

MY ORGANIC KITCHEN GARDEN **PRE SCHOOL, PRE PRIMARY AND CLASS I**

'The glory of gardening : hands in the dirt, head in the sun, heart with nature. To nurture a garden is to feed not just the body, but the soul....'

- Alfred Austin

Dear Parents,

'Why explain miracles to your kids when you can just have them plant a garden'. With this thought in mind and in tandem with the Sustainable Development Goals (SDGs), instilling concern about the environmental issues amongst our tiny tots is the need of the hour. Sensitising the young generation to take care of the receding flora and fauna in this era of urbanisation and industrialisation, it is imperative on our part to engage the children in meaningful activities such as conserving our natural resources, nurturing plants and developing compassion and empathy towards all living beings.

We, at Bal Bharati, Noida believe in catching our little ones at a very young stage. In this endeavour, an interesting activity, '**Grow your own food**' has been planned for the students of classes Pre School, Pre Primary and Class I. Parents are requested to encourage and help the little ones grow their own fruits and vegetables such as coriander, fenugreek, spinach, lemon, chilli, oranges, strawberries, brinjal to name a few. Through this activity, the children will develop a sense of pride, learn an important skill of nurturing plants, respect food and value the contribution of the farmers who work tirelessly in the fields and grow food for us.

It is our sincere request that parents help their wards participate in this activity wholeheartedly. It has to be carried out in a phased out manner spreading over a period of a month or more. Photographs of the children sowing the seeds and thereafter observing the tiny shoots coming out until the time it grows into small plants bearing the fruit and vegetable are to be taken and shared with the child's class teacher latest by 31 Jan, 2021.

The photographs received by the respective class teachers will be compiled in the form of a beautiful video and presented to the parents. The school intends to put up a virtual exhibition of all the plants grown by the children and the organic foods used by them at home.

We have also provided some links that will certainly help you and your little ones in carrying out this activity at home.

<https://www.youtube.com/watch?v=jARH5kKAAQM>

<https://www.youtube.com/watch?v=povEN3PBECI>

<https://www.youtube.com/watch?v=xRX-FwCMT-8>



I am sure our children are going to enjoy the above activity and take pride in observing the fruits of their very own kitchen garden.

Wishing you a Merry Christmas!

Distribution
VPL, HMs
Website I/C
Staff Members (via e-mail) / Parent Broadcast Groups

Asha Prabhakar

Asha Prabhakar
(Principal)

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एक कदम स्वच्छता की ओर