



Circular No.45/2018-19

Date : 18 August, 2018

**VISIT TO BHAGWAT DHAM VARISHT NIWAS ASHRAM**  
**(SEWA ACTIVITY-CLASS X D)**

Dear Parent,

The CBSE in consultation with MHRD and Ministry of Sports, Govt. of India has integrated Health and Physical Education across the Secondary and Senior Secondary levels. Under the SEWA (Social Empowerment through Work Education and Action) strand of Health and Physical Education, students have to participate in a project that serves the community in a meaningful and positive way.

“Empathy towards Elderly” is a SEWA project (Class X D) with an aim to make youth and children sensitive and compassionate towards grandparents and elderly people. With this project we intend to make the new generation more compassionate for the elderly in their home as well as in the neighbourhood by sensitizing them about this cause.

Under this SEWA Project, the school has planned a visit to Bhagwat Dham Varisht Niwas Ashram, Delhi on 21 Aug, 2018. Students have chalked out fun activities such as singing songs, playing antakshari and conversing with the inmates.

Parents of Class X D students are requested to forward the consent form latest by 20 August, 2018.



*A Population that does not take care of the elderly and of children and the young has no future, because it abuses both its memory and its promise.*

*- Pope Francis*

**Asha Prabhakar**

(Principal)

स्वच्छ भारत

एक कदम स्वच्छता की ओर

**CONSENT FORM**

I hereby confirm that my ward \_\_\_\_\_ of Class \_\_\_\_\_ Section \_\_\_\_\_ will visit the Bhagwat Dham Varisht Niwas Ashram, Chilla Road, Mayur Vihar Phase I, New Delhi on 21 August, 2018 (Tuesday). I understand that the school staff will take all possible care and precaution to ensure safety of my ward. However, in case of any emergency, the staff on duty will provide the necessary help. My ward is medically fit.

PARENT'S NAME.....

ADDRESS.....

PARENT'S SIGNATURE.....

MOBILE.....