



# Bal Bharati PUBLIC SCHOOL

Sector – 21, Noida

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## ***“HEALTH OF BODY AND MIND IS A GREAT BLESSING”.***

Dear Mother,

- We at Bal Bharati Public School, Noida provide students with knowledge, skills, capacities, values and the enthusiasm to mould a healthy life style into adulthood. It has been our constant endeavour to help young girls cope with the change they go through at Puberty in a confident manner, accepting the right hygiene practices. A healthy child is a keen learner and a constructive thinker and capable of shouldering responsibilities in life.
- Under the aegis of ‘Health & Wellness club’ of the school, an Adolescent Education Programme ‘Health & Hygiene’ co-sponsored by Procter & Gamble, is being organized for the girls and mothers of Cls VI & VII on 28 Jul, 16 (Thursday), at 09.30 a.m. in the School Auditorium. The programme will have sessions for mothers and daughters and will essentially deal with all aspects of hygiene, health and emotional problems related to growing up of girls.
- We look forward to your support in conducting the programme.

**Hygiene is, as important as ABC - Always Be Clean**

**Asha Prabhakar**  
(Principal)

स्वच्छ भारत  
एक कदम स्वच्छता की ओर

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