



HEALTH AND WELLNESS CLUB **NATIONAL DEWORMING DAY**

In continuing with the initiatives of CBSE to reduce the load of intestinal worms and related morbidity in the country, the school joined hands with the Ministry of Health and Family welfare with support from Ministry of Women and Child Development and Department of School Education and Literacy under Ministry of Human Resource development, to observe National Deworming Day under the aegis of Health and Wellness club.



According to WHO, India has the highest burden of Soil-Transmitted Helminths (STH) in the world, with 220 million children aged 1-14 estimated to be at risk of worm infections. It is found that some states in India are more STH prevalence and UP is High prevalence (>50%) state.

National Deworming Day is an initiative campaign to make people aware about worm infections, its bad effects on the health and cure and prevent further infection through administering deworming chewable **Tablet Albendazole** to all children of age 01 to 19 years on 10th February 2018.

Worm infection can make children anaemic, malnourished, weak, sick, and tired with poor concentration. So it is very necessary to save them from worm infection through good habits, (hygienic) practices and deworming tablets.

Along with administering albendazole tablets, behavioral changes, maintaining cleanliness and hygiene, use of toilets, wearing shoes or slippers, washing hands before eating food and after using toilet etc. are promoted in order to reduce the incidents of re-infection.

Children are the future of the nation; they must be healthy and happy in all the sense. In order to ensure safety of children from worm infections, deworming is very necessary. All stakeholders must be made aware and be involved in this campaign to make it a successful health programme of India and to make this nation – “worm infection free.”

“A HEALTHY OUTSIDE STARTS FROM INSIDE”

Asha Prabhakar

(PRINCIPAL)