



Bal Bharati
PUBLIC SCHOOL

BAL BHARATI PUBLIC SCHOOL,NOIDA

BAL SABHA ACTIVITY

RHYTHMIC WALK

DATE: 12.07.17

CLASS: Pre-Primary I

VENUE: Courtyard

RULES AND REGULATIONS:

1. It will be a group activity.
2. A big rectangle will be drawn in the courtyard with coloured chalk or crayons.
3. Students will be asked to make a line and walk along the square without talking.
4. The teacher will ask the children to stand in their place and as the teacher beats the drum, they will have to copy it by clapping.
5. Next , the children will be instructed to walk along the line as well as copy the drum beat by clapping.
6. The activity can be continued with different drum beats.
7. This activity will enhance concentration ,help in coordinated body movements and foster team spirit.

Convenor- Ms. M.Ghosh

Activity Coordinator- Ms. N.Mankani

Ms.Sarika Passi
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