



## SCHOOL ROUTINE (SR. SEC. SCHOOL)

School Timings : 07.50 a.m. to 02.25 p.m. – Summer Months (April to March)  
08.20 a.m. to 02.50 p.m. – Winter Month (January only)

PERIODS	TIMINGS	DAY	ACTIVITIES	COORDINATOR(S)
ZERO	07.50–08.50 a.m.	Mondays	Round Test For Cls XI & XII	Ms Neha & Ms Sheetal J
ZERO	07.50–08.35 a.m.	Tuesdays	Stretch time for Cls VI - XII	Mr Dinesh B & Mr Vardhan S
ZERO	07.50–08.35 a.m.	Wednesdays	SCHOOL ASSEMBLY : FOR CLS VI-XII	Mr D Bist & Mr Vardhan <b>OVERALL SUPERVISION</b> : Ms Manisha Arora
ZERO	07.50–08.35 a.m.	Thursdays	<u>Class XII</u> : Extra Classes for Physics, Accountancy and Political Science  <u>Class XI</u> : I am / I Can Talks	Ms Swati C, Ms Ruby S, Ms S Walia, Ms Rani V  Ms Rumpa B, Ms Rachna S, Ms Anjali S, Ms Anita P
ZERO	07.50–08.35 a.m.	Fridays	MASS P.T.: FOR CLS VI – XII  <u>Class XI</u> : TGIP – Express It !  Class XII : Free Play	Mr D Bist/ Ms R Negi <b>OVERALL SUPERVISION</b> : Ms Manisha Arora Respective Subject Teachers & Class Reps  Ms Rachna, Ms S Walia, Ms Rumpa B, Ms Ruby S  Mr Dinesh B & Mr Vardhan S, Ms Neha G, Ms Sheetal J, Mr Sanjay D
8 <sup>TH</sup> & 9 <sup>TH</sup> PERIOD	01:10-02:20 (Sr School)		<ul style="list-style-type: none"> <li>Inter House Activities</li> <li>Inter House Matches</li> <li>Counselling Sessions</li> </ul>	Ms Manisha Arora Mr D Bist School Counselor

- PGTs are required to adhere to the Extra Class Time Table on Thursdays & Fridays.
- DURING STRETCH TIME & MASS PT, Specialised coaching in various Games & Sports will remain suspended.

TUESDAY (S) TO FRIDAY(S)			MONDAY(S)			POINTS TO REMEMBER
PERIOD	TIMING	DURATION	PERIOD	TIMING	DURATION	
Zero Period	07.50 – 08.35	45 Min	Zero Period	07.50 – 08.50	1 Hr.	1. Zero period will be utilized for sports practice (only school teams) on Wednesdays & Thursdays only 2. Departure Time for School Buses: <b>02.30 p.m.</b> 3. Dispersal of Teaching Staff : <b>02.45 p.m.</b> 4. <b>2<sup>ND</sup> AND 4<sup>TH</sup> SATURDAYS WILL BE OBSERVED AS HOLIDAYS.</b> 5. 1 <sup>st</sup> , 3 <sup>rd</sup> and 5 <sup>th</sup> Saturdays of each academic month will be working for Staff. Dispersal of Teaching Staff : <b>02.45 p.m.</b> 6. Dispersal Time for the teaching Staff on the last day of the working month is <b>03.00 p.m</b> 7. Class Teachers are to invite parents for a brief discussion, if any, on any working day between <b>02.30 p.m. to 03.00 p.m.</b> 8. All Departmental, House Meetings, Class Rep Meetings and any other desired meeting will be held on week days after school hours.
1	08.35 – 09.15	40 Min	1	08.50 – 09.25	35 Min	
2	09.15– 09.50	35 Min	2	09.25 – 10.00	35 Min	
3	09.50 – 10.25	35 Min	3	10.00 – 10.35	35 Min	
4	10.25 – 11.00	35 Min	4	10.35 – 11.10	35 Min	
LUNCH BREAK	11.00 – 11.20	20 Min	LUNCH BREAK	11.10 – 11.30	20 Min	
5	11.20 – 12.00	40 Min	5	11.30 – 12.05	35 Min	
6	12.00 – 12.35	35 Min	6	12.05 – 12.40	35 Min	
7	12.35 – 01.10	35 Min	7	12.40 – 01.15	35 Min	
8	01.10 – 01.45	35 Min	8	01.15 – 01.50	35 Min	
9	01.45 – 02.25	40 Min	9	01.50 – 02.25	35 Min	
--	02.25 – 02.30	DISPERSAL OF STUDENTS UNDER THE SUPERVISION OF CLASS TEACHERS				

Dated: 14 March, 2022

### Distribution

VPL, HMs,  
Transport I/C, Substitution I/C  
A Razdan (File), School Website

*Asha Prabhakar*

Asha Prabhakar  
(Principal)

स्वच्छ भारत  
एक कदम स्वच्छता की ओर

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