

Sector – 21, Noida

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#### **Workshop Feedback Form**

Workshop: Capacity Building Programme on Career Guidance

Workshop Date: 10<sup>th</sup> and 11<sup>th</sup> October, 2018

Venue: Samsara the World Academy, HS 21 Sector 37 Greater NOIDA

Attended by: Ms. Sabari Maitra (TGT-S. Science) & Mr. Raj Sikri (PGT- Mathematics)

Organizer: Central Board of Secondary Education

Resource Persons (Day 1 and Day 2):

Dr Pooja Shivam Jaitly (Clinical Psychologist)

Mr Dhiraj Singh: HOD Humanities (Political Science)

#### 1. Content of the Workshop

An introduction was given to understand career guidance through an individual activity where we understood that guidance aims at helping an individual in self-understanding, self-acceptance and self-direction. Guidance aims at preparing an individual for future life. Counselling is a scientific process of providing assistance extended by an expert to people who require it in their respective situations. Counselling is just one form of guidance.

Career guidance relates to the assistance provided to individuals in career planning, decision making and adjustments focusing on self-assessment and employability skills. Teachers can perform career guidance functions affectively through a systematic and planned set of activities especially at the secondary and senior secondary stages. Such activities help students explore and test themselves in life outside the school through integration of career information with curriculum, establishing relationship of subject matter with careers, hobbies, leisure time activities, guidance information system, interacting with employers and workers.

Four major steps involved in career planning/career development are:

- Know yourself Values, interests, strengths, ambitions.
- Explore options Occupational, research industry trends, and career options for degree.
- Get focused Action planning, goal setting and decision making.
- Take action Connect with employers, job search tools, gain experience.

#### 2. Learning outcomes (Knowledge and Information) from the workshop/Seminar?

**Dimensions of Career Information –** 

- Job title
- Educational and personal requirements
- Method of entry
- Nature of work
- Working conditions
- Challenges in the work
- Earnings
- Advancements/ Employment trends and outlook

For proper career guidance we need to find out the strong areas so that they can take their own decisions and they must have a backup plan.

## 3. Which topics or aspects of the workshop did you find most interesting or useful and can be applied to the classroom teaching?

- Teachers can enrich career educations by connecting curricular and cross curricular themes such as writing and communication skills e.g. many occupations are directly linked with skills in language or proficiency in language.
- Career information can be given through subjects, quizzes, career fairs, talks, field trips, etc.

#### 4. How will you implement the knowledge & techniques acquired to your subject?

Each subject teacher can discus relationship between the subject and the occupation as well as vocational implications of the subject matter.

# 5. Comments and suggestions (How do you think the workshop could have been made more effective?)

Vocational skill development courses could have been elaborated on a bit more.

### **6. Was the advance briefing about the workshop appropriate?** Yes, it was.

GENERAL FEEDBACK	YES	NO	NOT SURE
<ul> <li>The workshop/Seminar was applicable to my job</li> </ul>	•	$\mathbf{C}$	O
I will recommend this workshop/Seminar for other faculty members.	•	•	•
The program was well paced within the allotted time	•	O	O
The material was presented in an organized manner	•	O	•
The resource person was a good communicator	•	0	O
The resource person was knowledgeable on the topic	•	O	•
<ul> <li>I would be interested in attending a follow-up, more advanced workshop on this same subject</li> </ul>	•	•	•
I will be able to conduct follow up workshop for the benefit of fellow Staff Members	•	C	O

#### **GLIMPSES FROM THE WORKSHOP (Photographs with captions)**





Participation in various activities



**Presentation on careers in Social Sciences** 



**Felicitation Ceremony** 

### Report submitted by:

Ms.Sabari Maitra (TGT-S.Sc) and Mr. Raj Sikri (PGT-Mathematics) Submission Date: 12<sup>th</sup> October, 2018