

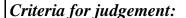
## BAL SABHA ACTIVITY (2020-21) ACTIVITY: CREATE YOGA MUDRAS USING MS.PAINT INTER SECTION COMPETITION

## **CLASS III**

"Yoga is not working out, its working in. "

## Instructions:

- Students are required to make stick figures of various Yoga Mudras on Ms. Paint software.
   Sample of the same is shown.
- 2. Students are required to write a slogan on benefits of Yoga in daily life. The slogan should not be of more than 10-12 words. Example: "Yoga is not about touching toes it is what you learn moving down"
- 3. Don't forget to write your Name, Class and Section at the bottom of the drawing.
- The students need to upload the screenshot of the drawing on google classroom latest by 5<sup>th</sup> May, 2020.
- 5. Class Teachers are requested to select three best entries from each section and forward them to the Convener on or before 6<sup>th</sup> May, 2020.



**⇒** *Creativity* 

**→** *Use of tools* 

→ Uniqueness of the slogan

Overall Presentation





Date: 29.04.2020	
Convenor: Ms. Sonam M	
<b>Distribution:</b> Activity coordinator All Primary Teachers	H.M. (PRIMARY)
Google Classroom	