



*Pre-School*

# SUMMER EXPRESS



..... going places (virtually)

*Summer, summer almost here,*

*Let's give summer a big fat cheer!*

*Of this fact I'm surely clear:*

*Summer is the best time of year.*



Summertime is the period of **Sun** and **Fun**! Children need time to play and enjoy themselves. Playing games, listening to stories and exploring become a part of their summer fun and learning.

This is a special learning package to help spice up your child's learning (about the summer season) by listening, singing, exploring, recognising, identifying, differentiating, understanding, doing and practicing.



S – Sunny Days



U – Under the umbrella for shade



M – Making Summer Crafts



M – Music and Dance



E – Enjoying with Family



R – Ready to play all day



*We are enclosing a number of “Self – Help Activities” so that the child gets to know more about the season.*

***Nurture the Wow!!! – Teamwork Makes the Dream World – A successful partnership between a teacher and a parent echoes positivity in a child's life.***



*This song is for all our young Bal Bharatians whose birthday fall between Monday (May 11) – Sunday (May 17). Here's wishing you a very Happy Birthday from all of us.*

*Click on the link for the melodious birthday wish - <https://youtu.be/9NoaMxocyq4>*

*“Education is not preparation for life, it is life itself.”*



Dear Parents,

We indeed appreciate your overwhelming support and enthusiasm towards the virtual learning sessions of our children. Let us make this process of learning more enjoyable for the kids by adding extra dose of fun to it.

The soaring mercury necessitates staying indoors but it can become a cherished time for fun learning. This conglomeration of exciting activities will enable our bubbling stars to ‘beat the heat’ and help them embrace the season with a sunshine smile.

### **Theme: Summer Express**

- ❖ **Social Skill / Value / Courtesies & Manners:** Greeting, Use of three magical words, Taking turns & sharing
- ❖ **Vocabulary Bag:** hot, sun, juice, ice -cream, ice, dry, water, cotton, clothes, names of fruits and vegetables etc.

#### **✚ Blocks & Math skills:**



- Sorting, Pairing
- Pre-Number Concepts: Big-Small & More-less
- Shape: Circle



#### **✚ Gross & Fine Motor Skills & Creative Expression Activities**

- Paper Tearing & Pasting, Vegetable Printing, Paper Crumpling
- Indoor Games
- Cooking without Fire



**Nurture the Wow!!!** – Every child learns at his / her own pace. Pat your child's back rather than pushing him to go faster.



## Lead Us On

Prayers have a power of creating a pious atmosphere that helps instill morals and values in our children. It not only dispels darkness but also illuminates our soul. Prayer is a time to talk with God. We should tell God what we are thankful for and what we might be worried or scared about. Let us imbibe this good habit in our children and pray to heal this world.

*Click on the link for details - <https://youtu.be/Hz91Y2tXHIk>*

### Greetings

*Greeting with smile is my style.*



Namaskar, as a greeting gesture, has started making sense to many people in these extraordinary times. It is the first step towards starting a conversation and establishing a cordial relationship. Let us join our hands and practice saying 'Namaskar' with a smile every day.

*Click on the link for details - <https://youtu.be/Wg7ttYoVn-s>*

### Posture # Table Etiquettes



Having good manners will never go out of style and every meal should serve as an opportunity for your kids to practice proper etiquettes.

*Click on the link for details - <https://youtu.be/3StnL6KvPtA>*

### Indoor Boredom Busters (Boosting my stamina....)



While it is essential to make time for active learning, it is also important to have plenty of fun and simple exercises that will help our toddlers keep fit and develop skills in a variety of ways. Let's ensure that our tiny tots follow daily physical fitness routine.

*Click on the link to groove with your toddler - <https://youtu.be/V2mO1Y3PIYU>*

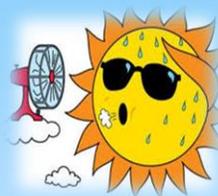
**Nurture the Wow!!!** – Inculcate in your child respect for our traditions, respect for elders, good manners, modesty and helping others.

*“Today’s children are tomorrow’s future.”*

### Bal Bharati Weather Report



Cloudy, it might rain



Warm & Humid



Hot & Sunny

### Good morning! Namaskar

Let's begin with the day and date.

Today is Monday, 11th of May.

How's the weather today?

The weather is \_\_\_\_\_. (Discuss the weather with your child.)

### Activity Arcade:

#### Activity 1 – Big & Small



*Mangoes big, mangoes small*

*Guess what, I like them all.*

*Click on the link for details - <https://youtu.be/zc0jI8-9mMA>*



**I am proud to be  
a Bal Bharatian**

#count #sort #pair

#### Activity 2 – Spin on It (*I am enhancing my Fine Motor Skills*)

##### a. Piggy Bank Activity

Material required – Piggy Bank and Coins



##### b. Spring Flower Tray (Mint Activity)

Material required – Mint leaves and basket with holes



##### c. Eye Dropper Activity

Squeezing activities increase concentration and strengthen the hands and fingers, getting them ready for writing.



*Click on the link to enhance fine motor skills – [https://youtu.be/rX\\_BdcMI8Fo](https://youtu.be/rX_BdcMI8Fo)*

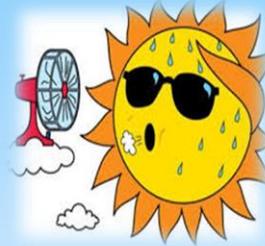
**Nurture the Wow!!!** – Don't try to do everything for your child. Encourage him / her to solve his / her problems. It will make him / her independent.

*"If I can't learn the way you teach, can you teach me the way I learn"*

## Bal Bharati Weather Report



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Warm & Humid



Hot & Sunny

**Good morning! Namaskar!**

Let's begin with the day and date.

Today is Tuesday, 12th of May.

How's the weather today?

The weather is \_\_\_\_\_. (Discuss the weather with your child.)



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**Activity 1 – Little Hands at Work** (*I am bright and brilliant.*)



**Circle a Smile**

*Sometimes I feel happy, sometimes I feel sad*

*How many feelings, do I have inside?*

*Click on the link details - <https://youtu.be/AoH-H2SDfss>*



#see #feel  
#imagine

**Activity 2 - Dream Weaver - Bunny learns to take turns.**

*Grandmother's delight*

*Teacher's right*

*To give imagination flight*

*Time for story delight*



Story telling is the oldest form of teaching. Stories create magic and a sense of wonder for the imaginative world. Stories not only enhance the listening skills in children but they also enhance their vocabulary. Numerous moral values can be instilled through stories.

*Click on the link to listen to the story - <https://youtu.be/PLitYhNdTXI>*

**Nurture the Wow!!!** – Make a daily routine schedule for your child but don't be too rigid.

*"Our children teach us what life is all about."*

### Bal Bharati Weather Report



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Warm & Humid

Hot & Sunny

### Good morning! Namaskar

Let's begin with the day and date.

Today is Wednesday, 13th of May.

How's the weather today?

The weather is \_\_\_\_\_. (Discuss the weather with your child.)



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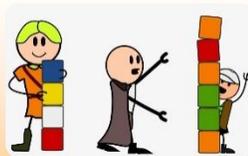
### Activity 1: Follow the Footprints (Stretch and Learn)



Children not only need a lot of movement but they also need a lot of variety of movement. Let us encourage our children to move and stretch their bodies with simple physical exercises.

*Click on the link for details - <https://youtu.be/W83zHjhCRZg>*

### Activity - 2: More or Less



Let us know the relationship between numbers and assign values to the quantities in our lives by learning about 'more' or 'less'.

#pre-number concept  
#balance #muscle development

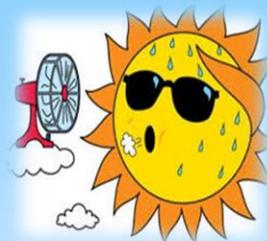
*Click on the link for details - <https://youtu.be/HysUDI8SQMM>*



**Nurture the Wow!!!** – Explore the joys of life with your child and give him / her space to discover himself / herself.

*"Making a difference to Education"***Bal Bharati Weather Report**

Cloudy, it might rain



Warm &amp; Humid



Hot &amp; Sunny

**Good morning! Namaskar**

Let's begin with the day and date.

Today is Thursday, 14th of May

How's the weather today?

The weather is \_\_\_\_\_. (Discuss the weather with your child.)

**Activity - 1: Learning Beyond Books**

*(Virtual Tour to Fruit and Vegetable Market)*



Turn your living room into a green grocery for the day and help your child learn more about summer fruits and vegetables. This sensory pretend play will help stimulate the child's senses by touching, smelling and tasting.

*Click on the link for details - <https://youtu.be/yq4ZccXsXqA>*

# language #dance  
#sing

**Activity - 2: Rhyme & Rhythm**

*(Vegetable and Fruit Rhyme)*



Rhyming and singing help children learn about sound and have fun with words. Unleash the child within you to make their learning fun by playing any musical instrument available at home.

*Click on the links for details -*

<https://youtu.be/wNI2E2HgAfs>

[https://youtu.be/--gJkh7HG\\_I](https://youtu.be/--gJkh7HG_I)



**Nurture the Wow!!!** – Children need our presence more than our presents. Be the source of strength for your child and encourage him / her to take decisions.

*"What you do matters, kids are watching you all the time, everything you do in their presence will influence them."*

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Hot & Sunny

#### Good morning! Namaskar!

Let's begin with the day and date.

Today is Friday, 15th of May.

How's the weather today?

The weather is \_\_\_\_\_. (Discuss the weather with your child.)

#coordination #expression  
#achievement



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#### Activity -1: Happy Hands (I am creatively smart.)

*Being creative is not a hobby, it is my attitude.*



Kids are always looking for new things to set their sights on. To enhance their aesthetic sense and give flight to their imagination, vegetable printing and paper crumpling activities have been planned.

*Click on the links for details –*

<https://youtu.be/jYrLsQWFTqY>

<https://youtu.be/j3BxCsMmpXM>

#### Activity 2: Teaching Mama - Mom and I make the best team in the kitchen.

*Every Bal Bharatian's desire, Cooking without fire.*



Cooking with kids is not just about ingredients and recipes but it also develops various skills.

*Click on the link for a healthy and quick recipe of love and bonding for a beautiful day.*

<https://youtu.be/wBJ3mCMA0wg>

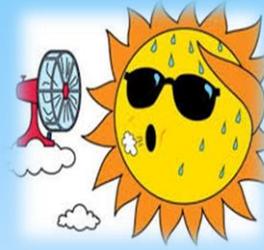
**Nurture the Wow!!! – Love, not fear, is the key to your child's best development.**

*"Children treat others the way their parents treat them."*

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Hot & Sunny

# listen # read # play  
# learn

### Good morning! Namaskar!

Let's begin with the day and date.

Today is Saturday, 16th of May.

How's the weather today?

The weather is \_\_\_\_\_. (Discuss the weather with your child.)



Everyone is being applauded barring our kids!!! These little heroes have stayed indoors more than they have ever known in their lives. Their whole little worlds have literally been turned upside down. So, a big shout out to our little or even big heroes..... today, tomorrow, forever. Three cheers to the little ones and to the firm bonding we are venturing into with our loved ones.

**Listening Matters:** Everything a child does, depends upon his / her ability to listen. It is the most important life skill for pre-schoolers. Let's help our children to be good listeners rather than passive hearer of things said around them.

*Click on the link for more details - <https://youtu.be/ut3Y6QqZtpc>*

### Inner Child Fun: Play and Learn with Shadows

A child's imagination is an endless source of inspiration. Let's encourage our little ones to experiment and have fun playing and learning with shadows.

*Click on the link for more details - <https://youtu.be/TEG-aVelo3s>*

### Active Minds in Conversation with Books:

Open a book and you will find,

People and places of every kind.

Open a book and I will too,

You read to me and I'll read to you.

Let's bring back the joy of reading stories with e-books.

*Click on the link for more details - <https://youtu.be/Qu07djSvLNq>*



*May the rainbow run beside you*

*In a sky that is always blue*

*May all your dreams come true, true, true.*

**I am proud to be  
a Bal Bharatian**

**Nurture the Wow!!!** – Let's prepare our children to solve, adapt, learn and triumph.