



Bal Bharati
PUBLIC SCHOOL

DEPARTMENT: PRE-PRIMARY

WINTER FUN ACTIVITIES

SIKKIM

(The Land of Mystic Beauty)

Under the Initiative - Ek Bharat, Shrestha Bharat



Dear Parents,

Let us welcome 2021 with more empathy, a sense of togetherness, making the best out of this new normal with truck loads of hope for a better tomorrow!

Soaking in the spirit and making the holidays happier, parents are requested to help their child know about 'Sikkim' and engage them in the recommended activities. The state of Sikkim has been chosen as an initiative of 'Ek Bharat Shrestha Bharat'.

Capture your child's precious and special moments via photographs and videos while they engage themselves in the multitude of interesting activities.

Parents are requested to share the photographs and videos of all the activities mentioned in the Winter Holiday Homework latest by 17 January'2021. The works will be compiled and showcased in a virtual exhibition.

PS: Video links are provided for each activity for the perusal and reference of parents.
A quiz will be held on 26th January'2021 for all the students based on the information gained while undertaking the plethora of activities. Winners will be awarded with attractive prizes.



Parents are requested to help their wards locate the state 'Sikkim' on the map of India and that its capital is 'Gangtokh'.

<https://www.youtube.com/watch?v=j8Yoiio8fQ>

THE 7 CHARMING LAKES THAT YOU MUST VISIT IN SIKKIM

The calm lakes and high mountains side by side is a unique feature of the state of Sikkim.

Create a beautiful landscape with clay and paint on an A3 sheet highlighting these two important physical features of this Himalayan State.

A sample for the reference of parents..



FOLK ORNAMENT

Neckpiece Making

Material Required:-

- ❖ A-4 sheets (Red),
- ❖ Golden Paper,
- ❖ Fevicol,
- ❖ Studs/Stones,
- ❖ Pencil,
- ❖ Wool/Ribbon/ String (To tie the necklace),
- ❖ Scissors (Under adult Supervision).

https://youtu.be/qVMHvx4S9_E



A sample for the reference of parents..

PS: Parents are requested to submit the original work of the students only. The originality and simplicity of their work will be duly appreciated and recognised.

CULTURE & CUSTOM



<https://www.youtube.com/watch?v=bzK-zWStpDQ>



<https://www.youtube.com/watch?v=Xbk7qZW1uq4&t=9s>

<https://www.youtube.com/watch?v=SQKKhrlb6Ps>

TRIBAL FOLK MASK

A sample for the reference of parents..



Material Required

- ❖ Cardboard,
- ❖ Pencil,
- ❖ Fevicol,
- ❖ Poster colours/ Acrylic colours (Yellow, Black, Orange, Red, Green, Orange, Blue),
- ❖ Paint brush,
- ❖ Golden paper, Studs/sicker stones,
- ❖ Scissors (Under adult supervision), Ribbon/String

<https://youtu.be/JP9uwwND1WM>

PS: Parents are requested to submit the original work of the students only. The originality and simplicity of their work will be duly appreciated and recognised.

Cuisine

Sikkim's Steamed Momos



<https://youtu.be/1G3fZKTrhUc>

Thupka- A noodle soup loaded with vegetables.



<https://youtu.be/UxIWkgidJas>

INGREDIENTS -

- ❖ 2 Cups-flour, Water-as required,
- ❖ ½ tablespoon-baking soda,
- ❖ salt - to taste,
- ❖ ½ kg- finely chopped veg mixture (carrots, cabbage, capsicums),
- ❖ 1 large chopped onion,
- ❖ 8-10 cloves- chopped garlic ,
- ❖ 3 tbsp- soy sauce,
- ❖ 1tbsp- freshly ground pepper,
- ❖ 3 tbsp- cooking oil.

INGREDIENTS -

- ❖ Boiled noodles,
- ❖ 1 tea spoon grated Garlic,
- ❖ 1 tea spoon grated Ginger,
- ❖ salt - to taste,
- ❖ ½ Onion finely chopped
- ❖ ½ Carrot finely chopped
- ❖ 3-4 Mushrooms finely chopped
- ❖ ½ Cup Cabbage finely chopped
- ❖ 3 tbsp- soy sauce,
- ❖ 1tbsp- freshly ground pepper,
- ❖ 1 tbsp- cooking oil.
- ❖ Vegetable broth-4 cups
- ❖ ½ tea spoon Cumin powder

Dear Children be a companion to your Mom , help her by handing over things to her and observe the steps of making of your favourite 'Sikkim's Steamed Momos' or Thupka- A noodle soup loaded with vegetables. Help your Mom in serving it to all the family members and relish it together.

Mummy and Papa love their morning cup of tea....Do you want to know about the journey of tea leaves from garden to cup...



<https://www.youtube.com/watch?v=YxCJTJOYhIU>



Sit with your parents while they sip into the hot beverage and find out the steps. Collect pictures of the Journey of Tea from garden to cup and paste it on an A3 sized chart paper step wise.

<https://www.youtube.com/watch?v=2G0EfBz3pk4>



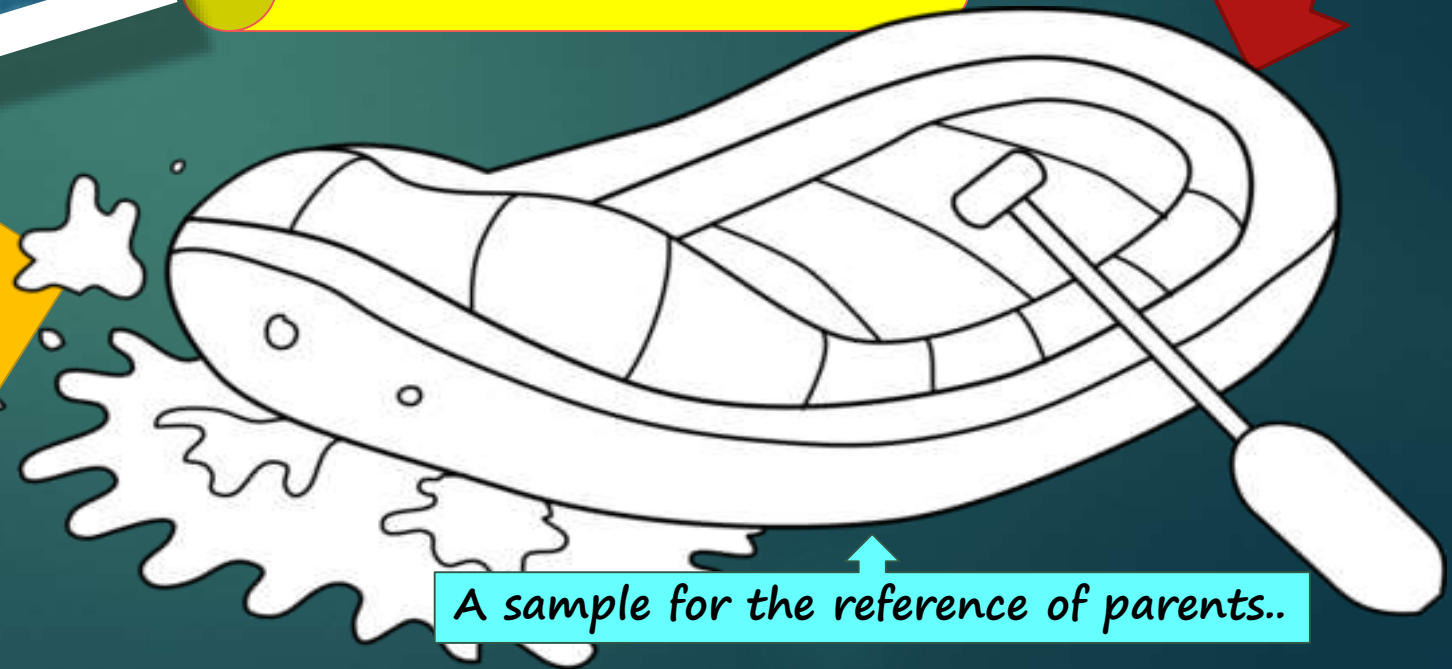
Paper Tearing and Pasting
in the image of a Raft

Material Required-

- ❖ Colourful origami sheets and glue

Instructions-

- ❖ Draw an image of a raft on an A4 sheet.
- ❖ Tear the colourful paper into small pieces.
- ❖ Paste them neatly in the image of raft using your imagination and creativity.
- ❖ Make your raft bright and colourful.



A sample for the reference of parents..

Do you know?

Yaks are found in freezing temperatures. Their warm coat provides them insulation to withstand this cold.

Yak milk is used to make cheese which can be stored for years.

They can climb mountains easily.

They have more than one stomachs.

Yaks can swim in nearly frozen water.

Paste wool on the body of this Yak to make its furry coat.

A sample for the reference of parents..

<https://www.youtube.com/watch?v=RMmSsUxxl1w>



TRIVIA

How big are red pandas?

Where do red pandas spend most of their time?

How long do red pandas live?

What do the red pandas love to eat?

<https://youtu.be/lza4vMYBBSg>



PS: To instil curiosity and love for fauna, parents are requested to make their children watch the Animal Planet or National Geographic. This will not only enhance the child's knowledge manifold but will also help them develop empathy and kindness towards animals.

“A nation's
culture resides
in the hearts
and in the
soul of its
people.”

Mahatma Gandhi

2021

HAPPY NEW YEAR!

New Year is the time to
set new goals, make new
resolutions and work
hard to achieve them...
make this upcoming
year a new beginning
for all your pending
tasks, to complete them
with more energy and
zeal... Wishing you a
focused and dedicated
Happy New Year 2021.