

**SUBJECT : ENGLISH**  
**CLASS I**

**TEXT BOOKS:**

1. My Canvas Course Book-1
2. My Canvas Workbook-1
3. Panorama English Supplementary Reader-1 (PP Publication)

<b><u>MONTHS</u></b>	<b><u>COURSE BOOK/ WORKBOOK/ SUPPLEMENTARY READER</u></b>	<b><u>GRAMMAR /SKILL ASSESSMENT</u></b>	<b><u>LEARNING OUTCOMES</u></b>	<b><u>ACTIVITY/PROJECT/ (INTEGRATED WITH SCHOLASTIC AND CO- SCHOLASTIC SUBJECTS)</u></b>
APRIL	<ul style="list-style-type: none"> <li>Recap of - Capital Letters( A-Z) Small Letters (a-z) Rhyming Words</li> </ul>	RS: Read aloud A-Z , a- z, Rhyming words LS: Listening to the story narrated by the teacher followed by an interactive session.	Learners will be able to: <ul style="list-style-type: none"> <li>identify and recapitulate capital and small letters.</li> <li>differentiate between vowels and consonants.</li> </ul>	<div> <ul style="list-style-type: none"> <li>PEC: Identify the alphabets using flash cards. Clap for the right response. <b>(Integrated with Sports.)</b></li> <li>Know about vowels and consonants.(LINK) <a href="https://youtu.be/E4cvSsW3Lyk">https://youtu.be/E4cvSsW3Lyk</a></li> </ul> </div> <div> <p>The students watch the video on Ten Little Fingers. The teacher gives pronunciation practice focussing on two vowel sounds--bet, bat. set, sat. met, mat etc. <a href="https://nroer.gov.in/55ab34ff81fcc4f1d806025/page/589d6d96472d435eb2d">https://nroer.gov.in/55ab34ff81fcc4f1d806025/page/589d6d96472d435eb2d</a></p> </div>
MAY	<ul style="list-style-type: none"> <li>Recap of- ch, sh, th, oo, ee words. 3/4 letter centre words — a, e, i, o, u</li> </ul>	RS: Read ch, sh, th, oo, ee words. LS - Listening to the story narrated by the teacher followed by an interactive session.	Learners will be able to : <ul style="list-style-type: none"> <li>read ch ,sh , th , oo, ee words</li> </ul>	<div> <p><b>PEC: Making pairs and passing the words with ch-sh-th sound. (Integrated with Sports.)</b></p> <p><b>Theme:The World of Sounds</b></p> <ul style="list-style-type: none"> <li>A long strip of thick paper should be made using an old calendar or greeting card by cutting up and pasting.</li> </ul> <p>The learners are involved in the activity.The alphabets -capital/small to be hung prominently.</p> <p>The learners may be encouraged to look, trace with finger and say aloud.</p> <ul style="list-style-type: none"> <li>Learners may be facilitated to differentiate between small and capital letters,to recognize and say them;using story books. (LINK) <a href="https://youtu.be/75p-N9YKqNo">https://youtu.be/75p-N9YKqNo</a></li> </ul> </div>

JULY	L-1.First Day at School Poem- Mary Had a Little Mouse (L-3) WB-theme 1 worksheet 2 SR-The Intelligent Crow( L- 1) Vocabulary- New Words	Names of Colours, birds, animals, flowers, fruits and vegetables etc RS – Reading (L)-The Intelligent Crow LS- Listening to the story narrated by the teacher.	Learners will be able to: <ul style="list-style-type: none"> <li>• read with proper pronunciation and diction</li> <li>• recite the poem with suitable rhythm and intonation.</li> <li>• identify names.</li> <li>• carries out simple instructions.</li> </ul>	<p><b>PEC: Name the object using the given clues .Clap twice if answered correctly. (Integrated with Sports.)</b></p> <p><b>Action Song (THEME: My Body)</b></p> <p><b>(Integrated with Music.)</b></p> <p><b>IN THE VICINITY OF NATURE</b></p> <ul style="list-style-type: none"> <li>• Find out about the flowers, trees/ plants, animals/birds near your house. Write their names in a notebook. Draw and colour too</li> <li>• Recitation of poems /<b>songs</b> associated with colours.</li> </ul> <p><b>(Link)</b></p> <p><a href="https://youtu.be/1cdufRU4ZyA">https://youtu.be/1cdufRU4ZyA</a></p> <p><a href="http://youtu.be/G6hvjdf-XdU">http://youtu.be/G6hvjdf-XdU</a></p>
AUGUST	L-2 Meena Makes a Friend WB- theme 2 page 20, 21 SR – The Foolish Flies (L-2) Vocabulary – New Words Poem – Cats Sleep Anywhere (L-5)	Genders Number ( s, es words) RS- Reading ( L)-The Foolish Flies LS- Listening to the Greeting Words.	Learners will be able to: <ul style="list-style-type: none"> <li>• categorize nouns into feminine.</li> <li>• differentiate between singular and plural forms.</li> <li>• read with proper pronunciation and diction.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>PEC: Jump once when you hear singular nouns and twice when you hear plural nouns. (Integrated with Sports.)</b></li> </ul> <p><b>THEME-Patriotic Song</b></p> <p><b>Draw and colour the National Flag. Write a few lines on it.(Integrated with Art and languages.)</b></p> <p><b>Draw a face mask of cat (Integrated with Art )</b></p> <p><b>Road Safety Measures</b> for vehicles and pedestrians.</p> <ul style="list-style-type: none"> <li>• To familiarize learners with words such as traffic,traffic lights-red,green etc.</li> </ul> <p><b>(Link)</b></p> <p><a href="https://youtu.be/HhrfOgLjBvg">https://youtu.be/HhrfOgLjBvg</a></p>

SEPTEMBER	L-4, The Story of A Cloud WB- theme 4 worksheet 2 SR- The King and the Foolish Monkey (L-3)  Poem – Two Kites (L-8) Vocabulary – New Words	Use of a / an opposites RS- Reading ( L)- The King and the Foolish Monkey LS – Listening to the basic routine to be followed in daily life to be <b>healthy and fine.</b>	Learners will be able to: <ul style="list-style-type: none"> <li>• use a/an appropriately</li> <li>• tell the opposites of some of the common words.</li> <li>• recite the poem with actions.</li> </ul>	<b>PEC: Examining agility. Each child will run towards a pack of jumbled words and take out the opposite of the given word. (Integrated with Sports.)</b> <b>Make kite with the help of newspaper and write any one good habit on it.(Integrated with Art)</b> <b>THEME: Health and Hygiene</b> Learners may be given simple instructions by parents in the English language, ‘Do not throw towels on the floor after taking a bath. Hang it up to dry; in the interest of health and hygiene. <b>(Link)</b> <a href="https://youtu.be/1fEPp-IUWPE">https://youtu.be/1fEPp-IUWPE</a> <a href="https://youtu.be/QIMEGPlaaUU">https://youtu.be/QIMEGPlaaUU</a>
OCTOBER	L-6 - I Want a Garden Poem – Parrots in my Garden (L-10) WB – theme 2 worksheet 3 Theme 5 worksheet 2 SR- King Bruce and the Spider (L4) Vocabulary - New Words	Use of is/ am / are Doing Words RS- Read( L)- King Bruce and the Spider LS- Story narration by the teacher.	Learners will be able to: <ul style="list-style-type: none"> <li>• understand the use of is/are/am.</li> <li>• identify Doing Words.</li> <li>• read with proper pronunciations and diction.</li> </ul>	<b>PEC: Enact the given action word and others to guess the word .Jump for the correct response. (Integrated with Sports.)</b>  <b>Create your own garden in sand tray/or a collage or on a thermocol sheet. Explain what you do in the garden (Integrated with Art )</b> <b>THEME: Love for Nature</b> The parent may show pictures of animals /birds; for example- dog, goat, pig, camel, cat, elephant, crow, parrot, sparrow, pigeon, owl etc. They may also show pictures of some flowers like rose, marigold, tulips, lotus etc. The first and the last letter of the word may be provided and the learners need to be encouraged to write the complete word gradually. <b>(LINK)</b> <a href="https://youtu.be/-I0E3YGIDxM">https://youtu.be/-I0E3YGIDxM</a> <a href="https://youtu.be/tvkLI0IJqYE">https://youtu.be/tvkLI0IJqYE</a>
NOVEMBER	L-7 Holi Splash Poem – Blue and Yellow Mixing WB- theme 1 page 8,9 Theme 2 worksheet 2 SR- The Rabbit and the Tortoise (L-5) Vocabulary- New Words	Use of this / that ; these/ those RS- Read (L)- 'The Rabbit and the Tortoise'  LS- Describing the Christmas festival.	Learners will be able to: <ul style="list-style-type: none"> <li>• identify and usage of this/that these/those in the given sentences.</li> <li>• comprehend the text described.</li> </ul>	<b>PEC: Students will stand with flash cards of objects and identify using this- that – these- those. (Integrated with Sports.)</b> <b>Pasting of cotton on Rabbit (Integrated with Art)</b> <b>THEME: Celebrations</b> Stories connected to festivals may be told to children. In between parents may ask them simple questions to ensure whether they are comprehending or not. <b>(Link)</b> <a href="https://youtu.be/SAigj0lD-1E">https://youtu.be/SAigj0lD-1E</a>

DECEMBER	L-9 The Missing Ring WB-theme 3 worksheet 2 , 3 SR- The Honest Woodcutter (L-6) Vocabulary – New Words	Describe any one festival RS- Read (L) -The Honest Woodcutter LS- Listen to the story and number the sentences in the correct order.	Learners will be able to: <ul style="list-style-type: none"> <li>Name different festivals celebrated in your family..</li> <li>comprehend the story and arrange it in the correct order.</li> </ul>	<p><b>PEC: Each student will be describing his/her favorite festival. (Integrated with Sports.)</b></p> <p><b>Draw a scene of any festival (Integrated with Art)</b></p> <p>Students may enact the scene of a festival party. (Role Play)</p> <p>(Link)  <a href="https://youtu.be/A0nvh7_N9oM">https://youtu.be/A0nvh7_N9oM</a></p> <hr/> <p>Students are shown the video which will give information on different animals and birds who attended the festival party, and the objects seen in the video.</p> <p>Comprehension questions may be asked to elicit responses from students.</p> <p>The video is shown again and students may be asked to draw their favorite animal/bird seen in the video.</p> <p>(Link)  <a href="https://www.youtube.com/watch?v=tBI6bBzj1go">https://www.youtube.com/watch?v=tBI6bBzj1go</a></p>
JANUARY	L-11 The Ugly Duckling L-12 All About Dolphins WB – theme 5 worksheet 3 SR (L-7) Keep your Eyes open (L-8) King Midas Vocabulary – New Words	Use of in , on, under , behind RS – Read (L)- Keep your Eyes open LS – Listening to the special qualities of sea animals.For example-sharks,octopus, seahorse,turtles etc.	Learners will be able to: <ul style="list-style-type: none"> <li>use in/on/under suitably in the given sentences.</li> <li>read aloud with suitable pronunciations and diction.</li> </ul>	<p><b>PEC: Students to run and place the rhyming words with its appropriate pair. (Integrated with Sports.)</b></p> <p><b>Prepare a crown of a king (Integrated with Art)</b></p> <p>Collect pictures and find out interesting facts about any one animal (penguin, kangaroo or zebra.)</p> <p>(LINK)  <a href="https://youtu.be/wCfWmlnJl-A">https://youtu.be/wCfWmlnJl-A</a></p>
FEBRUARY	L-14 The Little Engine that Could L-15 – Samaras Awful Lunch WB- theme 4 worksheet 3 SR- L-9 Greedy Mouse L-10 The Magic Pot Vocabulary – New Words	Use of capital letter and full stop RS – Read (L)- Greedy Mouse LS – Listening to the Story selected by the teacher.	Learners will be able to: <ul style="list-style-type: none"> <li>apply capital letters and full stop suitably in the sentences.</li> <li>make meaningful sentences.</li> </ul>	<p><b>PEC: Each student will enact a situation and others to identify suitable polite words. (Integrated with Sports.)</b></p> <p><b>Make engine craft with used box(Integrated with Art)</b></p> <p>Find out from two of your friends about the food they like to eat. You may note down the information collected.</p>

MARCH	SR- L-11 Fox and Crow L-12 The Boy who cried wolf	Use of I , he , she Rewrite the jumbled sentences. RS – Read (L-) Fox and Crow LS- Listening to the names of healthy and junk food. Underlining the healthy food.	Learners will be able to <ul style="list-style-type: none"> <li>rewrite the jumbled sentences correctly.</li> <li>use he , she , it in place of nouns .</li> </ul>	<b>PEC: Students to be given flash cards of nouns and others to identify pronouns.</b> <b>(Integrated with Sports.)</b> <b>Making of crow puppet with cloth clip (Integrated with Art)</b> Make a healthy and tasty meal plan for a day-what would you have in breakfast, lunch and dinner. All the food that you plan should be healthy. <b>(LINK)</b> <a href="https://youtu.be/-JldSBUQB34">https://youtu.be/-JldSBUQB34</a>
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**Suggested Reading:**

**Lady Bird Series**

**Bed Time Stories**

**Aesop's Fables**

**Panchatantra**

**Jataka Tales**

## विषय-हिंदी

### कक्षा – एक

#### पाठ्य पुस्तक- मधुप हिंदी पाठमाला – 1

मास/कार्य दिवस	पाठ्य पुस्तक मधुप हिंदी पाठमाला – 1	व्याकरण/ कौशल का मूल्यांकन	शिक्षण की सम्प्राप्तियाँ/ विकसित कौशल	शैक्षिक एवं सह शैक्षिक विषयों से एकीकृत रचनात्मक गतिविधियाँ/परियोजना कार्य / पी.ई.सी
सत्र - 1 चक्र - 1 अप्रैल	मोंटेसरी सिलेबस की पुनरावृत्ति   स्वर की पहचान (मौखिक एवं लेखन) पृष्ठ : 6 - 8	<ul style="list-style-type: none"> <li>स्वर को क्रम में लिखना </li> <li>चित्र देखकर शब्द बोलना </li> <li>चित्र के नाम का पहला वर्ण लिखो </li> <li>पठन कौशल - स्वर </li> </ul>	<ul style="list-style-type: none"> <li>निर्देश को सुनकर उसका पालन करना </li> <li>शब्दों का सही उच्चारण </li> <li>सरल पाठ्य सामग्री में रूची उत्पन्न करना  </li> </ul>	<ul style="list-style-type: none"> <li>स्वर सुनाना </li> </ul> <a href="https://youtu.be/LcjWOw9EHnc">https://youtu.be/LcjWOw9EHnc</a> (स्वर)  <ul style="list-style-type: none"> <li>कविता वाचन </li> <li>चित्रकथा पर बातचीत।</li> </ul>

	शब्द - भंडार			<ul style="list-style-type: none"> <li>● अपने परिवार में बड़ों से ,दादाजी ,दादीजी ,भैया ,दीदी माता - पिता से कहानी या कविता ,घटना या अनुभव के बारे में सुनिए और उनसे सवाल पूछिए या प्रश्नोत्तर कीजिए ।</li> <li>● एकीकृत - चित्र कला</li> <li>● एकीकृत - नृत्य</li> </ul>
मई	व्यंजन (क - वर्ग, च - वर्ग ) पृष्ठ : १ शब्द - भंडार	<ul style="list-style-type: none"> <li>● व्यंजन को क्रम में लिखना  </li> <li>● दो, तीन और चार अक्षर के शब्द  </li> <li>● चित्र देखकर शब्द लिखना  </li> <li>● पठन कौशल - व्यंजन  </li> </ul>	<ul style="list-style-type: none"> <li>● शब्द भण्डार में वृद्धि </li> <li>● वर्णों की पहचान </li> </ul>	<ul style="list-style-type: none"> <li>● कविता वाचन - कहाँ तुम्हारा प्यारा घर (पृष्ठ : 26) <a href="https://youtu.be/4WRuThjP2Vg">https://youtu.be/4WRuThjP2Vg</a> ( कविता ) <a href="https://youtu.be/D-34ggZ5hk">https://youtu.be/D-34ggZ5hk</a> ( कहानी )</li> <li>● बच्चों के साथ साफ सफ़ाई और स्वच्छता से रहने के तरीकों के बारे में बातचीत । कोरोना को आधार बनाकर बच्चों से कोरोना से जुड़े चित्र बनवाए</li> </ul>
जुलाई	व्यंजन (ट - वर्ग, त - वर्ग, प - वर्ग, य - श्र) शब्द - भंडार पाठ - 1 नटखट मनन	<ul style="list-style-type: none"> <li>● वर्णमाला को क्रम में लिखना  </li> <li>● बिना मात्रा के शब्द दो, तीन और चार वर्ण वाले  </li> <li>● चित्रों के नाम पूरे करो  </li> <li>● पठन कौशल - व्यंजन</li> <li>● वाचन कौशल हेतु विषय की सूचना ब्रॉडकास्ट समूह और गूगल क्लासरूम के माध्यम से दी जाएगी  </li> <li>● श्रवण कौशल - ऑनलइन क्लास द्वारा  </li> </ul>	<ul style="list-style-type: none"> <li>● संबंधित शब्दों की पहचान तथा सही उच्चारण से पढ़ना </li> <li>● विभिन्न - ध्वनियों ने अंतर करना </li> </ul>	<ul style="list-style-type: none"> <li>● वर्णमाला सुनाना </li> <li>● कविता वाचन - रेलगाड़ी (पृष्ठ :58) <a href="https://youtu.be/QTHgVixrrJA">https://youtu.be/QTHgVixrrJA</a> ( कविता ) <a href="https://youtu.be/S-nPEYOmla">https://youtu.be/S-nPEYOmla</a> ( कहानी )</li> <li>● नंदन , चंपक , सुमन सौरव एवं अन्य बाल पत्रिकाओं से तरह-तरह की कहानियाँ और कविताएँ पढ़ें ।</li> </ul>

सत्र - 1 चक्र - 2 अगस्त	पाठ-2 समझदार राजन पाठ-3 नई साइकिल पाठ-4 दीपावली मनाई शब्द - भंडार	<ul style="list-style-type: none"> <li>● सही शब्द पर गोला लगाओ </li> <li>● चित्रों के नाम लिखना </li> <li>● मात्रा लगाकर शब्द पूरे करो </li> <li>● पठन कौशल - आ, इ व ई मात्रा के शब्द  </li> </ul>	<ul style="list-style-type: none"> <li>● आ, इ व ई मात्रा से संबंधित शब्दों का ज्ञान </li> <li>● शरीर के अंगों के नाम का सही उच्चारण  </li> </ul>	<ul style="list-style-type: none"> <li>● चित्र के अनुसार वार्तालाप करना </li> <li>● गतिविधि पृष्ठ : 44</li> <li>● कविता वाचन - मेरी नैया (पृष्ठ :65)</li> <li>● <b>सुरक्षा नियम</b> - बच्चे ट्रैफिक लाइट के चित्र में रंग भर कर उससे संबंधित कविता वाचन करेंगे </li> <li>● <a href="https://youtu.be/N2J5v3A57Jw">https://youtu.be/N2J5v3A57Jw</a> (कविता )</li> <li>● <b>एकीकृत - चित्र कला</b></li> </ul>
सितम्बर	पाठ - 5 गुनगुनाता मुर्गा पाठ - 6 जादू का कमाल शब्द - भंडार	<ul style="list-style-type: none"> <li>● पाठ में इ, ई, उ तथा ऊ की मात्रा का अभ्यास तथा संबंधित शब्दों को कॉपी में लिखना  </li> <li>● रंगों के नाम  </li> <li>● पठन कौशल - उ व ऊ मात्रा के शब्द  </li> <li>● वाचन कौशल हेतु विषय की सूचना ब्रॉडकास्ट समूह और गूगल क्लासरूम के माध्यम से दी जाएगी  </li> <li>● श्रवण कौशल - ऑनलइन क्लास द्वारा  </li> </ul>	<ul style="list-style-type: none"> <li>● उ, ऊ की मात्रा के शब्दों का ज्ञान  </li> <li>● रंगों के नाम बोलना व लिखना  </li> </ul>	<ul style="list-style-type: none"> <li>● चित्र को देखकर कहानी बुनना </li> <li>● कविता वाचन - किसकी बोली (पृष्ठ :104)</li> <li>● बच्चें वर्णमाला में से किसी भी एक अक्षर स्वयं ही चुने एवं उन अक्षरों की मदद से चित्र बनाएं ।</li> <li>● <a href="https://youtu.be/VuEzXmk9xhl">https://youtu.be/VuEzXmk9xhl</a> (कविता )</li> <li>● <a href="https://youtu.be/kWrDmBn2U08">https://youtu.be/kWrDmBn2U08</a> (कहानी)</li> </ul>
सत्र - 2 चक्र - 3 अक्टूबर	पाठ - 7 बारिश की ऋतु पाठ - 8 बड़े मज़े का मेला शब्द - भंडार 	<ul style="list-style-type: none"> <li>● शब्द - सीढ़ी </li> <li>● चित्र देख कर बातचीत करो </li> <li>● पठन कौशल - ए व ऐ मात्रा के शब्द  </li> </ul>	<ul style="list-style-type: none"> <li>● ए व ऐ मात्रा के शब्दों का ज्ञान </li> <li>● महीनों के नाम बोलना  </li> </ul>	<ul style="list-style-type: none"> <li>● विजयादशमी के पर्व पर चर्चा </li> <li>● कविता वाचन - बिल्ली चली दिल्ली (पृष्ठ :115)</li> <li>● <a href="https://youtu.be/n-TeQdFaIk">https://youtu.be/n-TeQdFaIk</a> (कहानी)</li> <li>● <b>एकीकृत - चित्र कला</b></li> </ul>

नवम्बर	पाठ - 10 होली की टोली पाठ - 11 कौआ और पकौड़ी शब्द - भंडार	<ul style="list-style-type: none"> <li>चित्रों की सहायता से कहानी सुनाओ  </li> <li>एक - अनेक ( चित्रवशब्दद्वारा )</li> <li>पठन कौशल-ओ व औ मात्रा के शब्द  </li> </ul>	<ul style="list-style-type: none"> <li>ओ व औ की मात्रा के शब्दों का ज्ञान </li> <li>कहानी के द्वारा मौखिक अभिव्यक्ति का विकास  </li> </ul>	<ul style="list-style-type: none"> <li>दिवाली के महत्त्व को बताते हुए इस पर्व पर चर्चा  </li> <li>कविता वाचन – निकली नैना सैर पर (पृष्ठ :61) <a href="https://youtu.be/wJ0d2ixA2uo">https://youtu.be/wJ0d2ixA2uo</a> ( कविता )</li> </ul>
दिसम्बर	पाठ - 10 तिरंगा झंडा पाठ - 13 ऊँटवाला शब्द - भंडार	<ul style="list-style-type: none"> <li>गिनती(1 -10 )</li> <li>बारहखड़ी</li> <li>पठनकौशल – बारहखड़ी  </li> <li>वाचन कौशल हेतु विषय की सूचना ब्रॉडकास्ट समूह और गूगल क्लासरूम के माध्यम से दी जाएगी  </li> <li>श्रवणकौशल - ऑनलइन क्लास द्वारा  </li> </ul>	<ul style="list-style-type: none"> <li>शब्द भंडार विकसित होना </li> <li>गिनती(1 -10 )लिखना</li> </ul>	<ul style="list-style-type: none"> <li>तिरंगा झंडा बना कर उस में रंग भरो </li> <li>कविता वाचन – देश भक्ति कविता</li> <li>जानवर - बच्चे अपने प्रिय पशु के मुखौटे का निर्माण कर के कथा वचन करेंगे  </li> <li><a href="https://youtu.be/FFkDyOOgNes">https://youtu.be/FFkDyOOgNes</a> ( कविता )</li> <li><a href="https://youtu.be/Gbh1fAJbCEk">https://youtu.be/Gbh1fAJbCEk</a> (कहानी)</li> <li>विभिन्न शब्दों की सूची बच्चों को उपलब्ध कराई जाएगी शब्दों को देखने के बाद बच्चें उन शब्दों से संबंधित चीज़ों को अपने घर में ढूँढ़ेंगे तथा सूची बनाएँगे  </li> </ul>
<b>शीतावकाश कार्य हेतु गृह कार्य: उपविषय –“ हमारे सहायक”\ विस्तृत कार्य कलाप पत्रिका प्रदान की जाएगी</b>				
सत्र - 2 चक्र - 4 जनवरी	पाठ -14 संयुक्त व्यंजन पाठ - 15 जन्मदिन शब्द - भंडार	<ul style="list-style-type: none"> <li>एक - अनेक ( चित्रवशब्दद्वारा )</li> <li>शब्द लड़ी पूरी करना </li> <li>पठन कौशल - एक - अनेक</li> </ul>	<ul style="list-style-type: none"> <li>शब्द भंडार विकसित होना </li> <li>पुस्तक में आई सारी मात्राओं का क्रमबद्ध तरीके से उच्चारण  </li> </ul>	<ul style="list-style-type: none"> <li>अपने मित्रों को जन्मदिन पर देने के लिए एक कार्ड बनाओ  </li> <li>चित्र वर्णण </li> <li>एक पहेली अपने दोस्तों को सुनाओ और उन से उत्तर पूछो </li> <li><a href="https://youtu.be/OOhlFyABJec">https://youtu.be/OOhlFyABJec</a> ( कविता )</li> <li>बच्चों को विभिन्न शब्दों के साथ अन्त्याक्षरी खेलने का अवसर प्रदान किया जाएगा </li> </ul>
फरवरी	पाठ -16 नएनिरालेशब्द	<ul style="list-style-type: none"> <li>अपना परिचय (मौखिक)</li> </ul>	<ul style="list-style-type: none"> <li>सुपाठ्य व सुडौल अक्षर लिखना </li> </ul>	<ul style="list-style-type: none"> <li>चित्र वर्णण  </li> </ul>



	पाठ -17 ड़ - ढ़ - ज़ - फ़, ँ शब्द - भंडार	<ul style="list-style-type: none"> <li>● पहलियाँ (पृष्ठ : 114)</li> <li>● पठन कौशल - ड़ - ढ़ - ज़ - फ़ और ँ केशब्द  </li> <li>● वाचन कौशल हेतु विषय की सूचना ब्रॉडकास्ट समूह और गूगल क्लासरूम के माध्यम से दी जाएगी  </li> <li>● श्रवण कौशल - ऑनलइन क्लास द्वारा  </li> </ul>	<ul style="list-style-type: none"> <li>● शब्दों का सरल वाक्य में प्रयोग (मौखिक)</li> </ul>	<ul style="list-style-type: none"> <li>● कागज के मुखौटे एवं कटपुतलियों को बनाकर कहानी कहना  </li> <li>● <a href="https://youtu.be/2T58AnuOW2Q">https://youtu.be/2T58AnuOW2Q</a> (कविता )</li> <li>● <a href="https://youtu.be/bwNEZDUzJax">https://youtu.be/bwNEZDUzJax</a> ( कहानी )</li> </ul>
मार्च	पाठ -18 र के रूप पाठ -20 दोस्ती शब्द - भंडार	<ul style="list-style-type: none"> <li>● चित्रों के नाम लिख कर उस में रंग भरो  </li> <li>● अभ्यासकार्य</li> </ul>	<ul style="list-style-type: none"> <li>● मात्राओं का सम्पूर्ण ज्ञान व शब्दों का सरल वाक्यों में प्रयोग  </li> </ul>	<ul style="list-style-type: none"> <li>● प्रकृति पर आधारित कोई भी कविता सुनाओ  </li> <li>● <b>एकीकृत - चित्र कला</b></li> </ul>

पठन - पाठन

1. पंचतंत्र की कहानियाँ

2. पुराणों से ली गई शिक्षाप्रद कहानियाँ

**SUBJECT – MATHS**  
**CLASS - I**

**TEXT BOOKS:**

**Mathematics (Text book cum workbook) CES(Child Education Society)**

MONTH	CONTENT	MATHS KIT & OTHER ACTIVITIES	BRAIN TEASERS	LEARNING OUTCOMES/SKILL DEVELOPMENT	ACTIVITY/PROJECT/PEC (INTEGRATED WITH SCHOLASTIC AND CO SCHOLASTIC SUBJECTS)
Term 1 Round I April	Recap of Montessori syllabus  Counting 1-50	Activity: Counts objects using numbers 0 to 9.	Complete the number series	Students will be able to recognize numbers from 1- 50 when spoken and will be able to convey information using numbers.	<b>P.E.C-Students will clap and count numbers 1 to 50.</b> (Integration with sports)  <a href="https://www.youtube.com/watch?v=VBm1iTNcTY">https://www.youtube.com/watch?v=VBm1iTNcTY</a> (Video on Counting numbers)
May	Backward counting 20-1  Grouping	<b><u>Sticker Activity:</u></b> (Page no.1) Students will take out the stickers and will place them in proper place to form groups.	Fill in the missing numbers.	Observes objects and can group them on the basis of some common property	Activity : – Students will make groups of different items at home to understand the concept of grouping. The student will compare and say which group has more /less /equal objects. The student may do this on the basis of one-to-one correspondence, or just by observation. <a href="https://www.youtube.com/watch?v=vpg--e0pCdE">https://www.youtube.com/watch?v=vpg--e0pCdE</a> (Video on Grouping)
July	Pre Number Vocabulary	Students will understand the concept of Near/Far, Tall/Short and Big/Small using observing things around them.  <b><u>Stick on bindis:</u></b>	<b><u>Story Time:</u></b> Story will provide different situations/contexts to students for the development.	Develops and uses vocabulary of spatial relationship big-small, top bottom, inside-outside, above-below etc.	<b><u>Activity:</u></b> Students will compare their heights of their family members to understand the concept of short and tall.  <b>P.E.C:</b> When the teacher call out “one”, students will jump and if “zero” is called out students will not jump.

	<p>Numbers-One to Nine and concept of Zero</p> <p>Introduction of the concept: Addition and Subtraction (Numbers 1 to 9)</p>	<p>Students will stick bindi in the column of tens/ones to understanding of the concept of tens and ones. Adds/Subtracts numbers upto 9 using real objects and number line</p>		<p>Recognizes, speaks and writes numbers from one to nine</p>	<p>If any student jumps when “zero” is called out he/she is out of the game. (Integration with sports)</p>
Round II August	<p>Numbers From 10-20</p> <p>Addition/Subtraction Numbers (10-20)</p>	<p><b><u>Activity:</u></b> Pg no.32: Make groups of tens and write the number of tens and ones in the boxes. <b><u>Stick on bindis :</u></b> Students will stick bindi in the column of tens/ones to understand the concept of tens and ones.</p>	<p><b><u>Activity (using Rajma seeds):</u></b> Child will pick up some rajma seeds in his/her hand and other child will guess the number of seeds.</p>	<p>Counting of objects in group of tens and ones</p> <p>Develops the vocabulary for the groups of ones and tens</p>	<p><b><u>Integrated Project: (Safety Rules)</u></b> Students will be divided into different groups. Each group will tell safety rules to be followed at home and at school.The group which is able to tell at least 10 safety rules first will be the winner.</p> <p><a href="https://www.youtube.com/watch?v=FF07ytw1VPc">https://www.youtube.com/watch?v=FF07ytw1VPc</a> (Video to understand the concept of tens/ones)</p>
September	<p>Shapes Patterns</p>	<p><b><u>Activity :</u></b>Making shapes using ice-cream sticks: Students will join the coloured ice-cream sticks to form the four basic shape. They will count the number of sides of each shape</p>	<p><b><u>Guessing Shapes:</u></b> Child will pick up cut out of any shape and will feel it. They will identity it by naming it as: square, rectangle, triangle</p>	<p>Identification of 2D shapes. Observes and describes the patterns.</p>	<p><b><u>Activity:</u></b> Observe your surroundings and find the hidden shapes you see.i.e circle, square or rectangle. Draw and colour the patterns. <b><u>Making Scenery(using shapes)</u></b> Students will use cutouts of different shapes like triangles, squares and circles to make pictures/figures/designs/scenery. (Integration with Arts) <a href="https://www.youtube.com/watch?v=KvYh1e93BII">https://www.youtube.com/watch?v=KvYh1e93BII</a> (Video on shapes)</p>
Term 2 Round III October	<p>Numbers from 1-100</p>	<p><b><u>Fun Activity (Pg no 87)</u></b> Join the numbers</p>	<p>Group Activity: One child will call out number from 0- 99 and</p>	<p>Reads and writes numerals upto 99 in sequential order Addition of 2 digitnumbers</p>	<p><b><u>Activity :</u></b> – Compare Page-104 of the maths text book.</p>

	Addition/Subtraction Numbers (10-20)	to complete the picture and colour it.  Subtract numbers using Rajma seeds	other child will make numbers using arrow cards		Integrated Project(Animals) Students will narrate a story of animals and will add the total number of animals in the story. <a href="https://www.youtube.com/watch?v=wEErmhKZu3k">https://www.youtube.com/watch?v=wEErmhKZu3k</a> (Video on Addition)
November	Money (Maths lab activity)  Data Handling	<b><u>Activity based on Money:</u></b> Students will make fake currency notes at home. They will show the appropriate combination for a specific amount asked by the teacher	<b><u>Activity:</u></b> Let's try at <u>home(Page no.157)</u>	Identification of Indian currency notes and coins.	<b><u>Activity(Data Handling)</u></b> <b>Student will draw and colour a picture</b> of park. Then they find out the number of birds, trees, swings etc. and write in the box. (Integration with Arts)  <a href="https://www.youtube.com/watch?v=JUKU0zJolig">https://www.youtube.com/watch?v=JUKU0zJolig</a> <b><u>(Video based on Money)</u></b>
December	Measurement of length  Measurement of time  Measurement of weight	<b><u>Walk and Measure</u></b> Students will measure the length of their room by foot span and will compare their results  Story Time(Page no.141)	<b><u>Activity</u></b> <b><u>(Making</u></b> <b><u>Necklace)</u></b> Students will bring necklaces using flower cutlouts from home and will compare the length of necklace.	Identifies the events occurring at different times of Day.  Compares heavy/light object	<b><u>Listen and Follow:</u></b> Students will perform various actions such as jumping two times, clapping etc as instructed by the teacher. Students will compare the time taken in doing each action.

Round IV January	Ordinal Numbers  Skip Counting (Activity only)	<b><u>Story Enactment “A Turnip grew big”</u></b> <b><u>Page no.52</u></b> Students will be encouraged to role play with actions and expressions. The rest of students will identify the position of children playing different characters.	<b><u>Activity(Let’s try at home Page no.54)</u></b>  Count by 2’s, 5’s, 10’s and fill the missing numbers	Observes and identifies the position of an object.  Counting in 2’s, 5’s and 10’s	P.E.C – Students would stand in a queue and will follow instructions as per their respective position in the queue. <b><u>Rhyme Time:</u></b> Poem Recitation on ordinal numbers <a href="https://www.youtube.com/watch?v=0uwYmolKufU">https://www.youtube.com/watch?v=0uwYmolKufU</a> (Video to understand the concept of ordinal numbers) <b><u>Activity:</u></b> <b>Hopscotch</b> on skip counting. (Integration with sports)
February	Calendar (For Maths lab activity)  Measurement of capacity	<b><u>Sticker Activity: Pg 153</u></b> Students will place the stickers of festival at the correct place and will write the name of month	<b><u>Activity: I can read Calendar</u></b> Students will observe calendar for a particular month and answer the given questions. Riddles on calendar	Get familiar with the days of week and months in a year.  Compares the capacity of different containers using non-standard units.	<b><u>Activity:</u></b> Students will observe the calendar for a specific month and give answers to the questions asked by the teacher.  <a href="https://www.youtube.com/watch?v=0CDg_LZNqF4">https://www.youtube.com/watch?v=0CDg_LZNqF4</a> (Video on Calendar)
March	Revision				

**SUBJECT: ENVIRONMENTAL STUDIES**

**TEXT BOOKS:**

## 1. Environmental Studies (VIVA) Book 1

[illegible]

	<p>L-5 The Clothes We Wear</p> <p>L-23 Weather Activity (Integrated Project with all subjects)</p>	<p>Types and need for wearing clothes. (season wise)</p> <p>Types of Weather</p>	<p><a href="#">ENVIRONMENTAL%20STUDIES/series-Environmental%20Studies%202018%20Edition/class-1/resource_5c46c92d2b992.mp4</a> ( Looking after my body) Children will show method to brush the teeth and wash the hands(Integrated with Sports)</p> <p>Draw/paste pictures of clothes worn in different seasons Seasons through palm printing (Integrated with Art )</p> <p>Song on seasons and weather (Integrated with Music ) <a href="https://youtu.be/tfAB4BXSHOA">https://youtu.be/tfAB4BXSHOA</a> (Weather song) <a href="https://youtu.be/ksGiLaIx39c">https://youtu.be/ksGiLaIx39c</a> (Song on seasons)</p>
Round II August	<p>L-6 Food We Eat</p> <p>L-7 Safety Rules</p>	<p>Importance and classification of food.</p> <p>Learning of various Traffic and safety rules .</p>	<p>Prepare a chart of various types of food products. Collect wrappers of different types of food and paste them according to their classification .(Integrated with Art) <a href="https://www.vivadigital.in/vupload/resource/subject-ENVIRONMENTAL%20STUDIES/series-Environmental%20Studies%202018%20Edition/class-1/resource_5c46c9e1c90e2.mp4">https://www.vivadigital.in/vupload/resource/subject-ENVIRONMENTAL%20STUDIES/series-Environmental%20Studies%202018%20Edition/class-1/resource_5c46c9e1c90e2.mp4</a> ( Food we eat)</p> <p>Prepare Red and green flash cards showing various danger and safety signs respectively.(Integrated with Art) <a href="https://www.vivadigital.in/vupload/resource/subject-ENVIRONMENTAL%20STUDIES/series-Environmental%20Studies%202018%20Edition/class-1/resource_5c46ca6daa1d0.mp4">https://www.vivadigital.in/vupload/resource/subject-ENVIRONMENTAL%20STUDIES/series-Environmental%20Studies%202018%20Edition/class-1/resource_5c46ca6daa1d0.mp4</a> ( safety rules) Explanation of safety signs through placards(Integrated with Sports)</p>
September	<p>L-8 My Family</p> <p>L-9 We help One Another</p>	<p>Members of a family.</p> <p>Importance of helping.</p>	<p>Making a family album on A4 size pastel sheets Make stick puppets of family members ( Integrated with Art) <a href="https://www.vivadigital.in/vupload/resource/subject-ENVIRONMENTAL%20STUDIES/series-Environmental%20Studies%202018%20Edition/class-1/resource_5c46ca88093a3.mp4">https://www.vivadigital.in/vupload/resource/subject-ENVIRONMENTAL%20STUDIES/series-Environmental%20Studies%202018%20Edition/class-1/resource_5c46ca88093a3.mp4</a> ( my family)</p> <p>Make a greeting card ( Integrated with Art)</p>







[illegible]

**SUBJECT: GENERAL KNOWLEDGE**

**CLASS I**

**Text Book**

**GK Times – Book 1**

MONTH	PAGE	TOPICS FOR THE MONTH	MONTH	PAGE	TOPICS FOR THE MONTH
April	Pg 3 04 05 06 07	Animals make sounds Little Ones Bird's talk Beautiful flowers Vegetables we eat	October	Pg 27-28 29 30 31	Stop, Check and Go-1 Things with 'wheels' Our sky Parts of a computer
May	Pg 08 09 10-11	My clean classroom Separate wastes in separate bins Save Every Drop	November	Pg 32 33 34-35 36	Monuments in India The capital city Festive India India is great
July	Pg 12 13 14 15 16-17	Green friends Reusing Things Yoga for Kids Be a smart child Famous stories	December	Pg 37 38 39 40 41	Great Indians Metro cities Countries of the world What do they speak? A 'world' of food
August	Pg 18	Fun with Rhymes At your service Homes and shelters Vehicles around us	January	Pg 42 43 44-45 46	Popular in the World Cricketers and football players Let's have fun I love cartoons

September	Pg 22 23 24 25	Things at Home In The Kitchen Follow the signs Our clothes	February	Pg 47-48 49 50 51	Stop, check and go-2 Game 1 Game 2 Quiz 1
			March	Pg 52 53-54	Quiz 2 Amazing facts

**SUBJECT: VALUE EDUCATION**

**CLASS I**

ROUNDS	TOPICS	ACTIVITY
ROUND I	LOVE ALL BEINGS ROAD SAFETY	Story about following traffic rules <a href="https://www.youtube.com/watch?v=VorVTs1esLQ">https://www.youtube.com/watch?v=VorVTs1esLQ</a>
ROUND II	COURTESY CARING FOR OTHERS	Discussion followed by tick the correct option from the story- TALKING TREE <a href="https://www.youtube.com/watch?v=mG5oqo8XP0Y">https://www.youtube.com/watch?v=mG5oqo8XP0Y</a>
ROUND III	WE ARE BORN EQUAL  PUNCTUALITY	Discussion on equality followed by Fill in the blanks from the story- THE HAPPY BUNNY FAMILY <a href="https://www.youtube.com/watch?v=jS172zSDw4U">https://www.youtube.com/watch?v=jS172zSDw4U</a>
ROUND IV	CLEANLINESS HONESTY	Fill in the blanks and Short answers based on the story- THE LOST REWARD <a href="https://www.youtube.com/watch?v=qcNq_3mJo_A">https://www.youtube.com/watch?v=qcNq_3mJo_A</a>

**SUBJECT: ART AND CRAFT**  
**CLASS- I**

**TEXTBOOK-** Rise Up

MONTH	ACTIVITY BOOK	ARTISTIC SKILLS	LEARNING OUTCOMES/SKILL DEVELOPMENT	INTEGRATED WITH SCHOLASTIC AND CO SCHOLASTIC SUBJECTS
APRIL	<ul style="list-style-type: none"> <li>• Colour concept pg-3</li> <li>• Chubby chick pg-4</li> <li>• School time pg-5</li> </ul>	Recognize any tale/story/rhyme and make paper puppet, narrate the story/rhyme  <a href="https://www.youtube.com/watch?v=9fLZJQW8bZo&amp;t=15s">https://www.youtube.com/watch?v=9fLZJQW8bZo&amp;t=15s</a>	To help the students in recognizing the tale and make them learn the art of making puppets	Integrated with Hindi and English
MAY	<ul style="list-style-type: none"> <li>• Pet dog pg-6</li> <li>• Car-code colouring pg-7</li> <li>• I Love my family pg-8</li> <li>• Tree-craft pg-40</li> <li>• Easter Eggs sponge activity pg-34</li> </ul>	Pin wheel craft  <a href="https://www.youtube.com/watch?v=8CaGysC-RZ4&amp;t=17s">https://www.youtube.com/watch?v=8CaGysC-RZ4&amp;t=17s</a>	Learning about the paper craft and the science behind how it works	Integrated with EVS and Mathematics
JULY	<ul style="list-style-type: none"> <li>• Genie and the magic lamp pg-10</li> <li>• Helicopter pg-11</li> <li>• Help me if you can pg-12</li> </ul>	Learn to draw amazing body parts, label it and count the different body parts.	To let the students know our body and identify different body parts.	Integrated with Mathematics and EVS
AUGUST	<ul style="list-style-type: none"> <li>• King of the Jungle pg-13</li> <li>• Mouse –grid activity pg-14</li> <li>• Elephant pg-15</li> </ul>	Rakhi craft making	Exploring different craft materials and learn to make handmade craft skills	Integrated with English and Hindi

SEPTEMBER	<ul style="list-style-type: none"> <li>● Sleeping Mary pg-16</li> <li>● 3D Cubes pg-18</li> <li>● Tipi tribes pg-19</li> </ul>	Make a traffic scene using different safety rules/traffic signals on the road. Placard Making of different road signs	To inculcate the habit of abiding by the laws and rules. To help them appreciate and respect the traffic rules and signals and educate them to follow the rules properly.	Integrated with EVS and English
OCTOBER	<ul style="list-style-type: none"> <li>● Hungry caterpillar pg-20</li> <li>● Tulip pg-21</li> <li>● Rain, Rain go Away pg-22</li> </ul>	Diya painting/decoration for Diwali	Using different craft materials and learning the art of decorating/painting the diyas/pots for decoration	Integrated with Hindi and English
NOVEMBER	<ul style="list-style-type: none"> <li>● On the sea pg-23</li> <li>● Scenery pg-24</li> <li>● Happy Monsoon pg-26</li> </ul>	Halloween Paper craft. Cute Halloween ghosts, cat and pumpkin paper craft	Learning paper folding art and making halloween decorations.	Integrated with Maths and English
DECEMBER	<ul style="list-style-type: none"> <li>● Santa's Reindeers pg-24</li> <li>● Butterfly pg-27</li> <li>● Beat the heat pg-28</li> </ul>	Fun Activity- Make 3D community helpers using different colours pastel sheets by tearing and pasting	To create awareness about the community helpers and their importance in our lives	Integrated with EVS and English
JANUARY	<ul style="list-style-type: none"> <li>● Flower Basket pg-29</li> <li>● Duckling pg-30</li> <li>● Lollipops pg-31</li> </ul>	Warm and cool colour scenery tearing and pasting activity	Learn different colour schemes and make a scenery using cool and warm colours	Integrated with EVS and
FEBURARY	<ul style="list-style-type: none"> <li>● Angel –craft pg-32</li> <li>● Blooming cactus pg-33</li> <li>● Birthday greeting pg-35</li> </ul>	Cityscape house scenery using basic shapes- colored paper tearing and pasting	To make students understand and recognize basic shapes and make the best use of the geometric shapes to make a scenery.	Integrated with EVS and Mathematics
MARCH	<ul style="list-style-type: none"> <li>● Halloween night pg-36</li> <li>● Ladybird pg-38</li> </ul>	Wool pom-pom toys	Learning various craft skills through the activity	Integrated with Hindi and English

	<ul style="list-style-type: none"> <li>Mother's Day Keepsake pg-39</li> </ul>			
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**SUBJECT: MUSIC**  
**Class 1**

	CONTENT	METHODOLOGY/SUGGESTED WAY APPLICATION	LEARNING OUTCOMES/SKILL DEVELOPMENT	INTEGRATED WITH SCHOLASTIC AND CO SCHOLASTIC SUBJECTS
April-May	English Action Song	<a href="https://m.youtube.com/watch?v=35D0tpEPSvo">https://m.youtube.com/watch?v=35D0tpEPSvo</a> Students will follow the tune and rhythm of the song with help of music teacher.	Through music developing awareness about the body parts .	To be integrated with EVS. Topic: My Body
July-September	English song Patriotic Song Guru Vandana		Considering music as a way of celebrating Independence Day, Students can sing different language songs other than their mother tongue.	1.To be integrated with EVS &English. Topic: My Body 2.To be integrated with Art & Language 3. To be integrated with English & Dance.
October-December	English Song Baal Geet Christmas Carol	<a href="https://m.youtube.com/watch?v=inAJyhNsoc4">https://m.youtube.com/watch?v=inAJyhNsoc4</a>	Through music developing awareness about the society helpers.	1. To be integrated with Hindi & Art 2. To be integrated with Hindi & Physical Education. 3. To be integrated with English & EVS.
January-March	Patriotic song, Saraswati Vandana		Understanding cultural diversity through regional songs .	1. To be integrated with EVS & Art. 2.To be integrated with Art & EVS.

**SUBJECT : PHYSICAL EDUCATION**  
**CLASS – I**

<b>MONTH</b>	<b>ACTIVITY PLANNED</b>	<b>LEARNING OUTCOMES/SKILL DEVELOPMENT</b>	<b>PEC/INTEGRATED WITH SCHOLASTIC CO-SCHOLASTIC SUBJECT</b>
April	Body Awareness-Correct Position Breathing exercise Inhale and Exhale Pillow activity	To control movements and body actions. The student will perform proper breathing techniques	To be Integrated with EVS and MATHS
May	Body Awareness – Different types of fundamental movements	Improve balancing on 2feet,1foot,dominant and non dominant food	To be Integrated with HINDI
July	Breathing exercises Yoga :Tadasana	To control the mind and increase the concentration power The students will perform proper breathing techniques	To be Integrated with EVS
August	Warming up session – Fit India protocol exercises	To control the movements and actions in response to specific instruction.	To be Integrated with HINDI and EVS
September	PEC- Throwing at target Body awareness - Animal walking Yoga :Sukhasana	Identify different body parts Enjoy action with songs	To be Integrated with MATHS and ENGLISH
October	Athletics : Types of running/walking - slow, fast, backward and zigzag Fit India Protocol exercise	Balance object on different body part Move object with different body part	To be Integrated with MATHS AND ENGLISH



NOVEMBER	<p>Movement Awareness – Relationship between different body parts and sports equipment</p> <p>YOGA ;Tadasana , Sukhasana</p> <p>Fit India protocol exercises</p>	Demonstrate the ability to perform yoga movements in various combinations and forms	To be Integrated with MATHS and EVS
December	<p>Mass PT : Exercise 1-10</p> <p>Fit India protocol exercises</p>	To demonstrate the speed and power and apply appropriate force	To be Integrated with MATHS
January	<p>PEC : Jumping Hoping</p> <p>Fit India protocol exercises</p>	To jump for height and distance with control and balance	To be Integrated with MATHS
February	<p>Sitting Mass PT1-5</p> <p>Ball handling</p> <p>Fit India protocol exercises</p>	To improve arm and legs movement	To be Integrated with MATHS
March	<p>: Yoga : tadasana, tikonasana</p> <p>Movement Education ; Speed and Power</p> <p>Fit India protocol exercises</p>	Skipping , To introduce local game with or without equipment. demonstrate the ability and speed	To be Integrated with MATHS AND ENGLISH

**SUBJECT: DANCE**  
**CLASS-I**

<b>MONTH</b>	<b>CONTENT</b>	<b>METHODOLOGY/ SUGGESTED WAYS OF APPLICATION</b>	<b>LEARNING OUTCOMES/SKILL DEVELOPMENT</b>	<b>INTEGRATED WITH SCHOLASTIC AND CO SCHOLASTIC SUBJECTS</b>
April To May	MY BODY, HASTA PRAROOP, TEEN TAAL	<a href="https://www.youtube.com/watch?v=B8vMvbm6fbg">https://www.youtube.com/watch?v=B8vMvbm6fbg</a> (through actions)	Coordination and team work will be improved & children know about the different body parts.	HINDI, MATHS, ENGLISH
July To September	PATRIOTIC CHOREOGRAPHY, GANESH STUTI,	the choreography elements to be discussed and then implemented	Different of composition in a choreography and regional dance or 'Lok Nritya'.	EVS, HINDI, G.K.
October To December	SAFETY RULES, FACIAL EXPRESSIONS, DIFFERENT HASTA MUDRA	<a href="https://www.youtube.com/watch?v=xaNhsaBV6pQ">https://www.youtube.com/watch?v=xaNhsaBV6pQ</a> (through actions)	They will understand road safety rules.	ENGLISH, HINDI, G.K. EVS
January To March	FOOTWORK IN FOLK DANCE, SARASWATI VANDANA	<a href="https://www.youtube.com/watch?v=580JCMzmcY4">https://www.youtube.com/watch?v=580JCMzmcY4</a> (children will learn the footsteps of folk dance)	The traditional tunes, songs, beats with their particular language and costumes should be taken by the students. Folk tales, rituals also would be known by the students.	G.K. HINDI, EVS

**Colour key**

	INTEGRATION WITH ART, MUSIC AND DANCE
	INTEGRATION WITH SPORTS
	INTEGRATION WITH ALL SUBJECTS