



Workshop/Seminar Feedback Form

Workshop/Seminar title: Dealing with Failures-Developing Resilience in School Children

Workshop/Seminar Date: 20.07.17

Venue: India International Centre

Attended by: Aditi Gaur (PGT Psychology/School Counselor)

Resource Persons: Dr. V.S. Ravindran

Organizer: Institute of Counsellor Training Research and Consultancy (ICTRC)

Profile of the Resource Person: Director General ICTRC

1 . Content of the Workshop/Seminar-

The aim of the workshop was on highlighting the need for developing resilience in young children. The need to teach our children to take setback and failures as opportunities to learn and bounce back. The workshop focused on the road to resilience wherein they talked about protective, preventive and risk factors in developing resilience as well as introduced the concept of 'growth mindset' which includes appreciating any attempt to be resilient.

2. Learning outcomes (Knowledge and Information) from the workshop/Seminar?

I learnt about the various that can be barriers in the development of resilience in children. The concept of growth mindset was new which focused on the need to praise any of the following if shown by a child like effort, struggles, strategies to deal with problems, selecting difficult tasks, showing improvement being persistent and readiness to learn.

3. Which topics or aspects of the workshop/Seminar did you find most interesting or useful and can be applied to the classroom teaching?

The idea of developing a self reflection form to help students introspect their actions and to learnt to be more accountable was interesting. along with it the concept of growth mindest was new and can be reinfornced in children inorder to develop resilience.

4. How will you implement the knowledge & techniques acquired to your subject?

I will develop a self reflection form for counseling children so that they are able to reflect and take cognizance of their thoughts, feelings and actions and become more accountable for the same.

5. Comments and suggestions (How do you think the workshop/Seminar could have been made more effective?)

The workshop was an outline to the concept of resilience. it lacked indepth understanding and discussion on the concept of resilience and lacked discussion about the various ways in which resilience can be developed in children.

6. Was the advance briefing about the workshop/Seminar appropriate?

Yes.

GENERAL FEEDBACK	YES	NO	NOT SURE
• The workshop/Seminar was applicable to my job	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
• I will recommend this workshop/Seminar for other faculty members.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
• The program was well paced within the allotted time	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
• The material was presented in an organized manner	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
• The resource person was a good communicator	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
• The resource person was knowledgeable on the topic	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
• I would be interested in attending a follow-up, more advanced workshop / Seminar on this same subject	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
• I will be able to conduct follow up workshop for the benefit of fellow Staff Members	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>



Engaging the Audience



Sharing Insights

Report submitted by

Signature

Name : Aditi Gaur

Designation : PGT Psychology/School Counselor

Submission Date: 31.07.17