



ARTS-INTEGRATED LEARNING

THE FUTURE OF CREATIVE AND JOYFUL PEDAGOGY

The NCF 2005 states, "Aesthetic sensibility and experience being the prime sites of the growing child's creativity, we must bring the arts squarely into the domain of the curricular, infusing them in all areas of learning while giving them an identity of their own at relevant stages. If we are to retain our unique cultural identity in all its diversity and richness, we need to integrate art education in the formal schooling of our students for helping them to apply art-based enquiry, investigation and exploration, critical thinking and creativity for a deeper understanding of the concepts/topics. This integration broadens the mind of the student and enables her / him to see the multi-disciplinary links between subjects/topics/real life.

Art Education will continue to be an integral part of the curriculum, as a co-scholastic area and shall be mandatory for Classes I to X.

Please find attached the rich cultural heritage of India and its cultural diversity in a tabular form for reading purpose. The young generation need to be aware of this aspect of our country which will enable them to participate in Heritage Quiz under the aegis of CBSE.

STATES & UTS	DANCES (ILLUSTRATIVE)	FAIRS & FESTIVALS (ILLUSTRATIVE)	ART FORMS (ILLUSTRATIVE)	TRADITIONAL DRESS (ILLUSTRATIVE)	TRADITIONAL FOOD (ILLUSTRATIVE)
Andhra Pradesh	Kuchipudi, Burrakatha, Veerannatyam, Butlabommalu, Dappu, Tappet Gullu, Lambadi, Banalu, Dhimsa, Kolattam	Tirupati Brahmotsavam, Lumbini Maha Shivratri, Makar Sankranti, Pongal, Ugadi	Kalamkari painting, Nirmal Paintings, Cherial	Dhoti and kurta Saree, Langa Voni, petticoat, Lambadies	Pootha Remus Gongura Pachadi
Arunachal Pradesh	War dances of Adis, Noctes and Wanchos, Aji Larnu, Chalo, Hiirii Khaniing Popir, Ponung. Pasi Kongki, Rekham Pada, Roppi, Lion and Peacock dance etc.	Losar, Solung, BooriBoot, Mopin, Dree, Nyokum, Reh, SiDonyi, etc.	Weaving, carpet making, wood carving, painting, pottery, ornament making, cane and bamboo work. smithy work, basketry, handicrafts and handlooms.	Skullcap, which is decorated with laces and fringes. The women wear long jacket in combination with sleeveless chemise. A long and narrow strip of cloth keeps chemise tied to their waist and in place.	Thukpa, Smoked pork in Sengmora Xaak
Assam	Bihu, Bagurumba Bhaona. Oja pali Satriya Nritya, Jumur Nach, Ali Ai Ligang dance, Deodhani Barpeta's Bhorthal Nritya, Dhuliya and Bhawariya, Khamba Lim	Ambubachi Fair Bihu Festival, Brahmaputra Festival, Elephant Festival, Majuli Festival, Tea Festival	Cane and bamboo craft, bell metal and brass craft, silk and cotton weaving, toy and mask making, pottery and terracotta work, woodcraft, jewellery making, musical instruments making, etc.	Dhoti and Gamosa Mekhela Chador	Papaya Khar, Masor Tenga

Bihar	Jat-Jatin, Bidesia, Jhijhian dance, Jumari Dance, Kajari, Sohar-Khilouna, Fagua, Dornkach	Sonepur Mela, Kalachakra, Rajgir Dance Festival, Makar Sankranti Mela, Nag Panchami Festival, Pitrapaksha Mela, Shrawan Mela, Vat Savitri Puja	Madhubani Painting, Rock Paintings, Textile Printing, Wooden Work, Wood Carvings, Pottery Works, Bamboo Work, Sikki Works, Brass Works. Tikuli Works. Zari Works. Kasida Work, Patna Kalam, Lacquer Works	Dhoti-kurta for men and saree for women	Litti Chokha, Sattu paratha, Jhaal Moori, Khaaja. Tilkut
Chhattisgarh	Saila Dance, Karma. Sua Nacha, Pandavani, Panthi Dance, Raut Nacha, Jhifliti. Gendi	Bastar Dussera. Bastar Lokotsav, Madai, Borhamdeo, Goncha. Teeja, Champaran Mela, Narayanpur Mela	Cotton Fabrics, Bamboo Art, Bell Metal(DHOKRA), Godna, Wrought Iron (LOHA Tumba, Wall Painting, Wood Carving	Kachhora Lugda (sari) and •Polkha• (blouse)	Chila, Dehrori
Goa	Dha10, Dekhlli, Fugdi, Shigmo, Kunbi, Lamp Dance	Feast Of St Francis Xavier, Feast Of Three Kings, Shigmotsav, Goa Heritage Festival, Bonderam, Sea Food Festival, Monte Music Festival, Kesarbai Kerkar Music Festival, Christmas and New Year Celebrations	Pottery and Terracotta, Brass Metal Work, Lacquerware / Wood turning, Crochet and Embroidery, Bamboo Craft, Fiber Craft, JuteMacrame Craft	Loose cotton clothes with bright prints on them	Bebinca, Kokum Curry, Fish Curry
Gujarat	Bhavai, Dandia, Garba, Padhar, Tippani	Navratri. Rann Utsav, Bhavnath Mahadev Fair, Vautha Mela Fair, Modhera Dance Festival, Kite Festival, Bhadra Purnima Fair, Madhav Rai Fair, Tarnetar Fair, Shamlaji Melo, Makar Sankranti, Janmashtami, Rath Yatra, Chitra Vichitra Mela, Ravechi Fair, Kavant Fair	Pithora paintings, Warli paintings, mirror work on mud walls and on fabric, Applique/Patchwork, Bamboo Craft, Bandhni (Tie & Dye), Beads work, Clay work, Hand Block Printing, Metal Craft, Tangaliya work, Mashru, Agate craft, Handloom, weaving, Namda, Stone cutting, Puppetries, Embellished Wooden Crafts, Hand Painted Textile, Patola work	Kediyu or Kuna, Dhoti or Chorno, sarees, Chaniya choli Lehnga, Phento - headwear or a turban, Ghagra Choli	Patra, Dhokla, Fafda. Khandvi, Thepla, Kadhi, Dhansak, Undhiyu

Haryana	Dhamal, Daph Dance, Phag, Ghoomar, Jhumar Dance, Loor, Gugga Dance, Khoria, Chaupaia	Lohri, Haryana Day, Pinjore Heritage Festival, Gangore/Gangaur, Baisakhi, Gugga Naumi, Surajkund Mela, Kartik Fair	Terracotta, Metal Jewellery, Zari Jutti, Sandalwood carving, Peedha Making, Crochet, Punja Durries, Lac Bangle, Mudha Making, Sanghi Craft	Dhoti- Kurta Kurta / Shirt— Lehnga, Odhni, Pagri	Bajre ki Khichdi, Meethe Chawal, Malpuas
Himachal Pradesh	Kullu Natti., Thoda Dance, Dandras, Ghurehi. Shiv Badar Nati, Lahauli Dance, Losar Shona Chuksam, Chhanak Chham Dance, Gugga Dance, Jhamakada	Losar Festival, Festival of Sair, Minjar Fair. Halda Festival, Sazo, Doongri Festival, Maha Shivratri, Nalwari Fair	Shawl, Leather Craft, Metal Craft, Carpets, Chamba & Kangra Paintings, Woodcraft & Wicker Works	Churidar Pyjama. Pagri, Kurta, Ghagra / Ghaghri. Choli, Head Scarf, pattoo, Thipu, Salwar-Kameez	Dham. Madra
Jammu and Kashmir	Bacha Nagma Dance, Dumhal Dance, Rouf Dance, Kud, Bhand Pather, Bhand Jashan/Jashn, Hafiza, WuegiNachun	Spituk Gustor Zanskar, Galdan Namchot, Hemis Festival, Tulip Festival, Losar, Sindhu Darshan Festival, Amarnath Yatra, Ladakh Festival, Matho Nagrang, Dosmoche	Papier Mache, Kashmiri Shawls with Kashida, Panjrakari, Khatamband, Kashmiri silk carpets	Phiran, Churidar or Salwar, Pathani suits, Skull cap or Turban	Rogan Josh, Noon Chai and Roti, Haakh Saag, Kalari
Jharkhand	Paika, Chhau Dance, Santhal, Karma	Barura Sharif, Belgada Mela, Bhadli Mela, Chatra Mela, Kolhaiya Mela. Kolhua Mela, Lawalong Mela, Rabda Sharif, Sangat, Tutilawa	Toy Making, Wood craft, Bamboo craft, Paitkar or Folk painting	Bhagwan, Kurta — Pajama or dhoti, Saree	Ragda or Phutka, Dhuska, Pitha, Arsa Roti
Karnataka	Dollu Kunitha, Yakshagana dance. Veeragase dance. Bayalata dance	Dussehra, Hampi Festival. Kambala Festival, Hagga. Adda Halage, Pattadakal Dance Festival, Ugadi, Pongal. Makar Sankranti, Vairamudi, Festival, Rajyotsava	Stone carving, Doll making. Mysore painting. Ivory carving. Wood carving, Metal Ware, Sandalwood craft	Lungi, Shirt, Angavastram & panche, Kanchipuram or Mysore Silk sarees	Bisi bele Bhaath
Kerala	Kathakali. Theyyam, Kalaripayattu, Mohiniattam/ Mohiniyattam, Thirvathirakali, Koodiyattam, Pulikalli	Onam, Vishu, Thrissur Pooram, Aranmula Snake Boat Race, Nehru Trophy Boat Race	Coconut Shell products, polished Coconut Ashtrays, Coir Carpets, Floor Mats, Granite Idols, Carvings in wood, Sandal wood craft	Mundum Neriyathum - Lungi & Kurta, Saree	Appam with coconut vegetable curry
Madhya Pradesh	Karma, Jawara, Tertali, Lehangi, Ahiri Dance, Baredi or Yadav Dance	Lokrang Festival, Akhil Bharatiya Kalidas Samaroh, Khajuraho Festivals, Holi, IJjain Kumbh Mela, Malwa Utsav, Dussehra, Nagaji Festival, Diwali	Bamboo Work, Papier Mache, Silver Jewellery, Tribal Jewellery, Carpet weaving, Durrie Weaving	Dhoti-Kutta with safa, Mirzai and Bandi, Lehnga-Choli- Odhni, Saree	Bhutte ka kees

Maharashtra	Dhangari Gaja, Koli Dance, Lavani Dance, Povadas Dance, Tamasha, Dindi	Gudi Padwa, Janmashtami, Ganesh Chaturthi, Elephanta Festival, Pune Festival, Kalidas Festival	Bidriware, Kolhapuri Chappals, Kolhapur Jewellery, Mashru & Himroo, Narayan Peth, Paithani Sarees, Warli Painting	Dhoti - Kurta Shirt, Pheta, Waistcoat, 9 yard saree, Head dress	Misal Pav, Thaal Peeth, Shrikhand, Puranpoli, Modak
Manipur	Manipur Dance, Kartal Cholom Dance. Raas Leela, Khamba Thoibi. Pung Cholam	Christmas, Cheiraoba Festival (Local New Year), Yaoshang (Holi), Lai Haraoba. Kang Festival (Rath Yatra), Heirku Hindongba (Boat Race), Kut, Manipur Sangai Festival, Ningol Chakouba	Bamboo craft, Wood craft, Textile weaving, Dolls & Toys, Stone Carving. Block Printing, Kauna (Water Reed) Mat, Hand Embroidery.	Innaphi (Shawl), Phanek (Woven Wrap), Sarong, Mayek Naibi. Kanap Phanek	Kangshoi, Red rice Kheer, Khaman Asinba Kangshoi
Meghalaya	Ka Shad suk Mynsiem — annual spring dance. Ka Porn-Blang Nongkrem — Religious festival, Ka-Shad ShyngwiangThangiap — ceremonial dance Laho Dance	Autumn Festival, Behdeinkhlam Festival, Nongkrem, Khasi Festival	Weaving, Cane Mats, Winnowing Fans, Umbrellas, Stools, Baskets, Khasi Bamboo Comb, Bamboo fishing traps, Coiled Cane Container	Jainpien, Jainboh. Re'king with Dakmanda	Jadoh
Mizoram	Cheraw, Khuallam, Chailam, Sarlamkai	Anthurium festival. Chapchar Kut . Thalfavang Kut, Khuado Kut, Mim Kilt. Pawl Kut	Cane work, basketry, weaving, bamboo handicraft,	Puan, Puanchei, Kawrchei, Ngotekherh, Cyhna	Misa Mash Poorah
Nagaland	Zeliang, Fly Dance. Cock Dance, Hetateulee	Hornbill Festival, Moatsu Festival, Sekrenyi Festival, Yemshe, Bushu, Tilluni	Jewellery made from tin, iron and brass; weaving, wood and bamboo craft, basketry. pottery, embroidery, cloth painting	Shawls, Neikhro, Va Kilt, Rongsu Shawl, Rongkhim	Pork with bamboo shoots
Odisha	Chhau , Odissi, Gotipua, Ghumra, Ranapa. Chaiti Ghoda, Sambalpuri folk dance, Bagha Nacha, Paika Nrutya	Rath Yatra, Chandan Yatra, Konark festival, Kalinga Mahotsav, Dhauli Mahotsav, Raja Parba, Magha Fair, Durga Puja	Stone carving, Pattachitra, sand art, silver filigree, Papier mache, applique works, terracotta	Dhoti and Kurta, Saree,	Chenna Podah
Punjab	Bhangra, Cidda, Sammi, Teeyan, Jhumar, Gatka, Dhamal, Luddi, Kikili, Julli	Baisakhi, Lohri, Gurudwara Fatehgarh Sahib Jor Mela, Hola Mohalla, Guru Gobind Singh Jayanti, Rose Festival, Martyr's Day	Phulkari (flower embroidery), wood inlay work	Dhoti and Kurta Salwar Suit Kurta and TehmaVTamba, Patiala suit, turban	Makki di Roti and Sarson da Saag, Chola Bhatara, Lassi

Rajasthan	Ghoomar, Kalbeliya, Kathputli, Chari, Chakri, Bhavai dance, Gair dance, Kachchi Ghodi, Gawri, Terah taali dance	Desert festival, Teej Festival, Nagaur fair, Kite festival, Mewar festival, Pushkar fair, Gangaur Fair, Jaipur Literature festival, Camel festival, Devji Ka Mela	Wall painting, batik painting, miniature painting, stone art, Gemstone art, Pichchavi painting, metal work, glass work, Bandhni and Leheriya fabrics, Block printing on textiles	Ghagra Choli and Odhni, dhoti and angarkha	Dai Bati Choorma, Gatte ki sabzi, Malaal Ghewar
Sikkim	Chu Faat, Singhi Chaam, Yak Chaam, Tashi Zaldha, Maruni dance, Subba folk dance, Mask dance, Rechungma, Tamang Seto	Namchi Mahotsav, Tihar Lhabab Duchen, Cherry Tea Temi, Teyongsi Sirijunga Sawan Tongnam, Barahimizongl, Red Panda Winter Kagyed Dance	Carpet weaving, wood carving, Thangka paintings, Choktse tables.	Jya Jya, Yenthatse Kera. Shambo, Thokro — Dum, Dumvum, Shuruval, Pharia, Bakhu	Momos
Tamil Nadu	Bharatnatyam, Mayil Attam, Kummi, Kai Silambu Attarn, Karakattam, Bhagvatha Nandanam, Kavadi Attam, Kola Attam, Kuravanji, Bommalattam	Pongal, Natyanjali, Thaipusam, Karthigai Deepam, Maharnaham, Chithirai festival, Kavadi, Aurbathimooval, Kanthuri, Navrathri	Tanjore painting, stone carving, wood craft, jewellery, musical instruments making, pottery	Lungi with Angavastra, Sari with blouse, Pavada with Davani	Pongal, Murukku, Vadai, Jaggery Pongal, Karnbu Koozh
Telangana	Perini Sivatananam, Oggu Katha, Chindu Bhagavatam, Gusadi folk dance, Tolu Bommalata, Lambadi folk, Burrakatha folk	Bathukamma-festival Of flowers, Dussehra, Pothuraju —Bonalu festival, Sammakka Saralamma Jaatara, Peerla Panduga, Ramzan	Bidri Art, Bronze casting, Dokra , Nirmal art, Lacquer ware, Banjara needle craft	Sari, Langa-voni, Salwar Kameez with churidar	Hyderabadi Biryani
Tripura	Blzu, Lebang Boomani, Garia, Hai hak dance, Jhum dance, SangraiMog dance	Diwali, Durga Puja, Garia Puja, Boat race, Ashokastami, Poush Sankranti Fair, Orange and tourism festival	Cane and bamboo handicrafts, handlooms	Rikutu Gamcha with Kubai, Pagdi, Risa, Khakloo, Petticoat	Chakhwi, Awan bangwi WI wahan mosdeng and khundrupui leaf
Uttarakhand	Choliya, Jhora, Langvir Nritya, Ramola dance, Barada Nati, Pandava Nritya	Basant Panchami, Ganga Dussehra, Nanda Devi fair, Uttarayani fair. Ardh Kumbh Fair, Ramman, Purnagiri Fair, Syalde Bikhauti Fair, Phool Dei festival, HOIi, Hill Jatra festival, Kangdali Festival, Magh Mela, Bissu	Wood carving, paintings (Alpana), jewellery making	Sari, Kurta with pyjama, Ghaghra with blouse, pichoras, digwa	Madwe ki roti, kulath ki dal, rajma, Bhat poori, Bal Mithai

Uttar Pradesh	Kathak, Ramlila, Rasiya, Charkula, Braj Raslila	Holi, Ramnavmi, Dussehra, Diwali, Taj Mahotsav, Shilp Mahotsav, Ganga Water Rally, Kumbh Mela, Ardh Kumbh Mela, Lucknow Mahotsav, Dadjee Ka Huranga, Bateshwar Fair, Eid	Mughal style painting, Chikankari, rock painting, metal ware, pottery, terracotta, perfume making. Jewellery making	Salwar Kameez, Ghagra Ch01i, sari with blouse for women, Dhoti Kurta, Sherwani for men	Gujiyas, Kabab, Bharwan kachaudi, dal poori, Baigan ki Kalonji, dal ka phara
West Bengal	Chhau dance, Tusu Dance, Gambhira Dance, Jhumar dance, Raibense, Brita, Rash	Ganga Sagar Mela, Banipur Lok Utsav, Peerer Uras, Durga Puja, DOI Jatra, Basant Utsav, Muharram, Kali Puja. Rash Utsav, Paush Mela. Id-ul-fitr, Marang Buru Utsav, Bhadu Utsav, Vasant Panchami, Poush Mela, Ras jatra	Kantha work, Terracotta craft, Dokra metal craft, Scroll painting (Pattachitra), Sholapith craft	Dhakai Jamdani, Korial and Garad, Baluchari Sarees, Tant sarees, Tussar Silk sarees, Muslin cotton sarees, Kurta and Dhoti (for men)	Kosha Mangsho, sweets made from cottage cheese, Daab Chingri
Andaman and Nicobar Islands	Nicobari	Island Tourism Festival, Beach Festival, Music Festival I Monsoon Festival. Food Festival, World Tourism Day celebrations, Film Festival	Architecture, Handicrafts, Palm Mats, Woodcrafts, Jewellery, Furniture Making. Shell Crafts	Kurtas, Dhoti, saree, salwars, Pyjamas. shirts, Pants	Various sea food delicacies
Chandigarh	Giddha, Sammi, Bhangra, Teeyan, Jhurnar, Gatka, Dhamal, Luddi, Kikli, Julli and Dankara	Baisakhi, Lohri, Holla Mohalla, Gurgpurab, Bhaiya Dooj, Teeyan, Karwa Chauth	Paintings, Drawing, Sculptures, Graphics, Photography, Ceramics, Installation Art and other visual art practices	Kurta salwar, Patiala suits, Kurta Pyjama	Palak paneer, Stuffed parathas, besan laddoos
Dadra and Nagar Haveli	Bhavada Dance, Tarpa Dance, Bohada, Tur and Thali, Dhol, Gherria	Akhatrij, Divasol, Nariyal Poornima, Tarpa Festival & Craft Mela, Monsoon Magic Festival. Children's Film Festival	Leather crafts, Mat weaving, Basketry, Warli painting	Turban and a waist-long coat, Dhoti, shirt and waistcoat	Ubadiyu, Muthiya
Daman & Diu	Mando Dance, Vira dance, Verdigao	Garba festival, Folk Dance Festival	Mat weaving craft, Ivory carving	Nauvari (9 inches sari), Pano Bhaju	Sea food and Portuguese

In addition to the above, an illustrative list of music gharanas has also been compiled as follows for your reference:

GHARANA	STATE	GHARANA	STATE
Gwalior Gharana	MP	Mewati Gharana	Rajasthan
Agra Gharana	UP	Sham Chaurasia Gharana	Punjab
Kirana Gharana	UP	Delhi Gharana	Delhi
Bhendi Bazaar Gharana	Maharashtra	Ajrara Gharana	UP
Jaipur-Atrauli Gharana	Rajasthan	Lucknow, Gharana	UP
Patiala Gharana	Punjab	Benares Gharana	UP
Rampur-Sahaswan Gharana	UP	Farukhabad, Gharana	UP
Indore Gharana	MP	Punjab Gharana	Punjab