



COVID TIMES

Lockdown Summer Fun (Pre-School)

COVID SPECIAL SUMMER HOLIDAY PACKAGE

Hand Shake
to Namaskar



Wide Smile to
Masked Smile



Text Books
to Virtual Learning



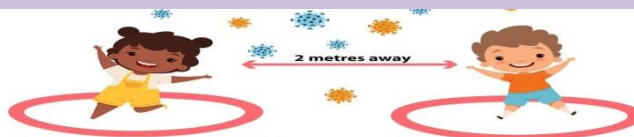
Vacation Time to
'Stay Home Stay Safe'



Party Time to Family Time



Warm Hugs to
Social Distancing Norms



Outdoors
to Indoors



P.S.: All of us across the globe are adapting to the evolving changes in our daily life due to the COVID-19 Pandemic and trying hard to set up altered behaviour to cope with the **NEW NORMAL**. The present scenario has brought about a sea change in our lifestyle, so we request our parents to make the little ones adopt and adapt to the changing times and comfort and reassure them with your boundless love.

"SUMMER FUN LEARNING TRAIN"

Dear Parent

We, at Bal Bharati extend a HEARTFELT THANK YOU for your unwavering support and hand holding during these special times. We have tried our level best to reach out to all our adorable Tiny Tots and you.. Parents - OUR CO-FACILITATORS - through our Learning Modules and Online sessions... to build that extraordinary **connect** with our Pre Schoolers.

It is indeed heartening to note that you, dear Parents, have been a tremendous support in carrying out the tasks and activities shared through our Learning Modules. At Bal Bharati, all our Team members have been working very hard to plan, design and develop interesting activities and self-created videos& audio clips, so that our Pre Schoolers stay **appropriately** engaged (for all developmental domains...especially for social & emotional aspects in these tough times) and occupied during the COVID 19 lockdown period.

Pre School is a period of tremendous growth and development for the child; children at this age undergo a large amount of change and learn to view the world in many interesting and new ways. The Learning Modules designed and forwarded have emphasized on the development of core skills such as Language, Literacy, Numeracy, Fine and Gross Motor, Socio-Emotional, Creative n Aesthetic and Critical Thinking skills.

One of the predominant factors in the child's developmental trajectory is her/his immediate environment. The Environment in all respects be '**nurturing**' so that it aids in the holistic development of our tiny tots...& this stipulates *our Guiding Mantra* at Bal Bharati. With this firm belief, thus, we always trust our Co-Facilitators - Our Parent Body - to hold hands with us all the while to make learning experiences evolve from stimulating environments so that children indulge in meaningful, educative activities to foster both IQ (Intelligence Quotient) &...EQ (Emotional Quotient) Levels.

Now, it is our earnest endeavor to carry forward the 'Learning Train' in the same direction in order to make them confident young individuals having positive self-esteem and self-image and for this we are forwarding a very light though, wholesome **Summer Holiday Package**.

This Summer Holiday Package comprises beautifully assimilated ideas, that focus on age appropriate activities related to Listening & Speaking, Sustainable Development and recapitulation of the concepts taken up so far. The child may carry out the activities with the guidance from any of the family members.

Stay safe, stay healthy.

In humility

Asha Prabhakar

**Asha Prabhakar
(Principal)**

स्वच्छ भारत

एक कदम स्वच्छता की ओर



ENHANCING LISTENING & SPEAKING SKILLS

During this special time, joining hands with the world to outlive this crisis, we at Bal Bharati make our children future ready upholding our tradition of Greeting everyone with a warm Namaskar.

Links : <https://www.youtube.com/watch?v=maDLsvBxZYk>
<https://youtu.be/vk8eGjDe7DM>

Soft Sounds

Play some soft music like the bells ringing/ water flowing/ birds chirping /melodious tunes, meditational music/ prayers etc. Let the children sit comfortably, close their eyes, listen to the music and relax. After a few minutes ask them to open their eyes and speak how they felt, what sounds they heard. This will improve their concentration span. You can together sing few lines of a prayer. In fact it will be a good idea to play devotional music every morning. This will further help children to learn prayers and also set a positive tone for the entire day.



Show & Tell



'Show and Tell' is a chance for our young children to flaunt their "prized possessions". Being the centre of attention for a couple of minutes will make them feel special and valued. Even if it's for a minute or two! Having their prized possessions as the talking point will emphasize their confidence and help them to verbalize their feelings. Let your child pick up their favourite toy, favourite vegetable, favourite fruit or anything which they are fond of and **spea** **k** **a** **f** **e** **w**, **v** **e** **r** **y** **s** **i** **m** **p** **l** **e** **s** **e** **s** **o** **n** **t** **h** **e** **m**. You can intervene and **p** **r** **o** **m** **p** **t** **y** **o** **u** **r** **w** **a** **r** **d** by putting up questions which will help the child to channelize the thought process and frame simple sentences.

TOGETHER WE CAN:

Please, Sorry and Thank you!

These are the three magic words that you must know.

They help you become a better person as you grow .

My Precious Treasure

A child's first and the most precious identity is his/ her name. Let the child collect pictures of objects starting with the same sound as his name. Paste pictures of the objects collected in a **flip book** prepared by the child. Let the child trace his palms on the flip book...My Hands.

Complete the flip book with the information like

My Family

My favourite Primary colour

My favourite cartoon

After completing the flip book, the child will learn and take pride in the concept 'All About Me' and the journey towards strengthening their self-concept will take a smooth transition- From I to Me...

Me...The Keen Observer

Me...The Explorer

Me...The Listener

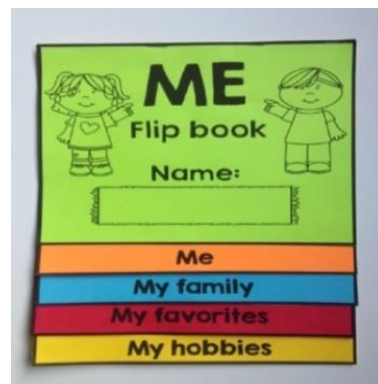
Me...The Doer

Me...The Performer

Me...The Creative Smarty

Me...The Best

Me...An All Rounder



INSTILLING LIFE SKILLS THROUGH SELF HELP

Let's Learn To Be Independent

Due to the unprecedented situation, restrictions are now in place everywhere around. As part of the efforts to reduce outside human contact and curb the spread of COVID-19, this period may be treated as the 'ultimate training ground' for our young learners and engage them in productive activities. At the same time, they may be imparted with self help skills which will go a long way in helping them to become self-reliant and independent. Given below are some activities which needs to be developed in your ward to help them manage themselves independently once the School reopens.-Buttoning or unbuttoning a shirt/dress , zipping and unzipping, opening and closing the lid of a water bottle, keeping the things back at their proper place after every use , washing the hands using a liquid soap on their own, eating the food within an allotted time ,wearing an apron and laying down the table mat, folding the things and keeping back after use, learning to manage a face mask, sanitizing the hands appropriately, managing the toilet needs independently etc.

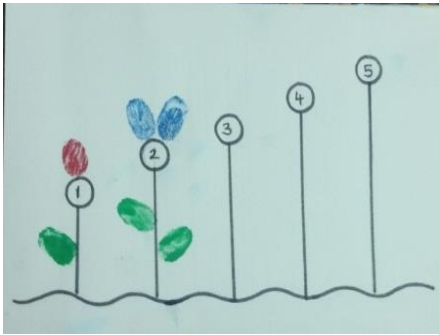


TOGETHER WE CAN:

Encourage regular hand washing habit in children and reward them for frequent and timely hand wash.

REINFORCING THE NUMBER CONCEPT

"Numbers have life, they are just not symbols on paper" – Shakuntala Devi



My Number Garden

Help your child create his own number garden. This activity will enhance the number knowledge, eye hand coordination and correlation between symbol and quantity. Parents are requested to provide a sheet to the child with 5 circles and vertical lines drawn downward from each circle. Parents may help the child to paste numbers (from old calendar/newspaper) from 1 to 5 in each of the circles. Let the child make as many leaves around the vertical line as the number written on the circle using his/her finger print and green poster colour. Also the child is supposed to make petals using his/her finger print as per the number, e.g. for number 1, the child will make only 1 petal and so on. The child may use any of the Primary colours i.e. red, yellow or blue as per his/her choice. In the end the child will trace the numbers and count the leaves and petals of each flower to enhance and reinforce the association of symbol with quantity of numbers 1 to 5.

INSTILLING CREATIVE SKILLS

Fun With Circles

Apprise your ward with various circle shaped things available in the immediate surroundings. Then provide your ward with circles (using paper cut-outs) of different sizes and colours. Let your ward roll out their imagination and thinking and explore various options of creating things out of the circles.

a) With 2 circles of the same diameter

Let them find out what they can create when they are provided with 2 circles of the same diameter. Let them arrange the things on an A-4 size paper and develop the drawing. For e.g. if a child imagines creating a bicycle out of 2 circles, then those circles can be arranged and the drawing can be developed and aesthetically enhanced.

b) With one big sized circle and one small sized circle.

Let the child roll out their imagination and create an artwork based on different sized circles. For e.g. a child can think of creating a cat and then the drawing can be further developed and enhanced aesthetically.



TOGETHER WE CAN:

Consider the lockdown period as the right opportunity to provide children with the 'Ultimate Training Ground', to hone their skills giving them an early start in preparing for life.

BUILDING BODY STRENGTH THROUGH YOGA

During early childhood, it is important for children to develop skills such as muscle strength, balance, core strength, postural control, endurance, coordination and balance.

We have planned a few easy , interesting and effective activities for our children which can help shape them to be physically and mentally strong and healthy.

Alphabet Yoga

International Day of Yoga is observed on **21st June** every year to spread awareness about the importance and effects of yoga on the health of the people.

Children may perform the alphabet yoga, A, B & C under the supervision of their parents.

A - Airplane (hold still and move arms to the side)

B - Bicycle (lie on your back and pedal your feet)

C - Cat pose (get on all fours; then round your back while tucking in your chin; release)



SUSTAINABLE DEVELOPMENT-NEED OF THE HOUR

"A father is someone you look up to no matter how tall you grow"
'HAPPY FATHER'S DAY'-21ST JUNE' 2020

Father's Day-Photo Frame **(Newspaper/Magazine Craft)**

Photo-frame helps us to record precious memories of our loved ones.

Materials Required-

Cardboard box/Empty Cereal box, Fevicol, Colourful magazine papers/ newspaper

Instructions-

Take a cardboard or an empty cereal box. Cut out a frame which has a square hole as big as the size of a photograph from the box. Now you can use the newspaper/Colourful magazine papers and cover the borders of the frame by tearing it into pieces and pasting. You can make it more creative by pasting stickers or cut some coloured shapes. Paste your favourite picture with your dad and present it to your doting father on Fathers Day.



TOGETHER WE CAN:

Explaining kids that doctors and scientists are working hard to find a medicine that will help us all to prevent Covid and get us back to our normal life again.

Let's Observe And Explore

I am so happy to see my fish swim:

Discuss marine life with your child. Sit together and watch shows on Animal Planet & National Geographic Channels related to life under water. Draw your child's attention towards the fish, their ability to swim, their streamlined body structure, scales on their body surface and their vibrant colours. Show them pictures of aquariums. You may, together as a family watch the movies 'Finding Nemo' & 'Finding Dori' and talk to them about taking care of fishes and protecting marine life (prevent water pollution) in a way which your child understands easily. Motivate them to draw or create their own aquarium and put colourful fishes as per their imagination. In order to trigger critical thinking skills, questions such as : Should we keep fish in an aquarium?, How would they feel if they were forced to stay in an artificial habitat?...may be asked to make them express their inner feelings. Parents may provide clues or prompt them to help them open up. Encourage them to verbalise their feelings & thoughts.



Not to be missed events in June!



June 5
Lunar Eclipse + Strawberry Full Moon



June 8
Conjunction of Moon, Jupiter & Saturn



June 20
Summer Solstice (longest day of the year)



June 21
Annular Solar Eclipse (Ring of Fire)

Twinkle Twinkle Little Star, How I Wonder What You Are !!

The sky above us has fascinated us since time immemorial. The lullabies and enchanting stories about fairies and angels, the jingles and musical soir  e on stars and moons have always been cherished by all of us and form an integral part of our growing up years. With the development of science, we have come a long way but the phenomena of day-night, sunrise-sunset, planetary movements keep on fascinating us, especially the young minds. Parents may talk about the day and night sky with the children and arouse their curiosity about the objects seen there. Let us all keep watching the Astronomical occurrences in the month of June to unravel the mystery of the blue sky above us.

Parents are requested to capture the precious moments of your children engaged in the above mentioned activities and paste them in the **FLIP BOOK** created by them. (activity mentioned on page 4)

Innovate, Create And Collaborate

We appreciate our valued stakeholders, our parents for their overwhelming support and enthusiasm towards the virtual learning sessions and carrying forward the activities as suggested in the learning modules. You have perused many videos prepared by the teachers in order to facilitate teaching learning pedagogies. As **CO FACILITATORS** now it is your turn to innovate and design an activity of your choice (any of the topics covered during April-May) and make us a part of this learning by sending the Class Teacher a short video of the child engaged in the activity, after the Summer Vacation.

Here's Wishing You All A Very Happy N Enjoyable
Summer Vacation
'Stay Home, Stay Safe'