

## Report on Bal Sabha Activity:

## Nutri-Healthy Delicious Bites

Theme: Nutri Healthy Delicious bites Date: 7<sup>th</sup> April 2021 to 14<sup>th</sup> April 2021 Class: I-III

A Bal Sabha Activity 'Nutri-Healthy Delicious bites' was organized for the students of classes I-III from 7<sup>th</sup> April 2021 to 13<sup>th</sup> April 2021.

In this activity, students prepared a healthy snack bite and garnished it with nutritious toppings. Additionally, they gave a title to their healthy snack and spoke about its nutritional aspects. The students submitted their work (pictures and videos) through google classroom.

This activity gave the students the opportunity to acquire knowledge about nutritious food and also showcase their creativity. The students were able to display the same through videos and pictures shared over google classroom.

Some of the samples of the activity are shared below. To view the video, please click on the respective child's picture from school assigned email id.

Class I: Zohain Pervez

Class II: Pavit Jha

Class III: Aradhya Singh





