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## **BAL SABHA ACTIVITY- CLASS ACTIVITY**

DATE: 07.04.2021-13.04.2021

CLASS: I-III

THEME: NUTRI-HEALTHY DELICIOUS BITES

## **Rules:**

• Participation of all students is mandatory.

• Students have to prepare a healthy snack bite without the use of fire.

• Students have to prepare a nutritious topping to be garnished on Nut Crackers/Monaco Biscuits using the following ingredients:

Any fruits, vegetables, dry fruits, cheese/cottage cheese/butter/jam/Nutella/ boiled potato (any one), salt/pepper/sugar/oregano/ or any other ingredient of the child's choice.

- A suitable title should be given to the prepared snack.
- Students have to prepare the snack and also explain the ingredients used, their nutritional aspect. Also, a nice picture has to be clicked of the snack prepared on one side and the ingredients used on the other.
- The same has to be uploaded on the google classroom latest by 15.04.21.
- Some samples have been shown below for the reference of students.









**Convenors**:

Ms. Sarika Passi

Ms. Archana Dhar Mam

**HM** (Primary)