



Bal Bharati PUBLIC SCHOOL

Sector – 21, Noida
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Workshop/Seminar title: Autism Awareness and Sensitization Workshop

Workshop/Seminar Date: 3 . 4 . 1 8

Venue: BBPS, Noida

Attended by: Ms. A. Prabhakar (Principal), Ms. A. Motwani (Vice Principal), Students of classes IX, X and XII and respective Class Teachers

Resource Persons: Ms. A. Gaur (School Counselor) and Ms. S. Naaz (Spl. Educator, Sr.)

A talk was conducted by the school counselor for students of classes 9th, 10th and 12th to educate them and make them aware about Autism. The aim of the workshop along with spreading awareness was to appeal to the students to be empathetic, compassionate and patient towards these children. The workshop began by naming some to the famous people around the world who despite being autistic had made significant innovations by overcoming their limitations.



*Accept and Celebrate
Diversity*

The students were informed that April is the Autism Awareness Month and 2nd April is celebrated as World Autism Day. The audience was apprised that Autism is a pervasive developmental disorder which means that it develops at the time of birth and its symptoms remain throughout a persons lifetime. The signs and symptoms that are present in a person diagnosed with this disorder were outlined. It was told that Autism mainly affects three areas of functioning namely communication, social interaction and restricted repetitive behaviour. It was informed that Autism could affect any individual irrespective of caste, ethnicity or socio economic status. The students were briefly apprised about the various interventions which are available to help these individuals cope with their condition. The workshop concluded by appealing the children that individuals with autism don't lack emotions it's just that they don't know the appropriate ways of emoting. They want to be with people but they don't know how

to mingle with them. Therefore, they needed to be sensitive to the needs of such children, respect them, be compassionate and empathetic and not make fun of them or isolate them. Principal ma'am addressed the students and appealed to them not to pity and exclude children with autism but to embrace them with open arms and to include them all the activities. Vice principal ma'am also asked the students to be compassionate and empathetic towards these children. The workshop was followed by a small quiz by Ms. Saba Naaz on the topic just to get a feedback that the information shared had been understood and assimilated by the students.

Submitted By:

Aditi Gaur
PGT Counselor/Psychology



An Appeal to be Sensitive