

"EVERY ACT OF KINDNESS GROWS THE SPIRIT AND STRENGTHENS THE SOUL"
(A PART OF SEWA ACTIVITY-CLASS IX A)

Dear Parent,

The CBSE in consultation with MHRD and Ministry of Sports, Govt. of India has integrated Health and Physical Education across the Secondary and Senior Secondary levels. Under the SEWA (Social Empowerment through Work Education and Action) strand of Health and Physical Education, students have to participate in a project that serves the community in a meaningful and positive way.

"Be kind to all kinds" is a SEWA project (Class IX A) with an aim to make the children sensitive, kind and compassionate towards one and all. This includes giving respect to every helper, every differently abled child, every stray animal and understand the meaning of an 'Inclusive Society'.

Under this SEWA Project, the school has joined hands with the Lioness Club Surbhi, Noida and have planned a visit to an under privileged school in Noida. Students of Class IX A are also going to stage a Nukkad Natak on "Kindness" for the students of the school along with donations in the form of story books, comics, unused notebooks and stationery items (in good condition). This activity aims to inculcate the values of gratitude for what we have, share with those who do not have and also help the needy.

Students of Classes VI-X are requested to contribute and donate their unused story books, comics, notebooks and stationery items (in good condition) to the less privileged friends. The same has to be submitted to the respective class teachers latest by 20 December, 2018.

Parents are requested to encourage their wards to participate and donate whole heartedly.

**"GIVING IS NOT JUST ABOUT MAKING A DONATION,
ITS ABOUT MAKING A DIFFERENCE.
LETS EASE OUR BOOKSHELF
AND DONATE
TO BRING A SMILE & CHANGE A LIFE."**



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