

A REPORT ON THE WORKSHOP-

“PREVENTING CHILD SEX ABUSE AND LEARNING SAFETY”

Venue: Vasant Valley School, New Delhi

Date: 31.08.15

Timings: 9:30 hrs to 2:30 hrs

Resource Person: Ms Nikita Gupta (From “School of Life”)

Objective: Understanding and preventing child sexual abuse

Attended by: Ms.Tamsa, Ms.Monika

Proceedings:

The workshop began with the discussion on the importance of sexuality education for children in our schools which teaches them to have healthy sexual behaviour. There is no age for the development of sexuality in a child, it starts right from birth and changes take place on the basis of exposures and other life experiences. There are different ways to find healthy/unhealthy sexual behavior in a child.

Various case studies and incidents related to sexual behavior of a child were to be categorized by each participant as red (alarming), yellow (awareness required) and green (normal) sexual behaviors.

A video was shown where a 4 year child who is the victim of child sex abuse is not able to communicate to the parents as he does not know the anatomical names for private parts. The resource person emphasized on teaching children the proper names for their private parts so that a child can communicate about them anytime, enhances their vocabulary and understanding of the functionality of these parts.

The importance of “Concept of Safety” was discussed which needs to be taught to the children i.e. **Safe/Unsafe touch.**

- To teach children that “certain things are private” so as some body parts.
- These parts are very useful and important to us like other body parts.
- They are not to be touched in public but only in private and only by themselves.
- Differentiate comfortable/uncomfortable touch.
- If someone does this to a child he/she should remember the rule of NO, GO, TELL. (loudly shout ‘NO’ so that someone can hear, GO/run away from them quickly and immediately tell a friend.

Further the impact of child sex abuse on children, Mind of the abuser, role of teacher in handling child sex abuse disclosures and preventive measures were briefed upon.

In the end of the workshop, information about POCSO (Protection of children from sexual offences act 2012) was given. Also various other videos e.g. komal-A film on child sexual abuse (CSA), good touch-bad touch (a video by puppetarians for podar education network) were shown to the children.

Report by:

Ms. Monika Panwar

PRT(English)