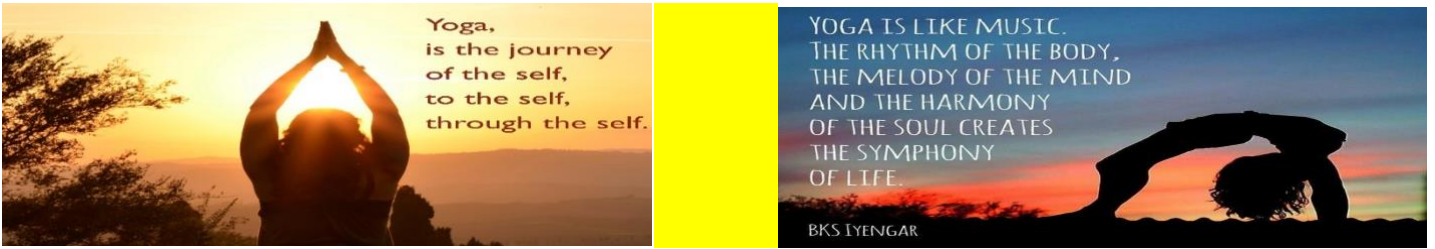


REPORT ON YOG POETRY RECITATION
An Inter-Section Competition (2020-21)



Good health is the right of every human being. Yoga is one of the most powerful and drugless way for maintaining good health. The aim of Yoga at school level is to encourage a positive and healthy lifestyle for physical, mental and emotional health of children. Keeping these objectives in mind and to promote the importance of Yoga, an inter section Yoga Poetry Recitation (Hindi) competition was held for class- II on 05 May 2020. Participating Students were guided on selection of short Hindi poems based on the importance of yoga. They recited beautiful poems with synchronous body language, proper voice modulations and also demonstrated some yoga asanas physically. Through these poems they highlighted the importance of Yoga for overall well-being and benefits of various Yoga Asanas including the flow of coordination in body mind complex. The flawless presentations of students were mesmerizing with clear elucidation on the richness that yoga can bring to human spirit. Best two compositions from each section were selected for the finals.

The finalists were judged on the basis of the following parameters:

- Voice modulation
- Fluency
- Pronunciation
- Relevance to the theme and
- Overall presentation

Anunay Pradhan(2-B) was adjudged as **First rank holder**, Joshitha Revu (2-C) stood **Second** and Aanya Sinha (2-B) **Third**.

Heartiest congratulations and accolades to all the participants and winners!

Glimpses of the event



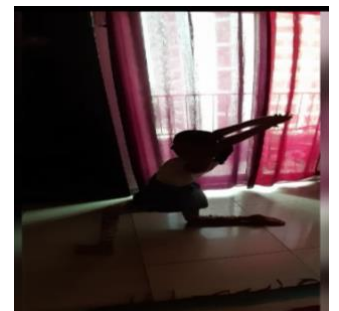
Flexibility at its best



Enthusiastic Participant



Superb concentration



Holding the Perfect Posture

Report prepared by :Archana Dhar Mam