



**Bal Bharati**  
**PUBLIC SCHOOL**

Sector – 21, Noida  
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Circular No.19/2017-18

Date : 31 July, 2017

Dear Mother,

- We at Bal Bharati Public School, Noida provide students with knowledge, skills, capacities, values and the enthusiasm to mould a healthy life style into adulthood. It has been our constant endeavour to help young girls cope with the change they go through at puberty in a confident manner, accepting the right hygiene practices.
- Under the aegis of 'Health & Wellness Club' of the school an Adolescent Education Programme 'Health & Hygiene' co-sponsored by Procter & Gamble, is being organized for the girls and mothers of Class-VI at 12.00 Noon & for Class-VII at 01.00 p.m. on 04 Aug, 2017 in the Senior Library. The programme will have three sessions for mothers and daughters and will essentially deal with all aspects of hygiene, health and emotional problems related to growing up of girls.

**“OUR TRUE WEALTH IS NOT PIECES OF GOLD AND SILVER  
BUT A HEALTHY MIND IN EQUALLY HEALTHY BODY”.**

- We look forward to your support in conducting the programme.

**Asha Prabhakar**  
(Principal)

स्वच्छ भारत  
एक कदम स्वच्छता की ओर

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