



Bal Bharati
PUBLIC SCHOOL

Sector – 21, Noida

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THE BURDEN OF LEARNING – HEAVY BAGS !

Suggestions :

- Parents / teachers to ensure that students carry books only according to the time table.
- Senior school students and teachers should ensure that senior students bring books according to the time table and discourage them from carrying heavy ‘reference’ books or other such materials to school.
- The school curriculum supports more activity based, ICT supported learning for all the main subjects in all classes, as far as possible. Teachers are required to ensure that all modules in the school data base of educomp are showcased on a regular basis.
- Home work is to be ‘staggered’ to prevent overload. Academic co-ordinators / supervisors are to monitor this.
- Explore the possibility of block scheduling of subject classes in the class time table (for Classes XI & XII).
- Co-curricular activities should be conducted every day and scheduled in the time table accordingly, to ensure the balance of bag weight throughout the academic session.
- A workshop for parents and teachers about developmental issues rising out of children carrying heavy bags to school will be organized in the month of Aug, 2016.
- Restrict the number of text books to the prescribed norms (NCERT), particularly at the primary and upper primary levels.

Action : HM (Pr)

- Books should not be covered with non-biodegradable plastic sheet.

Action : Ms N Bhatnagar

- Schools may continue the practice of maintaining and keeping books of students up to Class-II in the school.

Action : HM (Pr)

- School is working to provide racks with locks in Primary Classrooms, where reference books, sports equipment / uniforms etc can be safely stored without needing to be carried to school.
- Setting up of Class Libraries in order to promote reading habit be completed before 23 May, 2016.

Action : VPL/ HMs

- Students are to be advised as a part of Health Education, to carry well designed backpacks correctly, to promote good posture.

Date : 10 May, 2016

Asha Prabhakar
(Principal)

Copy to :

VPL, HM (Sr), HM (Pr), Mont I/C

Parent Portal, Staff (via e-mail)

Website, AR (File)