प्रयोग ।  शब्द रूप -बालक (अकारांत पुल्लिंग)  सभी विभक्तियों तथा वचनों का मौखिक एवं लिखित अभ्यास )	स्वर व व्यंजनों का प्रयोग ,  पुल्लिंग-शब्दों का व्यावहारिक प्रयोग	किन्हीं पाँच पुल्लिंग शब्दों को लिखिए एवं उनके चित्र भी बनाइए या चिपकाइए ।  श्लोकोच्चारण-2) सुखार्थिनः कुतोविद्या विद्यार्थिनः कुतोसुखम्। सुखार्थी वा त्यजेद् विद्यां विद्यार्थी वा त्यजेत् सुखम्।।

				<p>अर्थ – सुख चाहने वाले को विद्या कहाँ से, और विद्यार्थी को सुख कहाँ से, सुख की इच्छा रखने वाले को विद्या और विद्या की इच्छा रखने वाले को सुख का त्याग कर देना चाहिए।</p> <p>3) सत्यं ब्रूयात् प्रियं ब्रूयात् न ब्रूयात् सत्यं प्रियम्।</p> <p>प्रियं च नानृतं ब्रूयात् एष धर्मः सनातनः॥</p> <p>अर्थ – सत्य बोलो, प्रिय बोलो, अप्रिय लगने वाला सत्य नहीं बोलना चाहिये। प्रिय लगने वाला असत्य भी नहीं बोलना चाहिए।</p>
जुलाई	<p>पाठ-3</p> <p>आकारांत</p> <p>स्त्रीलिंग-शब्दाः</p> <p>पाठ-4</p> <p>अकारांत</p> <p>नपुंसकलिंग-शब्दाः</p>	<p>स्त्रीलिंग एवं नपुंसकलिंग शब्दों का ज्ञान व प्रयोग ।</p> <p>शब्द रूप -लता (आकारांत स्त्रीलिंग)</p> <p>सभी विभक्तियों तथा वचनों का मौखिक एवं लिखित अभ्यास )</p> <p>चक्र -1 वाचन कौशल</p> <p>(श्लोक उच्चारण एवं अर्थ )</p>	<p>स्त्रीलिंग शब्दों व नपुंसकलिंग शब्दों का व्यावहारिक प्रयोग</p>	<p>संगीत एकीकरण गतिविधि - संस्कृत श्लोक वाचन गतिविधि - श्लोक उच्चारण , अर्थ तथा भाषा का विकास ।</p> <p><a href="https://youtu.be/e4Ldo6lJK1c">https://youtu.be/e4Ldo6lJK1c</a></p> <p>श्लोकोच्चारण-</p> <p>4) सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः।</p> <p>सर्वे भद्राणि पश्यन्तु मा कश्चिद् दुःख भाग्भवेत्</p> <p>॥संसार में सभी सुखी हो, निरोगी हो, शुभ दर्शन हो और कोई भी ग्रसित ना हो।</p> <p>5) अष्टादस पुराणेषु व्यासस्य वचनं द्वयम्।</p> <p>परोपकारः पुण्याय पापाय परपीडनम्॥</p> <p>अठारह पुराणों में व्यास के दो वचन ही हैं। पहला परोपकार ही पुण्य है और दूसरा औरों को दुःख पहुंचाना पाप है।</p>

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अगस्त	पाठ-5	सर्वनाम	संज्ञा शब्दों के स्थान पर सर्वनाम का परिचय एवं प्रयोग ।	अपनी पुस्तिका में पाँच सर्वनाम शब्द लिखकर उनके अर्थ लिखिए । <b>श्लोकोच्चारण-</b>
	सर्वनाम परिचय:	धातु रूप – लट लकार		6) यत्र नार्यस्तु पूज्यंते रमंते तत्र देवताः। यत्र तास्तु न पूज्यंते तत्र सर्वाफलक्रियाः॥ जहाँ पर हर नारी की पूजा होती है वहाँ पर देवता भी निवास करते हैं और जहाँ पर नारी की पूजा नहीं होती, वहाँ पर सभी काम करना व्यर्थ है। 7) अलसस्य कुतः विद्या अविद्यस्य कुतः धनम्। अधनस्य कुतः मित्रम् अमित्रस्य कुतः सुखम्॥ आलसी व्यक्ति को विद्या कहां, मुख और अनपढ़ और निर्धन व्यक्ति को मित्र कहां, अमित्र को सुख कहां।  शरीर के अंगों के चित्र ए-4 शीट पर बनाकर या चिपकाकर उनके नाम लिखिए ।
	पाठ-6	शरीर के अंगों के नाम संस्कृत में	लिंग तथा वचन के अनुसार सर्वनाम परिवर्तन	
	धातु-परिचय: – लटलकार:	(मौखिक एवं लिखित अभ्यास )		

सितम्बर	पाठ-7  लटलकारः  प्रथमपुरुषः  पाठ-8 – लटलकारः  मध्यमपुरुषः	पठ धातु लटलकार में  सभी पुरुषों तथा वचनों का मौखिक एवं लिखित अभ्यास )  फलों के नाम संस्कृत में (मौखिक एवं लिखित अभ्यास )  चक्र 2- वाचन कौशल  (श्लोक उच्चारण एवं अर्थ )	क्रिया शब्दों का उचित प्रयोग तथा उनमें किए जाने वाले परिवर्तनों की जानकारी । संस्कृत में अपरिवर्तनीय शब्दों का ज्ञान ।  ‘वक्ता’ कर्ता का परिचय एवं ज्ञान	कला एकीकरण - इन्द्रधनुष का सुंदर चित्र बनाकर उसके रंगों के नाम संस्कृत में लिखिए ।  वर्णः वर्णः वर्णः - <a href="https://www.sanskrittutorial.in/video_preview?tutorial=343232353131353937343231">https://www.sanskrittutorial.in/video_preview?tutorial=343232353131353937343231</a>  <u>श्लोकोच्चारण</u>  8) अयं निजः परो वेति गणना लघु चेतसाम्।  उदारचरितानां तु वसुधैव कुटुम्बकम्॥  जिनका हृदय बड़ा होता है, उनके लिए पूरी धरती ही परिवार होती है और जिनका हृदय छोटा है, उनकी सोच वह यह अपना है, वह पराया है की होती है।  9) ॐ असतो मा सद्गमय।  तमसो मा ज्योतिर्गमय।  मृत्योर्मा मृतं गमय॥  हे प्रभु, हम सभी को असत्य से दूर सत्य की ओर ले चलो घोर अंधकार से प्रकाश की ओर ले चलो, मृत्यु से अमरता की ओर ले चलो।
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अक्टूबर	पाठ9  लटलकारः उत्तमपुरुषः   पाठ-10  अव्ययः प्रयोग :	गम् धातु लटलकार में  सभी पुरुषों तथा वचनों का मौखिक एवं लिखित अभ्यास )   अव्यय शब्दों का प्रयोग	धातु एवं शब्द रूपों का ज्ञान , संस्कृत में तीनों पुरुषों का महत्व व प्रयोग । हिंदी तथा संस्कृत भाषा के तुलनात्मक अध्ययन द्वारा भाषा ज्ञान में वृद्धि ।	<b>श्लोकोच्चारण-</b>  10) त्वमेव माता च पिता त्वमेव, त्वमेव बन्धुश्च सखा त्वमेव।  त्वमेव विद्या द्रविणं त्वमेव, त्वमेव सर्वं मम देव-देव ॥  हे ईश्वर तुम ही मेरी माता हो और तुम ही मेरे पिता हो, तुम ही मेरे भाई हो और तुम ही मेरे मित्र हो। तुम ही विद्या हो, तुम ही धन हो, हे देवों के देव! तुम ही, मेरे सब कुछ हो।  11) अभिवादनशीलस्य नित्यं वृद्धोपसेविनः। चत्वारि तस्य वर्धन्ते आयुर्धर्मो यशो बलम्  अर्थात् : जो सदा नम्र, सुशील, विद्वान् और वृद्धों की सेवा करता है उसकी आयु, विद्या, कृति और बल इन चारों में वृद्धि होती  किन्हीं पाँच अव्यय शब्दों को संस्कृत वाक्यों में प्रयोग कीजिए ।
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नवंबर	पाठ-11 संख्या बोधः	संख्याज्ञानं (1 से 20 तक संस्कृत में ) <b>पशुओं के नाम व पक्षियों के नाम संस्कृत में</b> (मौखिक एवं लिखित अभ्यास )	‘संस्कृत में संख्याओं का परिचय एवं ज्ञान	<p>कला एकीकरण -पाँच पशुओं और पक्षियों के नाम संस्कृत में लिखकर उनका वर्ण विच्छेद करें और उनके चित्र भी चिपकाएँ।</p> <p><a href="https://youtu.be/31QC7CHyDI0">https://youtu.be/31QC7CHyDI0</a></p> <p><a href="https://youtu.be/a8XbD-rSoxY">https://youtu.be/a8XbD-rSoxY</a></p> <p><b>श्लोकोच्चारण-</b></p> <p>12) उद्यमेन हि सिध्यन्ति कार्याणि न मनोरथैः ।</p> <p>न हि सुप्तस्य सिंहस्य प्रविशन्ति मुखे मृगाः॥</p> <p>अर्थात् : कोई भी काम कड़ी मेहनत के बिना पूरा नहीं किया जा सकता है सिर्फ सोचने भर से कार्य नहीं होते हैं, उनके लिए प्रयत्न भी करना पड़ता है। कभी भी सोते हुए शेर के मुँह में हिरण खुद नहीं आ जाता उसे शिकार करना पड़ता है।</p> <p>13) हस्तस्य भूषणम दानम, सत्यं कंठस्य भूषणं।</p> <p>श्रोतस्य भूषणं शास्त्रम,भूषणैः किं प्रयोजनम॥</p> <p>अर्थात् : हाथ का आभूषण दान है, गले का आभूषण सत्य है और कान की शोभा शास्त्र सुनने में हैं तो अन्य आभूषणों की क्या आवश्यकता है।</p>
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दिसंबर	पाठ-12 मम विद्यालय:	वार्तालाप चार वाक्यों में लिखकर लाएँ ।  शब्द रूप -फल (नपुंसकलिंग)  चक्र -3 वाचन कौशल  (श्लोक उच्चारण एवं अर्थ )	संस्कृत भाषा में मूल वाक्यों को लिखना तथा बोलना । सुबह की सैर की महत्ता तथा स्वास्थ्य लाभ।	संस्कृत भाषा में वार्तालाप (मौखिक अभ्यास )  श्लोकोच्चारण-14) नमन्ति फलिनो वृक्षाः,नमन्ति गुणिनो जनाः।  शुष्कवृक्षाश्च मूर्खाश्च न नमन्ति कदाचन॥  अर्थात् : फल से भरा हुआ वृक्ष हमेशा धरती को नमन करता है अर्थात् वह फल लगने के बाद भी पकड़ता नहीं सदैव झुका रहता है, ठीक उसी तरह गुणी मनुष्य भी सभी के साथ नम्रता से व्यवहार करता है। किन्तु मुख मनुष्य सुखी लकड़ी की तरह होता है ( जैसे सुखी लकड़ी झुक नहीं सकती वह अक्कड़ी रहती है ) जो किसी के आगे नहीं झुकती मुख मनुष्य भी वैसे होते हैं, ऐसे मुख मनुष्यो से हमेशा दूर रहना चाहिये।  15) कर्मण्येवाधिकारस्ते मा फलेषु कदाचन।  मा कर्मफलहेतुर्भूर्मा ते सङ्गोऽस्त्वकर्मणि॥  हिंदी अनुवाद: कर्म पर ही तुम्हारा अधिकार है, लेकिन कर्म के फलों में कभी नहीं... इसलिए कर्म को फल के लिए मत करो और न ही काम करने में तुम्हारी आसक्ति हो।



जनवरी	श्लोकाः परिशिष्ट	छात्र कक्षा में संस्कृत में श्लोक उच्चारण करेंगे ।  पठ धातु लृट् लकार में  गम् धातु लृट् लकार में         चक्र -4 वाचन कौशल – स्वपरिचय संस्कृत में	संस्कृत से हिंदी तथा हिंदी से संस्कृत भाषा में अनुवाद करने का अभ्यास करेंगे ।  श्लोकों का अर्थ सहित ज्ञान	संगीत एकीकरण गतिविधि श्लोक उच्चारण , अर्थ तथा भाषा का विकास ।  हस्ती हस्ती - <a href="https://www.sanskrittutorial.in/video_preview?tutorial=303434373237383839373832">https://www.sanskrittutorial.in/video_preview?tutorial=303434373237383839373832</a>  एकम् एकम् आगच्छ - <a href="https://www.sanskrittutorial.in/video_preview?tutorial=3639343834323939313931">https://www.sanskrittutorial.in/video_preview?tutorial=3639343834323939313931</a>
फरवरी/ मार्च	पुनरावृत्ति	छात्र अपठित अनुच्छेद का अभ्यास करेंगे ।  संकलित कार्यपत्रिका  संस्कृत में अनुवाद	अनुवाद द्वारा भाषा लेखन के सही प्रारूप का ज्ञान ।	

# MATHEMATICS

## TEXT BOOKS:

1. Mathematics (Text book cum workbook) CES (Child Education Society)
2. Shin Book

MONTH	CONTENT	PROJECT/ACTIVITY/ EXPERIMENT	LEARNING OUTCOME/ SKILL DEVELOPMENT	INTEGRATED WITH SCHOLASTIC OR NON- SCHOLASTIC
APRIL	<p><b>Ch: 1 – Numbers Around Us</b></p> <p>Indian and International place value system, Comparing Numbers, Place value, Role of place value in addition, subtraction and multiplication algorithm</p> <p><b>Ch: 3 – Playing with numbers</b></p> <p>Four fundamental operations i.e., (Addition, Subtraction, Multiplication and Division)</p>	<p><b>Math's Kit</b> – Number Cards</p> <p><b>MLA: 1</b></p> <p>Formation of large numbers using number cards.</p>	<p>Learner will be able to</p> <ul style="list-style-type: none"> <li>Count, read, write, make a sequence and round off the numbers.</li> <li>Perform four basic arithmetic operations on numbers beyond 1000 by understanding of place value of numbers.</li> <li>use vocabulary related to numbers.</li> </ul> <p><a href="https://www.youtube.com/watch?v=DVjJ3haSx7Y">https://www.youtube.com/watch?v=DVjJ3haSx7Y</a></p>	<p><b>Activity:</b> Collect the data involving large numbers (like India's GDP, land boundaries, population of world)</p> <p><b>Making Place value chart Using MS-WORD (integrating with ICT)</b></p>
MAY	<p><b>Ch: 3 – Playing with numbers (Cont.)</b></p> <p>Estimation of sum, difference, product and quotient.</p>	<p><b>Math's Kit</b> – Number &amp; Operations cards</p>	<p>Learner will be able to</p>	<p>DragonLearn Modules: Numbers</p>

		Khan Academy Module: Decimal Place Value.	<ul style="list-style-type: none"> <li>estimate sum, difference, product and quotient of numbers. Learners will be able to understand the difference between a factor and a multiple.</li> </ul> <a href="https://diksha.gov.in/resources/play/collection/do_313002932795064320190?contentType=TextBook">https://diksha.gov.in/resources/play/collection/do_313002932795064320190?contentType=TextBook</a>	
<b>INTEGRATED SUMMER HOLIDAY HOMEWORK</b>				
JULY	<p><b>Ch:2 – Shapes and figures</b> Line, line segment and ray Collinear and non-collinear points</p> <p><b>Ch:6 – Measuring surfaces</b> Area of irregular shapes Perimeter and area of square, rectangle and triangle</p> <p><b>Ch:4 – Turns and Corners</b></p>	<p>Khan Academy Module: Properties of Shapes.</p> <p>Comic : <a href="https://diksha.gov.in/resources/play/content/do_3130588949152071681453">https://diksha.gov.in/resources/play/content/do_3130588949152071681453</a></p>	<p>Learner will be able to</p> <ul style="list-style-type: none"> <li>identify 2D and 3D shapes which have rotational and reflection symmetry.</li> <li>Make a net of cube, cuboid, cylinder, cone, pyramids and prisms.</li> <li>Learners will be able to find the area and perimeter of irregular figures using grid paper.</li> <li>Frame, ask and solve thoughtful problems.</li> </ul> <a href="https://diksha.gov.in/resources/play/collection/do_31298133882480230412">https://diksha.gov.in/resources/play/collection/do_31298133882480230412</a>	<p><b>Integrated Activity:</b> Find land area of different types of Soil in India. Also calculate the area of land used for different types of crops.</p> <p><b>SPORTS INTEGRATION</b> Physical Exercise on different angles.</p>

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	<p>Definition acute, obtuse, right, straight, reflex and complete angles. Constructions of angles with protactor.</p>	<p>Making a paper Protractor using a thick A4 sheet and identify the angles</p>	<p>Classify angles into right , acute, obtuse and represent the same by drawing and tracing.</p> <ul style="list-style-type: none"> <li>Identifies 2D shapes from the immediate environment that have rotation and reflection symmetry like alphabet and shapes.</li> </ul> <p><a href="https://diksha.gov.in/resources/play/collection/do_313002932795064320190?contentType=TextBook">https://diksha.gov.in/resources/play/collection/do_313002932795064320190?contentType=TextBook</a></p> <p><a href="https://diksha.gov.in/resources/play/collection/do_312981338824802304120?contentType=TextBook">https://diksha.gov.in/resources/play/collection/do_312981338824802304120?contentType=TextBook</a></p>	
AUGUST	<p><b>Ch:5 – Multiples and Factors</b> Multiples and factors Properties of multiples and factors Prime factorization, HCF and LCM</p>	<p><b>MLA: 3</b> Make 6 different Hexominoes on a graph sheet and find their Area and Perimeter.</p>	<ul style="list-style-type: none"> <li>Prime factorization of a number. They will determine the HCF and LCM of the number.</li> </ul>	<p>BRICS Math's: Online Mathematics Olympiad.</p>

	Divisibility rules	Rolling 3 dice simultaneously to explain divisibility rules of 2, 3, 4, 5, 6, 9 and 10.	<ul style="list-style-type: none"> <li>Learners will be able to find the divisibility of numbers without actually dividing the numbers by using divisibility rules.</li> </ul> <a href="https://diksha.gov.in/resources/play/collection/do_312981338824802304120?contentType=TextBook">https://diksha.gov.in/resources/play/collection/do_312981338824802304120?contentType=TextBook</a>	<b>Prime and composite numbers from 1 to 100 using bindis through sieve of eratosthenes.</b>
SEPTEMBER	<b>Ch:7 – Whole and parts</b> Equivalent fractions, comparison of fractions, addition, subtractions and multiplication of fractions.	<b>Math's Kit – Fractions Kit.</b>  <b>MLA: 4</b> To show the comparison between like fractions by paper folding using identical rectangular strips of paper.  Making a fraction wall using thick strips of paper.	Learner will be able to find the number corresponding to part of collections.  <a href="https://diksha.gov.in/resources/play/collection/do_313002932795064320190?contentType=TextBook">https://diksha.gov.in/resources/play/collection/do_313002932795064320190?contentType=TextBook</a>  Identifies and forms equivalent fractions of a given fraction.  Will be able to apply mathematical operations on fractions. Use their knowledge of fractions to solve everyday problem.	Dragonlearn Modules: Fractions

OCTOBER	<p><b>Ch:8 – Decimal fractions</b> Relate decimals and fractions, equivalent decimals and comparison of decimals</p> <p><b>Ch:10 – Operations with decimals</b> Addition and subtractions of decimals</p>	<p><b>MLA: 4</b> To Represent Given Decimal Numbers on 10x10 Grid</p> <p>Using Rs.1, 2, 5, 10 and 20 and convert into decimals.</p>	<p>Learner will be able to identify the whole number and fractional parts of a decimal.</p> <p>expresses a given fraction <math>\frac{1}{2}</math>, <math>\frac{1}{4}</math>, <math>\frac{1}{5}</math> in decimal notation and vice-versa.</p> <p>Convert fractions into decimals and vice versa.</p> <p><a href="https://diksha.gov.in/resources/play/collection/document/312981338824802304120?contentType=TextBook">https://diksha.gov.in/resources/play/collection/document/312981338824802304120?contentType=TextBook</a></p>	<p><b>Integrated Activity:</b> Collect the data for magnitude of earthquake last ten years in India. Convert the collected decimal data(magnitude) in fractions. Dragon learn Modules: Decimal Fractions</p>
NOVEMBER	<p><b>Ch:9 – Symmetry</b> Pattern in numbers, Lines of symmetry, tessellations, Rotational symmetry, symmetry in 3D shapes</p>	<p><b>Math's Kit – Tangram</b> <b>MLA: 4</b> To find lines of symmetry in a square, rectangle and circle.</p> <p>To draw the remaining half part of the various figures through line of symmetry.</p>	<p>Learner will be able to identify symmetrical figures.</p> <p>Will be able to appreciate the symmetry present in the nature and around us for e.g.in monuments Taj Mahal, Jantar Mantar.</p> <p><a href="https://diksha.gov.in/resources/play/collection/document/312981338824802304120?contentType=TextBook">https://diksha.gov.in/resources/play/collection/document/312981338824802304120?contentType=TextBook</a></p>	<p><b>Art Integration: Making tessellation patterns</b></p> <p><b>integration with dance</b></p> <p><b>Exploring symmetry through Dance.</b></p>

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DECEMBER	<b>Ch:12 – Data handling</b> Collection of one dimensional and two dimensional data, tabular representation of data, bar graph & pie chart.	Using different colour cubical blocks to make a bar graph. <a href="https://diksha.gov.in/resources/play/content/do_3129719915569725441831">https://diksha.gov.in/resources/play/content/do_3129719915569725441831</a>	Learner will be able to <ul style="list-style-type: none"> <li>collect data related to various daily life situations.</li> <li>interpret meaningfully the information depicted through pictures, bar charts, and circle graph</li> </ul>	<b>Integrated Activity:</b> Draw the Pie-chart (Circle graph) of factors responsible for air, water and land pollution.  Dragonlearn Modules: Data handling
JANUARY	<b>Ch:11 – Measurement</b> Measurement of length, mass, capacity, time & temperature Unit conversions	<b>Math's Kit – Weighing balance and measuring tape.</b>  Write the name of 10 cities you have visited and their temperatures and then compare the weather. Khan Academy Module: Converting Units Of Measure.	Learner will be able to state various units of length, mass and capacity and their relationship among its various units. <ul style="list-style-type: none"> <li>Relate different commonly used larger and smaller units of measurement.</li> </ul> <a href="https://diksha.gov.in/resources/play/content/do_3128714460974448641_1612">https://diksha.gov.in/resources/play/content/do_3128714460974448641_1612</a>	<b>INTEGRATION WITH MUSIC</b>  <b>Song on Measurement</b>

FEBRUARY	<b>Ch:11 – Measurement (contd.)</b>	<b>Math's Kit – Measuring cylinder</b>  Measuring cup for explaining capacity.	Learner will be able to • Estimate the volume of solids.  • will be able to understand volume as an attribute of solid figures and learn to find the capacity of 3D figures.	Dragon learn Modules: Measurement
MARCH	REVISION SUMMATIVE ASSESSMENT			

Reference Books:

1. Mathematic in everyday life by Cordova Publication.
2. Maths Made Easy by Pinnacle India.

Reference Books for Aryabhatta Exam.

1. Maths Olympiad by Singapore Publishing.
2. Essential of Mathematics Practice Book Class-V Amit Prakashans



**SUBJECT: SCIENCE**

**Book: Living Science for Class V – Ratna Sagar**

MONTH	CONTENT	PROJECT/ACTIVITY/EXPERIMENT	LEARNING OUTCOME/ SKILL DEVELOPMENT	INTEGRATED WITH SCHOLASTIC OR NON- SCHOLASTIC
APRIL	<p><b>Ch-1: Plants: Increasing the Numbers</b></p> <ul style="list-style-type: none"> <li>- Need and importance of plants</li> <li>- Parts of a seed - Germination and dispersal of seeds</li> <li>- Growing plants from parts other than seeds</li> <li>- Crops &amp; Vegetables</li> </ul> <p><b>Ch-2: Food and Health -</b></p> <ul style="list-style-type: none"> <li>Balanced diet</li> <li>- Communicable and noncommunicable diseases and their preventive measures</li> </ul>	<p><b>Experiment- Stages in germination. Take some gram seeds in water and observe the tiny seedlings growing out of each seed. - Experiment- Conditions required for germination of seeds. Take some dry gram seeds in four plates and keep them under different conditions. Record your findings in the activity file.</b></p> <p><a href="https://diksha.gov.in/resources/play/content/do_3128826254753136641134">https://diksha.gov.in/resources/play/content/do_3128826254753136641134</a> (Importance of Roots)</p> <p><a href="https://www.youtube.com/watch?v=IyBrcRrLVBo">https://www.youtube.com/watch?v=IyBrcRrLVBo</a></p> <p><b>Activity- Prepare a weekly balanced meal for yourself and mention the nutrients it contains with their importance.</b></p>	<p><b>The learner will</b></p> <ul style="list-style-type: none"> <li>● find out the conditions necessary for germination.</li> <li>● learn various stages of germination.</li> <li>● about the various ways of dispersal of seeds.</li> <li>● about the preparation of crops for consumption.</li> </ul> <ul style="list-style-type: none"> <li>● understand the importance of a balanced diet.</li> <li>● suggest ways for health and hygiene</li> </ul>	<p>Students will read and try to understand the graphic novel: <a href="#">SEEDS AND SEEDS</a></p> <p><a href="#">क्या क्या खाते हम</a></p> <p>-Students will read about the diversity of meals across India. -Students read their vaccination card to know about different vaccines, related diseases and other information</p>
MAY	<p><b>Ch-3: Safety and First Aid</b></p> <ul style="list-style-type: none"> <li>- First aid</li> <li>- Road signs</li> </ul>	<ul style="list-style-type: none"> <li>-Make a first aid kit for yourself.</li> <li>-Make an emergency number directory by finding out the number of your nearest police station, fire station, doctor and chemist.</li> </ul> <p><a href="https://nroer.gov.in/55ab34ff81fccb4f1d806025/file/5d23054c16b51c01732f7df5">https://nroer.gov.in/55ab34ff81fccb4f1d806025/file/5d23054c16b51c01732f7df5</a></p>	<p><b>The learner will</b></p> <ul style="list-style-type: none"> <li>●understand the importance of first aid.</li> <li>●understand and identify road signs.</li> <li>●learn to handle emergencies in daily life.</li> </ul>	<p><b>Activity:</b></p> <p>-List any five home remedies useful for natural cures in India (linked with Life Skills).</p> <p>- Design appropriate slogans for public awareness on dos and don'ts during Coronavirus outbreak.</p>

		-Project Research about the types of fire extinguishers and their uses.		
<b>INTEGRATED PROJECT FOR SUMMER VACATIONS ON THEME</b>				
<b>JULY</b>	<p><b>Ch-4: Houses All Around</b></p> <ul style="list-style-type: none"> <li>-Types of houses</li> <li>-Factors determining the types of house</li> <li>-Features of a good house</li> </ul> <p><b>Ch-5: Solids, Liquids and Gases</b></p> <ul style="list-style-type: none"> <li>-Properties of different states of matter</li> <li>-Expansion and compression</li> <li>-Solubility of solids and effect of temperature</li> <li>-Transparent, Translucent and Opaque (classification)</li> <li>-Physical &amp; chemical changes</li> </ul>	<p><b>Activity</b></p> <p>Create a mindmap (or e-scrapbook) by collecting the pictures of different types of houses in different places in India</p> <p><a href="#">Kutchha &amp; Pucca Houses</a>  <a href="#">Graphic Novel: The Best House of All</a></p> <p><b>Experiment-</b> To check if two liquids are miscible or not.  <a href="#">Matter &amp; its States</a></p> <p><b>Activity-</b> To study the change in solubility due to change in temperature  <a href="#">What dissolved? What did not ? (Solubility Experiment)</a></p>	<p><b>The learner will</b></p> <ul style="list-style-type: none"> <li>● Establish the linkage among climate resources and type of house.</li> <li>● Know points to be kept in mind before, during and after the construction of a house.</li> </ul> <p><b>The learner will</b></p> <ul style="list-style-type: none"> <li>● Differentiate between solids, liquids and gases.</li> <li>● Distinguish between physical and chemical changes.</li> <li>● Observe the relation between solubility and temperature.</li> </ul>	<p><b>Activity:</b></p> <ul style="list-style-type: none"> <li>-Create a table stating different properties of various kinds of houses using MS Excel. (Linked with ICT)</li> <li>-Draw a floor plan of your house (linked with Maths).</li> </ul> <p>Activity:</p> <ul style="list-style-type: none"> <li>-Page – 50 of the textbook (linked with Maths).</li> <li>-Write 5 idioms related to metals (linked with Hindi). - Prepare a write-up on the future without coal (Coal Energy Crisis: linked with Eng./Hindi).</li> <li>-Write units of measurement used for measuring different states of matter (linked with Maths).</li> </ul>
<b>AUGUST</b>	<p><b>Ch-6: Soil Erosion and Conservation</b></p> <ul style="list-style-type: none"> <li>-Soil erosion</li> <li>-Soil conservation</li> </ul> <p><b>Ch-7: Rocks and Minerals</b></p> <ul style="list-style-type: none"> <li>-Different kinds of rocks -</li> </ul>	<p><a href="#">Weathering, Erosion and Deposition</a></p> <p><b>Comparative study of soil erosion in the following conditions- with plantation and without plantation.</b></p> <p><b>Collect the information about the kind of rocks that have been used in different</b></p>	<p>-Understand the process of weathering and soil formation</p> <p>- Identify factors that cause soil erosion and realize the harmful effects of soil erosion.</p> <p>- Recognize steps that can be taken to prevent soil erosion.</p> <p>Understand the use of natural resources and its conservation.</p>	<p>On a map of India depict the different kinds of soil found in different parts of India (linked with SST).</p>

	Minerals and their uses.	<b>rock sculptures and monuments in India and around the world and create a collage (e-collage).</b>		
<b>SEPTEMBER</b>	<p><b>Ch-8: Animals Everywhere</b>            -Different ways in which animals breathe -Feeding habits of animals            -Types of movements in animals</p> <p><b>Ch-14: Natural Disasters</b>            -Types of natural disasters            -Seismograph            -Ill effects of tidal waves/tsunamis and droughts.</p>	<p><u><a href="#">How does one breathe underwater ?</a></u></p> <p><b>In a group, deliver a presentation on special features and adaptations of animals.</b></p> <p><b>The students will create awareness infographics on how to stay prepared for natural disasters (like earthquakes, floods etc.)</b>  <u><a href="#">Seismograph</a></u></p>	<p><b>The learner will</b></p> <ul style="list-style-type: none"> <li>● Explain the unusual features of animals and appreciate the amazing phenomenon of migration.</li> </ul> <p><b>The learner will</b></p> <ul style="list-style-type: none"> <li>● Enlist, identify &amp; describe different types of disasters.</li> </ul>	<p><b>Activity:</b>            -Describe characteristics of any one animal in four or five lines (linked with Sanskrit)</p> <p>- Dance enacting different animals</p> <p><b>Activity:</b>  <b>-Song on Disaster Preparedness (Linked with Music)</b>  <b>-Page 132 of textbook (Read and underline adjectives: linked with English).</b></p>
<b>OCTOBER</b>	<p><b>Ch-9: Our Skeletal System</b>            -Organ system            -The skeleton            -Joints, muscles and movements</p> <p><b>Ch-10: Our Nervous System</b>            -The brain            -The spinal cord            -Nerves            -Sense organs</p>	<p><b>-Visit the Biology Lab in school and find out the skeletal system.</b>  <b>-Explore ways to be included in our lifestyle to keep our bones and muscles strong.</b></p> <p><u><a href="#">Reflex Action PPT</a></u></p>	<ul style="list-style-type: none"> <li>● Recognize the different kinds of bones and joints and learn about their functions.</li> <li>● Realize the importance of well-developed muscles.</li> </ul> <p>The learner will</p> <ul style="list-style-type: none"> <li>● Learn the functions that our brain performs.</li> <li>● Understand the need to take care of our sense organs.</li> </ul>	<p><b>-Practice some joint and muscle strengthening exercises (linked with Yoga).</b></p> <p><b>-Create a Limerick on how to take care of our sense organs (linked with English).</b></p>
<b>NOVEMBER</b>	<p><b>Ch-11: Force and Energy</b>            -Force and its types -Simple Machines -Energy and its</p>	<p><b>-Make a fulcrum. (Page-106 of textbook).</b>  <u><a href="#">Sources of Energy: Work &amp; Energy (DIKSHA Portal)</a></u></p>	<ul style="list-style-type: none"> <li>● Learn about the different types of forces and energy.</li> <li>● Identify the type of simple</li> </ul>	<p><b>-Perform an activity to show that the screw is a modified form of an inclined plane</b></p>

	<p>forms</p> <p><b>Ch-15: Changes in Our Environment</b></p> <ul style="list-style-type: none"> <li>-Greenhouse gases</li> <li>-Global warming</li> <li>-Pollution</li> </ul>	<p>-List the activities which you see in your daily life involving Reduce, Reuse and Recycle or anything related to saving the environment.</p>	<p>machines commonly used.</p> <ul style="list-style-type: none"> <li>• Understand the meaning of the greenhouse effect, its importance and related issues.</li> <li>• Become aware about the various types of pollution and ways to combat</li> </ul>	<p><b>using paper crafts. (Art Integration)</b></p> <p><b>A skit/mono acting on “Save Ozone” (linked with Theatre).</b></p> <p><b>Art Integration: Make a” best out of waste” project and decorate it. Theme: Save Environment/Green Environment</b></p>
<b>DECEMBER</b>	<p><b>Ch-12: Our Life Supports</b></p> <ul style="list-style-type: none"> <li>-Atmosphere</li> <li>-Air</li> <li>-Water</li> </ul>	<p>To verify the properties of air</p> <ul style="list-style-type: none"> <li>- air has weight</li> <li>-air takes up space</li> <li>- air exerts pressure</li> </ul> <p><a href="#">Earth &amp; its Living World</a></p>	<p><b>The learner will</b></p> <ul style="list-style-type: none"> <li>• Know the composition and properties of air.</li> <li>• Know the various stages involved in purification of drinking water</li> </ul>	<p><b>Activity: -Rendition of the famous song, “Ganga Tum Behti Ho Kyun” sung by Bhupen Hazarika (linked with Music).</b></p> <p><a href="https://www.youtube.com/watch?v=nhwLyI7Nq1g">https://www.youtube.com/watch?v=nhwLyI7Nq1g</a></p>
<b>INTEGRATED PROJECT FOR WINTER VACATIONS ON THEME</b>				
<b>JANUARY</b>	<p><b>Ch-13: Our Earth’s Natural Satellite</b></p> <ul style="list-style-type: none"> <li>-Moon</li> <li>-Eclipses of the sun and moon</li> <li>-Artificial satellites</li> </ul>	<p><b>Prepare a space quiz.</b></p> <p><a href="#">Motions of the Earth</a></p> <p><a href="#">The Sun, the Moon and the Earth</a></p>	<p><b>The learner will</b></p> <ul style="list-style-type: none"> <li>-Distinguish between solar and lunar eclipses.</li> <li>-Know the purpose of sending artificial satellites into space and India’s contribution to space research.</li> </ul>	<p><b>(INTEGRATED WITH ICT)</b></p> <p><b>Activity: Students will create a flow chart of phases of the moon using Glyphy</b></p> <p><a href="https://www.gliffy.com/">https://www.gliffy.com/</a></p>
<b>FEBRUARY</b>	<b>REVISION</b>			

## **SUBJECT: SOCIAL SCIENCE**

**Book:** My Big Book of Social Studies (Part-1).  
My Big Book of Social Studies (Part-2)

MONTH	CONTENT	PROJECT/ACTIVITY/EXPERIMENT	LEARNING OUTCOME/ SKILL DEVELOPMENT	INTEGRATED WITH SCHOLASTIC OR NON- SCHOLASTIC
April	L-1 Know your Planet L-2 Parallels and Meridians	<p>On a world map mark:</p> <ul style="list-style-type: none"> <li>the continents and oceans</li> </ul> <p><a href="https://diksha.gov.in/play/collection/do_31322254782491852_815479?contentId=do_31322166971753267212427">https://diksha.gov.in/play/collection/do_31322254782491852_815479?contentId=do_31322166971753267212427</a></p> <p><b>- News reading – India and World news.</b></p> <p>- Make a globe from paper mache. - Draw a globe and show the important parallel lines with its degrees.</p> <p><a href="https://diksha.gov.in/resources/play/content/do_31257982068522188829531">https://diksha.gov.in/resources/play/content/do_31257982068522188829531</a> Using Extra marks Hots and activities for recapitulation.</p>	<p>The learner:</p> <ul style="list-style-type: none"> <li>*can locate continents and oceans on a world map.</li> <li>*students can explain Rotation and Revolution of Earth and reasons for the occurring of seasons.</li> </ul>	<p><b><u>Class Activity:</u></b></p> <ul style="list-style-type: none"> <li>Write the names of two countries through which the following parallels pass: <ul style="list-style-type: none"> <li>Equator,</li> <li>Tropic of Cancer,</li> <li>Tropic of Capricorn</li> <li>Arctic Circle.</li> <li>Antarctic Circle</li> </ul> </li> </ul> <p>Perform above activity and record the observations in the form of table/ sketch/ bar graph etc. interpret and present their findings.</p>
May	L-3 Movements of Earth	<p>Group activity on showing day and night changes.</p> <p><a href="https://diksha.gov.in/play/collection/do_31322254767819980813928?contentId=do_31322166965329100812354">https://diksha.gov.in/play/collection/do_31322254767819980813928?contentId=do_31322166965329100812354</a></p>	<p>Can demonstrate:</p> <ul style="list-style-type: none"> <li>Rotation</li> <li>Revolution</li> </ul>	
<b>INTEGRATED PROJECT FOR SUMMER VACATIONS ON THEME</b>				
July	L-4 Major Landforms L-5 Weather and Climate L-6 The Land of Dense Forests	<p>Watch videos on different types of landforms and the variety of life forms found in such places, different institutions which cater to the need of societies, behaviour of animals, Living standard of people, water scarcity, etc. followed by meaningful discussions and debates on occupations that derive</p>	<p>*Students will be able to locate and understand the physical features such as mountains, plateaus, plains rivers, deserts on the world map.</p> <p>Integration with Dance: students will learn a</p>	<ul style="list-style-type: none"> <li>traces the changes in practices, customs, techniques of past and present through coins, paintings, monuments, museum etc. and interacting with elders. (e.g. cultivation, conservation, festivals, clothes, transport, materials/tools, occupation</li> </ul>

		<p>from the peculiar geographical characteristics of different regions</p> <p><b>EXPERIENTIAL LEARNING:</b> Video on volcanoes and their formations. <a href="https://www.youtube.com/watch?v=Hxbeh-nNZ0">https://www.youtube.com/watch?v=Hxbeh-nNZ0</a></p> <p>Virtual Tour /Visit petrol pumps, nature centres, science parks, water treatment plant, bank, health centre, wildlife sanctuaries, cooperative, monument, museum etc. and if possible to far off places with different landforms, lifestyles and livelihoods, etc. to observe and interact with people living there and share experiences in different ways.</p> <p>Important Mountains- use brown colour glitter</p> <p>Plateaus- using stones Deserts – using sand. Rivers in the world – using blue thread.</p> <p>On the Political map of the world mark Africa, the Democratic republic of Congo and its important cities.</p> <p><b>Integration with Music: Inspirational Song – Sing for the climate (Belgium – final clip).</b></p>	<p>dance form unchanging of seasons.</p> <p>*Students will be able to locate distribution and extent of different climatic regions on the globe or world map.</p> <p>Students will be able to recognize and define equatorial regions and its importance.</p>	<p>buildings/houses, practices like cooking, eating, working</p> <p>Find the names of the capitals of the countries that surround the DRC.</p> <p><b><u>Changes in weather:</u></b> A declamation followed by a written paragraph on how climate is changing with the passing years.</p>
August	L-7 The Land of Snow L-8 The Land of Sand	<p>On the world map mark Greenland and its capital.</p> <p>Freehand drawing on a map in the Notebooks.</p> <p>On the world map mark Saudi Arabia and its important cities.</p>	<p>Students can understand the various aspects of land location, climate, vegetation, wildlife, economic resources, cities of Greenland.</p> <p>Students can learn about Saudi Arabia as a land of sand. Also,</p>	<p>Find out why Greenland is often called the ‘Land of the Midnight Sun’.</p> <p><b><u>Class Activity</u></b> Draw a desert animal. Write a few lines on its special</p>

		<p>Draw a map in the Notebooks.</p> <p>Using Extra marks Hots and activities for recapitulation.</p>	<p>they understand about the petroleum and its by products</p>	<p>physical features which allow it to survive in the desert.</p> <p><b><u>Essay - Independence day celebrating India's 73<sup>rd</sup> years of freedom.</u></b></p>
September	L-9 The Treeless Grassland	<p>On the world map label the major temperate grass lands of the world</p> <p>Theatre in education – Ch10. <b><u>Declamation – pro and cons on new government policy to control population.</u></b></p> <p>On a chart, write the ways in which wastage can be reduced.</p>	<p>Students will be able to locate and identify the grasslands on the world map</p> <p>Yoga poses will be practiced to keep fit even in worse environmental conditions .</p>	<p><b>Project-</b> Collect photographs of some animals found in the Prairies. Paste them on A2 sheets. Also, write their names.</p> <p><b>Discussion on</b> ways to keep our environment clean and green.</p>
	L-10 Environmental Pollution L-11 E for Environment	<p><a href="https://diksha.gov.in/play/content/do_31310770709834956812547">https://diksha.gov.in/play/content/do_31310770709834956812547</a></p>	<p>Students will be able to analyse factors contributing to pollution in their surroundings and list measures to prevent it which makes them aware about the importance of healthy environment.</p> <p>● Integration with Music:</p> <p>Students will be prepared on a song related to saving our environment.</p>	

October	L-12 Natural Disasters	<p>On the map of India mark the following: ● flood, drought, cyclone and tsunami prone areas.</p> <p>Diksha portal comic when the earth shook Dance -&gt; Five elements theme (earth, air and water) by Prasad dance academy</p>	<p>*It prepares the students and explains preventive actions to be undertaken in the event of disasters e.g. earthquake, floods, droughts, etc.</p> <p>* reflects on the factors leading to disasters and calamities.</p>	<p>In your atlas, look at the world map showing the areas where earthquakes and volcanic eruptions occur frequently.</p> <p>Natural Disaster – <a href="http://factmonster.com/world/natural-disaster">factmonster.com/world/natural-disaster</a>.</p>
	L-13 Let Us Meet	Using Extra marks Hots and activities for recapitulation.	Students understand the achievements of famous people in the fields of Science, literature, sports and politics.	
November	<p>L-14 The World from 1914-1945</p> <p>L-15 Towards Freedom</p>	<p>Read a book by – Anne Frank “the diary of a young girl”.</p> <p><a href="https://diksha.gov.in/play/content/do_3131092777687859201516">https://diksha.gov.in/play/content/do_3131092777687859201516</a></p> <p><b><u>Online quiz-&gt; World war I and II.</u></b> On an outline map of India locate the places where the revolt of 1857.</p>	<p>Students will learn about the world events from 1914 to 1945 and study the impact of these world events on world history.</p> <p>They also analyse the situations in world war I and world war II.</p> <p><b>Integration with IT: Students will prepare a ppt on the difference in approach of the first and second world war</b></p> <p>Students will be able to explain how the English East India</p>	<p><u>Project- what Hitler wanted? watch a movie from the following link and write in 300 lines about your take on his achievements.</u></p> <p><a href="https://youtu.be/sRcNq4OYTtE">https://youtu.be/sRcNq4OYTtE</a></p> <p><u>Activity:</u> Divide the class into five groups. Each group will speak about the following famous personalities (Raja RamMohun Roy, Tania Tope, Ishwar Chandra Vidyasagar, Debendranath Tagore and</p>



			company became the most dominant power.	Rani Lakshmi Bai). Role Play.
<b>December</b>	L-16 India wins Freedom	Find out information about the Dandi March, Non-Cooperation Movement and Civil Disobedience Movement.  List the advantages and disadvantages of road, rail, water and air transport.	Students will be able to outline the core of the Indian national movement from the 1870s till independence. The power of patriotism and the sense of responsibility towards the freedom that has been given as a part of heritage.	Lets understand Gandhi ji through a short documentary: <a href="https://www.gandhiheritageportal.org/video/s-on-mahatma-gandhi">https://www.gandhiheritageportal.org/video/s-on-mahatma-gandhi</a>  - Discuss in class why television and radio are more popular than newspapers and magazines.
	L-17 Transport and Communication	Using Extra marks Hots and activities for recapitulation.		<b>Integration with Art : Book Jacket-&gt; Changes in Transport Communication.</b>

### INTEGRATED PROJECT FOR WINTER VACATIONS ON THEME

<b>January</b>	L-18 Governing Ourselves  L-19 The United Nations	Find out how many times the Central Government was formed after India got independence. Also, find out who were the Prime Ministers in each government.  On the world map mark 4 permanent members of the Security council. <b><u>Essay-&gt; UN achievements.</u></b> <a href="https://diksha.gov.in/resources/play/content/do_312582121893535744213_137">https://diksha.gov.in/resources/play/content/do_312582121893535744213_137</a>	Students learn the process of forming the government.  Can differentiate between central and state government.  The Parliament and both the houses are introduced to the students which helps them to understand the process of formation of our government.  *Students will understand the objectives, importance and achievements of the UN.  Students will be working towards the sustainable development under United	Find out the following information about the state you live in- (number of seats in the Lok Sabha, Strength of the Legislative Assembly, name of the Chief Minister, name of the Governor/ Lt. Governor)  Draw and name the five agencies of the United Nations
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			Nations which will make them strive for a better world.	
<b>February</b>	COMIC STRIP- Too Young to be Married!	Group Discussion on Child Marriage and its bad effect.		
<b>March</b>	REVISION SUMMATIVE ASSESSMENT	Using Extra marks for Recapitulation		

## SUBJECT: COMPUTER SCIENCE

### TEXT BOOK:

I.T Planet -Code Bot (PMP Publishers (P) Ltd.

MONTH	CONTENT	PROJECT/ACTIVITY/EXPERIMENT	LEARNING OUTCOME/ SKILL DEVELOPMENT	INTEGRATED WITH SCHOLASTIC OR NON- SCHOLASTIC
<b>April</b>	Ch 6: Internet-Electronic Mail (E-Mail) <ul style="list-style-type: none"> <li>History of E-Mail</li> <li>Email vs Post Mail</li> <li>Email Address</li> <li>Common E-Mail Terms</li> </ul>	Write an Invitation Email to your friend for Inviting him/her for the Investiture Ceremony in School.	Students will be able to <ul style="list-style-type: none"> <li>Understand about e-mail and its programs</li> <li>Learn Common email terms</li> <li>Learn about parts of email.</li> </ul>	<b>Integrated with English</b> Letter Writing in E-mail. Write an informal letter as Alice telling her about everything experienced in Wonderland.
<b>INTEGRATED PROJECT FOR SUMMER VACATIONS ON THEME-</b>				

<b>May-July</b>	Ch 3: Word-Table and Mail Merge\ <ul style="list-style-type: none"> <li>• Creating Tables</li> <li>• Mail Merge</li> <li>• Split Cell, Merge Cell</li> </ul>	Create a table in Word to store the fee details in tabular form.	Students will be able to understand various features of Word. Insert table and text in it. Use mail merge to produce a personalized document.	
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<b>August</b>	Ch 5: Excel Introduction <ul style="list-style-type: none"> <li>• Active cell</li> <li>• Saving and creating workbook</li> <li>• Worksheets</li> <li>• Generating the series</li> </ul>	Open Excel and create the worksheet for the record on page 79	Through this unit students will get insight on fundamentals and using various formulas in Excel.	<b>Integrating with SST.</b> Create a table to compare Population in different states of India in 2020 and 2021. Use average, Sum, Min and Max formulas to analyze the result.
<b>September</b>	Ch 2: Windows Management & Half Yearly Examination Revision	-	-	-
<b>October-November</b>	Ch 7: Scratch 3 Programming <ul style="list-style-type: none"> <li>• Data Types</li> <li>• Variables</li> <li>• Mathematical Operations</li> <li>• Expressions</li> <li>• Conditional Programming</li> </ul>	Scratch project Write a script to enter the name and the age. Use if then else block to find out if he/she is eligible to vote. Page 123	Students' cognitive skills will be enhanced by using conditional statements. They will also get a better idea of coding.	<b>INTEGRATED WITH MATHS</b> Create a puzzle game in Scratch based on Fractions. Students will get to know how to use different features of Scratch window.

<b>November-December</b>	<b>Ch 4: PowerPoint Creating Presentation</b> <ul style="list-style-type: none"> <li>● Introduction</li> <li>● Using Themes and Templates</li> <li>● Changing PowerPoint views</li> <li>● Modify a background.</li> <li>● Inserting audio &amp; videos, animations</li> <li>● Adding Slide Transition</li> <li>● Side Setup , Rehearse timings</li> </ul>	Create a powerpoint presentation on Plants Page 70 Refer to link given below to learn more about powerpoint <a href="https://www.instructables.com/how%20to%20create%20powerpoint%20presentation">https://www.instructables.com/how%20to%20create%20powerpoint%20presentation</a>	Students will get to know how to create presentations on different topics using <ul style="list-style-type: none"> <li>● Animations               <ul style="list-style-type: none"> <li>● Transitions</li> <li>● Slide Show</li> <li>● Smart Art</li> <li>● Video</li> <li>● Audio</li> <li>● Recording</li> <li>● Rehearse Timings</li> <li>● Converting to PDF</li> </ul> </li> </ul>	-
<b>INTEGRATED PROJECT FOR WINTER VACATIONS ON THEME</b>				
<b>January February</b>	<b>Ch 8:Programming Basics</b> <ul style="list-style-type: none"> <li>● <b>Algorithm</b></li> <li>● <b>Flowchart</b></li> <li>● <b>Progran</b></li> <li>● <b>Computer Language</b></li> </ul>	Create a flowchart on Page 100	Understand the concept of computer programming Learn about making algorithm and flowcharts Understand about the categories of computer language	<b>INTEGRATED WITH SCIENCE Activity: Students will create a flow chart of phases of the moon using Gliphy</b> <a href="https://www.gliffy.com/">https://www.gliffy.com/</a>

#### REFERENCE BOOKS

Fun with Computers-Cordova Publications

I.T Apps- KIPS Publication

**All These reference books are available in the Junior Computer Lab**

## SUBJECT: GK

**Book:**

General Knowledge Times with Online Support (Goyal Brothers Prakashan)

### PAGES TOPICS FOR THE MONTH MONTH PAGES TOPICS FOR THE MONTH

<b>April</b>	Pg 56-57	Protection from COVID-19	<b>October</b>	Pg 42	‘Body Idioms’
	Pg 4-5	Traditional South Indian Housew		Pg 43	Similes
	Pg 6	Handicrafts of North India		Pg 44	Indian Olympic medalists 2020
	Pg 7	First Indian Woman to...		Pg 45	Extremely Adventurous
	Pg 8	Festivals and fairs		Pg 46-47	Super-heroes and Super-villais
	Pg 9	Commissioned Ranks		Pg 48-49	Sports Legends
	Pg 10-11	The Heart of India			
	Pg 12-13	On the Western Coast			
<b>May</b>	Pg 14	Top 10 Best Countries in 2020	<b>November</b>		
	Pg 15	The new seven wonders of the world		Pg 50	Music from the World
	Pg 16	Famous Monuments and Buildings		Pg 51	Astronomical Observatories in India

	Pg 17	National Emblems		Pg 52-53	Humanoid Robots Today
	Pg 18-19	Famed cathedrals		Pg 54	Animals in Space

	Pg 20	Famous Official Residences			
<b>July</b>	Pg 21	The Grand Kremlin Palace and Complex	<b>December</b>		
	Pg 22-23	Natural Wonders of the World		Pg 55	Different Sciences
	Pg 24	Environment update		Pg 58-59	Stop, Check and Go-2
	Pg 25	Land Pollution		Pg 60	I.Q. Challenge 3
	Pg 26	Enviro-Attention		Pg 61	I.Q. Challenge 4
	Pg 27	Green Crusaders		Pg 62	Quiz 2
<b>August</b>	Pg 28	Largest Fish of the World	<b>January</b>	Pg 63-64	Amazing Facts
	Pg 29	The Valley of Flowers		Pg 65-66	World Records

	Pg 30	Strange Habits, Stranger Birds		Pg 67	The 'Honest' Game
	Pg 31	Plants that Heal			
	Pg 32-33	Stop, Check and Go -1			
	Pg 34	I.Q Challenge 1-2			
<b>September</b>			<b>February</b>		
	Pg 35	I.Q Challenge 2		Pg 68-69	Say 'No' to Peer Pressure

	Pg 36	Quiz 1		Pg 70	Don't Cheat Your Friend
	Pg 37 Pg 38-39	Yoga for Kids Be a Smart Child		Pg 71-78	Current Events 2021
	Pg 40	Food Partitives			
	Pg 41	From the Classics			

## **SUBJECT: VALUE EDUCATION**

MONTH	TOPIC	INSTRUCTIONS
ROUND I	<p><b>Road Safety</b> Talk about the importance of road safety. Children will come to know about the rules and regulations that are to be followed on the road.</p> <p><b>We are born Equal</b> Talk to the students about equality in spite of their caste, creed, colour, religion.</p>	<ul style="list-style-type: none"> <li>● Students will be working in groups of 4/5 each. They will plan 2 acts which will represent the importance of road safety.</li> <li>● Students will create short jingle on importance of equality</li> </ul>
ROUND II	<p><b>Caring for Others, Empathy</b> “Idgah” by Munshi Premchand</p> <p><b>Courtesy and Good Behaviour</b> “The Prince and the Seedling” from Jataka Tales</p>	<ul style="list-style-type: none"> <li>● Class will be divided into 4 groups. Each group will get a theme: Caring for elderly, caring for animals, Caring for underprivileged &amp; Caring for neighbours and friends. Each group will make a presentation on its theme.</li> <li>● Teacher to give “I Care” badges to students who show caring and helping behaviour in class. E.g. Give “I care” badge to students who help in switching off all lights/fans when not in use/ exhibit good online class etiquette.</li> </ul>
ROUND III	<p><b>Cleanliness:</b> Talk to students about “Swachh Bharat” Campaign and their experiences</p> <p><b>Love All Beings Great or Small</b></p>	<ul style="list-style-type: none"> <li>● Students are supposed to list ways in which they help their parents to clean for Diwali.</li> <li>● Students to be given situations and they will have to answer whether the behaviour shown in the situation is “Good” or “Bad”. In case of “Bad” behaviour, students to come up with ideas of what could be better behaviour.</li> </ul>



ROUND IV	<b>Discipline &amp; Punctuality</b> Talk about the importance of being punctual with instances like if all trains / flights were late <b>Honesty</b>	<ul style="list-style-type: none"> <li>● Students will make time-tables for themselves.</li> <li>● Students will make a chart on their role model and list 5 things they learnt from him/her.</li> </ul>
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## ART AND CRAFT

### TEXTBOOKS:

1. Living Art (A Book of Art & Activity) -Srijan Education & Digital resources

MONTH	CONTENT	PROJECT/ACTIVITY/EXPERIMENT	LEARNING OUTCOME/ SKILL DEVELOPMENT
APRIL	<b>Mandala Art</b>  <a href="https://www.youtube.com/watch?v=Usmz0-tq2a4&amp;t=22s">https://www.youtube.com/watch?v=Usmz0-tq2a4&amp;t=22s</a>  <b>Penguin (Pg -3)</b> <b>Doll (Pg. - 4)</b>	Learn about the history and cultural background of Mandala. Then combine their knowledge of geometry and shapes to design your own mandalas.  Students will learn to make different types of geometric shapes and patterns.	Integrated with Mathematics and Science  <b>(SDG goal- 13-Life on Land)</b>  Integrated with Mathematics

<b>MAY</b>	<b>ILLUSTRATION</b> Make a <b>comic strip on topic the Equality</b> using the characters learnt from Hindi/English lessons.  <b>BIRD (Pg.-9)</b>  <b>FISH (Pg.-11)</b>	It will engage students in meaningful learning experiences where they get to practice key skills such as writing, reading, doodling/drawing, speaking and communicating.  Students will learn to make different types of ecological system presents in earth.	Integrated with Social science, English and Hindi  (describing the character)  <b>(SDG goal- 05- Gender Equality)</b>   Integrated with EVS
<b>JUNE</b>	<b>SUMMER HOLIDAY HOMEWORK</b>  <b>HEN (Pg.- 5)</b>  <b>FRUIT BASKET (Pg .-6)</b>  <b>PEACOCK ( Pg. -7)</b>  <b>RANGOLI DESIGN (Pg.-8)</b>	It will engage students in meaningful learning experiences where they get to practice key skills such as sketching,drawing, Pasting and colouring. Learn the art of upcycling and recycling	Integrated with Social Science  <b>(SDG goal- 12- Reduce ,Reuse and Recycle)</b>
<b>JULY</b>	<b>POSTER MAKING ON THE EDUCATION FOR ALL</b> Combine the knowledge gain from the subject and make a poster on Education for all.  <b>VULTURE (Pg.-12)</b>  <b>HORSE (Pg.-13)</b>	Attain knowledge about the social issues for all and using all the factors design a poster	Integrated Social Studies ,Science and any language.  <b>(SDG goal- 04- Quality Education)</b>
<b>AUGUST</b>	<b>INNOVATION-BEST OUT OF WASTE</b> Creating art reservoir using recycled waste Make a product using waste material. <b>FLOWER DESIGN (Pg.-18)</b> <b>FLOWER (Pg.-19)</b> <b>FLOWER POT(Pg.-28-29)</b> <b>RAKSHA BANDHAN(Pg.24-25)</b>	Learn the art of upcycling and recycling   The value of giving, caring and Relationship is taught in the activity with colouring the picture with tile effect using	Integrated with Science and Social Studies  <b>(SDG goal- 12- Responsible Consumption and Production:Reduce ,Reuse and Recycle)</b>

		pencil colour.	
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<b>SEPTEMBER</b>	<b>SKY AND BEYOND</b> Make a painting on our Solar family or wonders of sky.  <b>PARROT (Pg.-15)</b>  <b>ICE-CREAM VAN (Pg.-16-17)</b>	It would help in understanding our solar system through visual drawing	Integrated with Science and Social Studies   Integrated with EVS
<b>OCTOBER</b>	<b>COLLAGE MAKING</b> Make a Collage on <b>Peace and Process</b> using paper tearing and pasting a message  <b>AUTUMN HOLIDAY HOMEWORK HOUSE (Pg.-23)</b> <b>BUTTERFLIES(Pg.-26-27)</b> <b>WALL HANGING (Pg.-14)</b>	To make students understand and recognize the difference between Peace and war and learn how can one overcome from them.	Integrated with Social Studies and Science  <b>(SDG goal- 16- Peace ,Justice and Strong Institutions)</b>
<b>NOVEMBER</b>	<b>Traditional India Art – WARLI ART (Celebration)</b> Create traditional art using easy to understand technique.  <b>WARLI ART(Pg.-22)</b>  <b>CHERIYAL ART</b>  <b>SUNSET (Pg. 20-21)</b>	Understand different traditional Indian art forms. Develop the skills of product making	Integrated with Social Studies and Mathematics   <b>(SDG goal- 17-Partnerships for the Goals)</b>

<b>DECEMBER</b>	<b>FOLDER MAKING</b> Make a folder on Save Environment/Save Water/Green Environment- <b>Theme madhubani art</b>  <b>TRADITIONAL PAISLEY DESIGN (Pg.-35)</b>  <b>WINTER HOLIDAY HOMEWORK DANCING COUPLE(Pg.30)</b>	Understand different traditional Indian art forms. Develop the skills of product making to create awareness about the importance of clean and green environment and how one can contribute to save the planet	Integrated with English ,Social science and Science  <b>(SDG goal- 13- Climate Action)</b>
<b>JANUARY</b>	<b>DESIGN &amp; PATTERN LEAF COLLAGE (Pg.34)</b> Make Leaf collage patterns using dried leaves learnt in Mathematics  <b>FROG (Pg.33)</b>	Understanding and explaining the mathematical concepts.	Integrated with Mathematics and Science

<b>FEBRUARY</b>	<b>Traditional India Art – Kalighat art</b> (Goddess Saraswati ) Create traditional art using easy to understand technique.  <b>DOG (Pg.32)</b> <b>OWL (Pg.36-37)</b> <b>ROSE(Pg.38-39)</b>	Understand different traditional Indian art forms. Develop the skills of product making	Integrated with Social Studies,Music and Hindi
<b>MARCH</b>	<b>ANNUAL ASSESSMENT</b>		

## **SUBJECT: MUSIC**

<b>MONTH</b>	<b>CONTENT</b>	<b>PROJECT/ACTIVITY/EXPERIMENT</b>	<b>LEARNING OUTCOME/ SKILL DEVELOPMENT</b>	<b>INTEGRATED WITH SCHOLASTIC OR NON- SCHOLASTIC</b>
<b>April-May</b>	Prayer Song Sanskrit Shloka	Students will follow the tune and rhythm of the song with the help of a music teacher.	Through music developing awareness of our rich cultural heritage	Integration with English- Song on Change
<b>July</b> <b>August</b>  <b>September</b>	Saksharta Geet  Patriotic song  Guru Vandana	Students will follow the tune and rhythm of the song with help of music teacher	Considering Music as a way of celebrating Independence Day  Through music developing awareness about importance of Education	To be integrated with Science   Integration with English Class 5 for lesson- Children of India
<b>October</b>  <b>November</b>  <b>December</b>	Ram Bhajan  Alankar  Carol	Students will follow the tune and rhythm of the song with help of music teacher	Through music developing awareness about devotional songs	To be integrated with Science
<b>January</b> <b>February</b> <b>-March</b>	Song on peace  Saraswati Vandana Revision	Students will follow the tune and rhythm of the song with help of music teacher	Through song developing the awareness of Essentiality of Peace	To be integrated with Mathematics

## **SUBJECT: DANCE**

MONTH	CONTENT	METHODOLOGY/ SUGGESTED WAY OF APPLICATION	LEARNING OUTCOMES/SKILL DEVELOPMENT	INTEGRATED WITH SCHOLASTIC AND CO SCHOLASTIC SUBJECTS
April To June	Vandana or shloka The item on –lord Vishnu Samyukta Hasta Mudra	Memorize the ‘Geet’ ‘Composition’ or Shloka. Students should be explained the meaning which help them create a performance. <a href="https://www.youtube.com/watch?v=4Nr4Ijgg_Us&amp;t=6s">https://www.youtube.com/watch?v=4Nr4Ijgg_Us&amp;t=6s</a>	Virtues of different mythological beings like: Shantakaram Bhujang Shyanam meaningful shlokas to be understood.	Sanskrit ,Hindi
July To September	Classical Dance(Kathak) Hand Movements in Teentaal CHAKKAR(Bhramri) - five beat & Three beat	. First let the children dance with 25 Ghungroo in each feet. also pronouncing the ‘BOL’ along with footwork . Type of chakkar in kathak Purnachakkar , Ardhchakkar , Viprit and Ardhviprit chakkar. What is Sam, Matra, Taali	Concept of the BOL of the footwork and different patterns of laya on the percussion instrument. If a learner says it aloud .it helps in memorizing and also concept improves. .	Maths(Symmetry, Turns and Corners), English(Christmas wish), Social Studies (Movements of Earth)
October To December	Koli Folk Dance (Maharashtra) & Bhaav(Facial Expression)	. With the help of Dholak, Naal, Duf, Mridang, different patterns have to taught. Local dances to be observed. <a href="#">Mi Hai Koli Sorilya Hori (Shrikant Narayan) - Marathi Koligeet - YouTube</a>	The traditional tunes, songs, beat with their particular language and costumes should be taken by the students. Folk tales, rituals also would be known by the students.	Science(Force and Energy) Social Studies (The land of Sand)
January To March	Patriotic Dance Tihaai in Teentaal	Explanation of the theme The names itself would suggest the theme. Tatkaar & palte with very simple Tukda and Tihaai.	Magic create by weaving different patterns of Laya. Feeling and Emotion These are the factors of creativity	English (Description Writing) , ART , Music

## **SUBJECT: PHYSICAL EDUCATION**

MONTH	CONTENT	LEARNING OUTCOMES/SKILL DEVELOPMENT	TO BE INTEGRATED WITH SCHOLASTIC CO-SCHOLASTIC SUBJECT
April	FIT INDIA Yoga: Sukshma Vyama (breathing control) Human Body: Postures	The students will perform proper breathing techniques  Demonstration and practice postures while sitting walking, running	To be Integrated with EVS
May	FIT INDIA : physical exercises <a href="https://youtu.be/sZF1nhZxTao">https://youtu.be/sZF1nhZxTao</a> Yoga: Suryanamashkar, Yoga display	To control movements and body action in response to specific instructions The students will perform proper breathing techniques	SOIL; Traditional Games like kanche and stapu  To be Integrated with EVS and HINDI
July	Minor game: Follow the leader and throwing at target  Fit India Yoga Poses :Butterfly pose,Cat and Cow pose  Yoga: Vajrasana and Padmasana	Asses current personal fitness levels Demonstrate the ability to perform yoga movements in various combination and forms	To be Integrated with MATHS
August	Khelo India Fitness Assessment  Different type of jumping  Yoga: Chakrasana and Bhujangasana  Swimming; Free style	Importance of safety while participating physical activity.  Builds self confidence	To be integrated with Hindi

September	SWIMMING; Different type of hand movement  Yoga: Sarvangasana and Halasana	To control movements and body action in response to specific instructions	To be Integrated with EVS
October	Fit India Exercises: neck, arm, shoulder, and legs  Athletics: types of running backward and zigzag  Yoga: Bhunamasana	To control movements and body actions in response to specific instructions	NATURAL DISASTER; Demonstration and practice while sitting walking running lying during the natural disaster  To be integrated with EVS
November	CELEBRATING FIT INDIA WEEK  Athletics: flat race, 50m, partner race  Coordination, flexibility balance and timing.	To run with speed and power and apply appropriate force.  Play for fun and enjoyment.	To be integrated with MATHS
December	SKIPPING; Coordinating balance and timing  Yoga: Padamasana and Utthit  Padamasana	To enable the student to be good health  To practice mental hygiene	To be integrated with Hindi
January	Personal Hygiene  Yoga: Pachimottanasana  Football; Kicking, Stopping and Dribbling	Demonstration and discussion on all aspects of personal hygiene and cleanliness	To be integrated with ENGLISH



February	<p>Sitting mass PT: 1-10</p> <p>Yoga: Noukasana and Utthit Pachimottanasana</p> <p>Khelo India Assessment test</p>	<p>To demonstrate ability and speed</p> <p>To enable the student to be good health.</p> <p>Asses current personal fitness levels</p>	Integrated with MATHS (MEASUREMENTS AND DIMENSIONS OF FIELD EVENT)
March	<p>Social Health: Peer Group Relation</p> <p>Mental health</p> <p>Fit India Warming up exercises</p> <p>Yoga: Savasana</p>	<p>Understand and apply the knowledge of effective group management</p>	To be Integrated with ENGLISH (SPORTS QUIZ)