

BAL BHARATI PUBLIC SCHOOL NOIDA

SYLLABUS PLAN FOR SESSION -2020-21

SUBJECT: DANCE

CLASS-X (A-B)

2020-2021

TEXT BOOKS:

MONTH	CONTENT	DANCE PRACTICAL	LEARNING OUTCOMES/SKILL DEVELOPMENT	Methodology/ Suggested Way of application
April To June	Tattkar and Aamad	Padhant of teen taal	Coordination and team work will be improved.	With the help of instruments like harmonium and percussion for Laya the content has to be taught. Padhant of the content has to be memorized.
July To September	Regional dance (ARUNACHAL PRADESH DANCE), Patriotic dance	EK BHARAT SHRESHTH BHARAT	One dance from Arunachal pradesh. Children will get to know about their cultural costume etc.	Try to show the video clippings of Arunachal Pradesh culture.
October To December	Chakkar Gat Nikas, Life sketch of legend dancers of kathak. (Concerning the different artists who have served in the developments of this art form	Foot work different laya taal	Learn how to perform different types of chakkar's. They will understand about the rhythm.	Puran chakkar Ardh chakkar
January To March	Salami (Rangmanch ka tukda), Paribhaasik shabad	Different movement of salami paribhaasik shabad (Ang, Pratyang, Upaang)	They will develop knowledge about the Kathak. Their creativity will be enhanced. They will learn and understand Taal Laya.	Padhant of the content has to be memorized and will learn about different body parts to be used in kathak dance.

SYLLABUS PLAN FOR THE SESSION 2020-21
PERFORMING ART'S - DANCE
CLASS – X

MONTH	CONTENT	METHODOLOGY/ SUGGESTED WAY APPLICATION	LEARNING OUTCOMES / SKILL DEVELOPMENT	INTEGRATED WITH CO SCHOLASTIC SUBJECTS
APRIL -MAY	BASIC EXERCISES AND INTRODUCTION OF CHHAU DANCE	ØSTUDENTS LEARN 3 DIFFERENT STYLE OF CHHAU ØEASY WAY TO LEARN INDIAN FOLK STEPS	§DISCUSS OF PARTICULAR USAGE & BENEFIT OF EXERCISES §STUDENTS LEARN HOW TO MAKE STEPS THROUGH THIS EXERCISE	
JULY - SEPTEMBER	EXERCISES TECHNIQUE OF MAYUR BHANJ CHHAU & SOME OTHER FOLK STEPS	SIMPLE WALK LIKE :- •EK PADI CHALI (SINGLE STEP) •DUI PADI CHALI (BOTH LEG STEP) •TIN MORA GHURA (HOW TO TAKE CIRCLE IN 3 STEPS)	<u>THROUGH BODY MOVEMENTS STUDENTS SHOULD KNOW HOW TO MOVE THEIR BODY RELATED TO CHHAU DANCE & THROUGH THE STEPS THEY SHOULD KNOW HOW TO MOVE (THROUGH EXERCISES & YOGA MAKE A DANCE ITEM ON BUDDHA)</u>	PHYSICS AND MATHS
OCTOBER - DECEMBER	UPGRADED TECHNIQUES OF CHHAU DANCE	•SADA CHALI •LAHURA CHALI •MUDA CHALI •DHAU CHALI •DUBA CHALI •USKA CHALI	THESE ALL ARE 6 CHALI'S LOCO MOTION OF WATER STUDENTS LEARN THAT HOW THE WATER MOVES IN DIFFERENT MANNER	
JANUARY- MARCH		•TRIVAL FOLK STEPS •DIPPING MOVEMENTS •JUMPING MOVEMENTS	STUDENTS LEARN HOW TO DO TRIVAL FOLK WITH RHYTHME AND WITH THE BODY MOVEMENT.	