



# Bal Bharati PUBLIC SCHOOL

**DEPARTMENT: PRE-PRIMARY  
BAL SABHA ACTIVITY: YUMMY TREAT  
(FRUIT CHAAT MAKING ACTIVITY)**

**Date: 16.08.17**

**Class: Pre-Primary**

**Venue: Pre-Primary I Classrooms**

**"Juices of fruits and vegetables are pure gifts from Mother Nature and the most natural way to heal your body and make yourself whole again."**

*Farnoosh Brock*

The tiny tots of Pre Primary I had participated in the Fruit Chaat Making Activity. They all brought diced fruits from home. Under the guidance of their class teachers, they mixed all the diced fruits in a big vessel along with salt, lemon and chaat masala. Children enjoyed the whole process of preparation and the yummy treat along with their friends. They explored their senses by tasting various kinds of fruits with different tastes in one plate. The colourful and healthy Fruit Chaat was, relished by all the students. They took pride in eating fruit chaat which was prepared by them.



### Learning Outcomes:

- Children learnt healthy eating habits.
- Children were educated about the importance of sharing.