



Bal Bharati PUBLIC SCHOOL

Sector – 21, Noida

Phone : 0120-2534064, 2538533 / e-mail : bbpsnd@yahoo.co.in

Website : [http : www.bbpsnoida.com](http://www.bbpsnoida.com)

HEALTH AND WELLNESS CLUB

GO LAADLI: 2017 CHALLENGE

Under the aegis of Health and Wellness club lead like a girl – Go Laadli 2017 challenge was taken up by girls of class XI and XII. It was an initiative of a USA registered NGO Go Laadli in collaboration with Hriday, our health partners in Delhi.

The challenge was to identify a girl/woman centric problem in India or in our community in particular and propose a solution to address it. 5 girl students took up the challenge and prepared an official worksheet based on extensive research to submit responses for this challenge.

1. Ashmita Bhagati- Women Entrepreneurs
2. Basundhra Jana- Body Shaming
3. Shreya Malick- Sexual harassment/Molestation
4. Chetna Arora- Women enslaved by social and religious laws and customs
5. Vriti Gupta- Position of elderly women in society



Major elements of the project were as under:

- What is the problem you want to solve
- Who does the problem affect and how
- What is/are the causes
- What is your solution
- Who are your direct beneficiaries
- What will the direct outcomes
- What will be your long term impacts
- What specific activities do you plan to carry out and achieve your outcome
- What is the estimated total cost for implementation of your solution

Projects of Ashmita Bhagati, Basundhra Jana and Vriti Gupta were selected amongst top 10 and they appeared online/video conference for the interview round. Ashmita Bhagati and Basundhra Jana are amongst top 5 winners of the contest. They have won an international scholarship worth Rs. 1 lakh for their college education. Furthermore the girls have got an invitation to be a part of an international advisory board where students/professionals across various countries will link and student participants will be involved in decision making and solving girls related issues.

Submitted By- Vidhi Oberoi.

MY THANKS TO THE SCHOOL

GO LAADLI REPORT

“We cannot succeed when half of us are held back.” –Malala Yousafzai

There is no denying the fact that women in India have made a significant progress in these seven decades of Independence, but they still have to struggle against many handicaps and social evils in the patriarchal society. ‘Go Laadli’ is an organisation with a vision to create a gender equitable society where women have the same rights and opportunities as men. Their mission is to instil confidence and self-reliance amongst young girls and nurture them to become problem solvers, leaders and change makers of tomorrow. The organisation plans to tip the culture towards greater women leadership. In order to do this, it is necessary to provide early opportunities for young girls to become change makers, create an impact and disrupt the way society perceives them. With this sole purpose, they announced the "2017 Go Laadli: Lead like a Girl" challenge where young girls from all over the country were asked to identify and explore women-centric issues in their communities and to provide well researched, designed and thoughtful solutions.

MY EXPERIENCE

This challenge gave me the platform to discuss about the very common problem of body shaming. This issue is prevalent in not only India but the entire world. But the main problem with the society is that people do not view it as a problem at all. They do not think about the adverse psychological effects a person may have who has been a victim of body shaming. I got an opportunity to express myself, bring forth this matter and convince the judges about the legitimacy of this problem. It was a two-phased challenge in which, first we had identify a female-centric issue in our society and then provide well researched and thoughtful solutions to it. In the second phase, a video interview was taken of the top ten contestants. On the basis of the performance in both these phases, the top five contestants were declared as the winners. I feel immensely glad to be one of them. I look forward to bring about a positive change in the society and make this country a better place to live for the women.

Basundhara Jana, XI-D

