



**Bal Bharati
PUBLIC SCHOOL**

Sector - 21, Neelam
Phone : 0120-2534064, 2538533 / e-mail : bbspsd@yahoo.co.in
Website : <http://www.bbspsneelam.com>

BAL SABHA ACTIVITY (REPORT)

THEME: YOGA MUDRA INTERNATIONAL YOG DAY

ACTIVITY: CLASSIC RHYME RECITATION-ENGLISH HELD ON 29th APRIL 2020

**CLASS: I
(INTER-SECTION ACTIVITY)**

The online activity on 'Classic Rhyme Recitation based on Yoga was held on 29th April 2020 for the students of Class-I. They selected a short poem in English on Yoga for video recording which had a time limit of 1 -2 minutes. The inception of the poem contained a short prelude of the participants followed by recitation in full swing; laying emphasis on actions, expressions and diction. To add to the flair the presentation in suitable exercise outfit was delectable. The best two entries from each section were forwarded to the relevant judge for final results.

AT A GLANCE-'AN IDEAL CO-ORDINATION OF MIND & BODY'

IN DIFFERENT YOGA POSTURES –THE LITTLE YOGA GURUS.



"Yoga is the art work of awareness on the canvas of body, mind, and soul."



"Yoga Adds Years to your Life and Life to your Years."

**REPORTED BY: DEEPA PRABHAKAR
(CONVENOR)**

Dtd.05th May 2020

FINAL RESULTS

STUDENT'S NAME	CLASS/ SEC.	POSITION
1.Namasya	I-C	FIRST
2.Hazal Puri	I-E	SECOND
3.Yashita Singh	I-A	THIRD

CONVENOR:
Ms. D.Prabhakar

JUDGE:
Ms. D.Khanna

H.M.(PRIMARY DEPT.)
Ms.V.Pujari



CONGRATULATIONS WINNERS.KEEP IT UP!